

Sanford Springvale MAINE NEWS

Nonprofit newspaper produced with volunteers

Free

May 30, 2025

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Life Skills Lead to Jobs

By Sam Bonsey,
Sanford Schools
Communication Coordinator

Sanford High School recently held its annual Jobs for Maine's Graduates (JMG) Closing Ceremony on Tuesday, May 20, celebrating student achievements in the program. The event was led by student Co-Presidents Alissa Letourneau and Emily Letourneau, beginning with a '24-'25 JMG video presentation followed by the Pledge of Allegiance by student Rylee LaPierre.

Students Sophia DeVoe and Camille Decato recognized volunteers, while Amber Campbell acknowledged Principal Tracy Gibson's support. English Teacher Mrs. Roy delivered a speech after being introduced by student Natalie Green. Roy emphasized how JMG equips students with essential life skills beyond the classroom, teaching about finances, credit cards, loans, and job skills while building meaningful connections.

"Consider your people, the last time you connected with them," Mrs. Roy advised, sharing a valuable teaching practice of taking inventory of relationships and following up with those who need connection.

SHS senior Kimberly Blanchard presented information on the Maine Career Exploration Model, noting an additional \$10,000 was distributed to Sanford students this year, totaling \$98,000. The program now includes a framework helping students earn credentials in job readiness, financial literacy, and leadership development.

Senior Skyla Clarke shared how JMG transformed her future plans: "I continue working through the steps it takes to enlist in the Air Force, and I am proud to say I have decided to do just that." She encouraged underclassmen to "listen to every adult who wants to share their career path."

Senior Emily Letourneau reflected on Ms. Gifford's impact: "Miss Gifford has shaped me to be the person I am today. A mentor is someone who knows what you're capable of, and when you start to slip away from that, they're nearby to pick you up and keep you on track."

Senior Alissa Letourneau described her transformation from a freshman "sitting in the back, AirPods in, head down, trying to stay invisible" to becoming co-president of JMG.

Through JMG, she discovered her leadership potential and competed at SkillsUSA winning a gold medal. "This fall, I'll be heading to the University of Southern Maine to study communications to become a NASCAR public relations specialist," she shared, adding, "This is coming from the girl who, just a few years ago, didn't want to leave home or even think about going to college."

JMG Specialist Ms. Gifford presented senior spotlights highlighting each graduate's journey and future plans in fields ranging from early childhood education to fire science. The ceremony concluded with remarks from Izzy Mitchell, celebrating the strong community developed through JMG and its lasting impact on students' futures. ■



Livseye Photography

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York County Shelter Services 'Buying Time'

By Lee Burnett

The family emergency shelter in Sanford is staying open until at least July, thanks to new funding secured by York County Shelter Programs, according to the agency.

York County Shelter Programs had secured funding from Maine Housing to keep doors open until the end of June, according to agency consultant Barb Crider. More recently, a donor affiliated with the Maine Community Foundation has contributed \$15,000, which will buy "some added weeks in July," she said.

Maintaining operations at the 16-bed shelter for families with children has become the agency's highest priority since May 2, when it announced a major suspension of services.

The family shelter "is not just a shelter. It's support, coaching, mentoring. It would just be horrible if we lost the family shelter," Crider said.

To support its continued operation, Crider has been fundraising in the business

and philanthropic communities while also trying to stimulate dialogue on longer-term solutions among Maine legislators, municipal officials and agency leaders.

"What I'm trying to do is buy time, even a few weeks, so we can take a look at different funding models and revenue streams," she said on Wednesday afternoon. She was encouraged by a phone call just minutes before from Kennebunk Savings Bank. "They're very eager to help," she said. She's also been encouraged by expressions of verbal support from various quarters.

"I do think people want to help, want to know what they can do. We need to keep talking," she said. "This isn't one community's problem ... It's an issue that doesn't have an easy solution."

York County Community Action Corp. has agreed to accept donations on behalf of shelter programs. To donate: <https://tinyurl.com/jnb8w7sm>.

Some services have been taken over by allied agencies.



Photo: York County Shelter Programs

York County government has agreed to fund the food pantry in Alfred through June at a minimum and for another year if the county budget is approved. The Brothers of Christian Instruction has assumed responsibility for the bakery on Shaker Hill in Alfred. Volunteer staffers are keeping open Books ReVisited bookstore in Sanford. Some services will be suspended for extended periods. That

includes the emergency shelter in Alfred, which had been home to 37 adults. They have all been placed in alternate housing, Crider said.

The Layman's Way Recovery Center in Alfred will close as scheduled at the end of June, according to York County Manager Greg Zinser. At its peak, the program served 24 clients, but the program has been winding down in the last six months. The last eight clients will have completed programs by the end of June, he said. The closure was prompted by the need to find new funding to equip the \$39 million recovery and training center due to open next summer. The \$1.4 million saved by suspending the program will provide needed furniture and other equipment for the facility, he said.

York County Shelter Programs has been downsizing its 70-member staff. Initially, 20 were laid off May 2. Staffing is now down to 23, according to Crider, and another eight to 10 will be laid off when Layman's Way closes at the end of June, she said. ■

Community CALENDAR

Compiled by Lisa Blanchette

Visit our Events Calendar at sanfordspringvalenews.com for details.

Ongoing

- Kindergarten registration, online @ www.sanford.org, 2/26-6/1
- Food Drive @ Trafton Senior Center, 5/5-5/31
- Springvale Library closed for floor refinishing 5/27-5/31
- Goodall Library closed for the month June for move

Saturday, May 31

- Sanford Farmers Market, 8 am, Central Park, 920 Main St.
- 16th Annual Arnie's Ride, 8 am, American Legion, 656 Main St.
- Homeowner & Contractor Deck Days, 10 am, Eldredge Lumber, 1787 Main St.
- "102 Years of Broadway," 7 pm, Sanford Performing Arts Center, 100 Alumni Blvd.

Sunday, June 1

- Fish & Game Kids Fishing Derby, 7:30 am, Roberts Pond, Gebung Woods Rd., Alfred
- Sanford Youth Cheerleader craft fair fundraiser, 9 am, Bowl-A-Rama, 1217 Main St.
- Sanford Pride Picnic, noon, Gowen Park, Gowen Park Dr.
- "An 18th Century Town Meeting," 3 pm, Historical Society, 505 Main St., Springvale

Monday, June 2

- Red Cross blood drive, 9:30 am, Nasson Community Center, 457 Main St., Springvale
- Sanford Food Pantry, 10 am, 1204 Main St.
- Responsible Beverage Server & Seller Training, 10 am, MaineHealth, June St.
- Chair yoga, 2 pm, Springvale Library, 443 Main St.
- Lego Builders Club, 3:30 pm, Springvale Library

Tuesday, June 3

- Salvation Army Food Pantry-nonperishable items, 9 am, 871 Main St.
- York County Food Pantry, noon, YCSP, 5 Swetts Bridge Road, Alfred
- Cribbage, 1 pm, Springvale Library
- YCSP's "To-Go" Lunch @ St. George's Episcopal Church, 2 pm, 3 Emerson St.
- Knit Lits, 3 pm, Springvale Library
- Sanford Elks Bingo, 4 pm doors open, 6 pm games start, 13 Elm St.

Wednesday, June 4

- Sanford High School Graduation
- Community Café, noon, Mayflower Place, 27 Mayflower Dr.
- It Takes a Village 207-indoor meal @ St. George's Church, 2 pm, 3 Emerson St.
- Sam's Book Club - "Flight Patterns" by Karen White, 5:30 pm, Springvale Library
- Wednesday Night Bite community meal, 6 pm, Curtis Lake Church, 38 Westview Dr.
- Family History Library, 6:30 pm, Church of Latter-day Saints, 25 Westview Dr.

Thursday, June 5

- Toddler Time Splash Day, 9 am, Sanford Community Adult Education, 668 Main St.
- Sensory Story Time, 10 am, Springvale Library
- St. Therese of Lisieux food bank, noon, Holy Family Church, 66 North Ave.
- YCSP's "To-Go" Lunch @ St. George's Episcopal Church, 2 pm, 3 Emerson St.
- Creative Connections, 2 pm, Trafton Sr Center, 19 Elm St.

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NOTICE OF DANGEROUS BUILDING HEARING

JUNE 17, 2025

CITY OF SANFORD, MAINE

Parties in Interest are hereby notified that the City Council of the City of Sanford, Maine will hold dangerous building hearing on Tuesday, June 17, 2025, the meeting beginning at 6:00 p.m. in City Council Chambers, 919 Main Street, Sanford Maine and by remote methods, pursuant to 1 M.R.S.A. § 403-B(2)(D) and Section 6 of the City Council Rules of Procedure. Video and teleconference remote login information to participate by remote methods will be published on the City website at www.sanfordmaine.org/meetings on and not necessarily before Saturday, June 14, 2025.

26 Gerrish Drive, Tax Map J39 Lot 9 and further described in a deed recorded in the York County Registry of Deeds at Book 14980, Page 0227 and a Mortgage recorded at Book 16145 Page 370-371.

This hearing is to determine whether this property is a dangerous building or a nuisance within the meaning of 17 M.R.S.A. §§ 2851-2859, and to determine what, if any, remedy is appropriate and are a party in interest's opportunity to present evidence as to why these properties are not a dangerous building or a nuisance and to oppose

or consent to any corrective action ordered by the City Council. A party in interest's failure to attend these hearings may result in the waiver of certain rights with regard to this property.

If the City Council finds that the property is a dangerous building or a nuisance, it may order the nuisance to be immediately abated and the appropriate corrective action taken, including, but not limited to, removal and disposal of the building and securing of the property. If the nuisance is not abated and the ordered corrective action is not taken by the City Council's order, and no appeal is taken, the City may abate the nuisance by taking the appropriate corrective action at the City's expense. The city may recover all expenses, including reasonable attorney's fees and costs, by means of special tax or civil action.

Parties in interest can discuss attending the hearing and this notice with Jamie Cole, Director of Code Enforcement for the City of Sanford prior to the hearing at (207) 324-9145 between the hours of 7:30 AM and 5:30 PM Monday through Thursday.



NEWS notes

Compiled by Carolyn Cadigan

A chance to show off that all-star cast: The 30th Annual Kids Fishing Derby, hosted by the Springvale Fish & Game Club, will be held on June 1 from 9 am to noon at Roberts Pond, off Gebung Woods Road in Alfred, across from CATV Construction. Registration begins at 7:30 am. The derby, open to kids under age 13, is free. Each participant should bring a fishing rod, reel and bait. No pets are allowed and children must be accompanied by an adult. Free hot dogs, soda and snacks will be available.

Cancer survivor program focuses on regaining strength: The Sanford-Springvale YMCA is offering a free 12-week program, Livestrong at the YMCA, for adult cancer survivors. The program focuses on building strength, increasing endurance, and improving confidence in a safe, supportive environment. Beginning June 2 and consisting of two 90-minute sessions



Franklyn Zhao from Pixabay

each week, the program includes a three-month YMCA family membership at no cost. FMI, email Merilee Perkins at mperkins@sanfordymca.org or call 207-324-4942.

Live theater on the docket for Trafton trip: The Trafton Travelers will be heading to the Interlakes Summer Theatre in Meredith, NH, for an afternoon of live theater on July 17. The day includes lunch at Canoe, located right on the water, and a performance of "Tootsie." The cost is \$159 per person and includes transportation, lunch, dining room

taxes and gratuities, and reserved seats. FMI, call Robin Bibber at 207-457-0080.

Celebrate Old Glory in June: The Sanford Elks Lodge #1470 will hold a Flag Day ceremony on June 14, 10 am, at Gateway Park. All are welcome and encouraged to attend. Flag Day commemorates June 14, 1777, when the Continental Congress determined the design for the first national flag of the United States — consisting of 13 alternating red and white stripes, representing the 13 states at that time, and 13 white stars in a blue field.

Hosting visiting actors can be just the ticket this summer: Hackmatack Farm and Playhouse, a summer stock theater in Berwick, is looking for theater lovers to open their homes for six weeks this summer as hosts for visiting out-of-state actors. Hosts do not need to provide transportation for the actors. In return, hosts receive free season passes to the theater, a special pre-show happy hour, and a gift box of homemade Hackmatack goodies. FMI, go to: <https://tinyurl.com/2ekyh5n8>

Auction and event help to support Habitat for Humanity homes: Bidding opened this week for "Framing the Future," the online auction to benefit Habitat for Humanity York County. The auction raises funds for houses built largely with donated "sweat equity" from volunteers and made available to low-income, first-time homebuyers. Auction items include a week in the Bahamas, skydiving, theater tickets, a museum

membership, one-night stays at a number of local inns, and many gift cards. To submit bids, go to <https://tinyurl.com/yn7k44ec>

The auction culminates with an event on June 5, 5:30 pm, at Eldredge Lumber, 1787 Main St., featuring food provided by Above & Beyond Catering and music by Lisa, Jim and Byon band. Tickets are \$50 for an individual and \$75 for a family. To buy tickets, go to <https://tinyurl.com/3u543hp6>

Kids, this may be right up your alley: Looking for a way to boost physical activity this summer? Smitty's GameLab is participating in the Kids Bowl Free program, available all summer long. Find the participating location here <https://tinyurl.com/2rsed5nt>, create an account, and start bowling.

Skin protection tips for fun in the sun: Nasson Health Care issued a reminder from the American Cancer Society regarding skin cancer awareness. As the weather gets warmer and Mainers seek more time in the sun, be aware of the many ways you can protect your skin from the harmful effects of the sun. FMI on how to be safe in the sun, go to <https://tinyurl.com/55pf7d96>.

Struggling to maintain a healthy diet while watching your pennies? The Sanford-Springvale YMCA is offering a free class, Healthy Eating on a Budget, on June 3, 6 - 7 pm. Register online here or call 207-324-4942. <https://tinyurl.com/y99fx93w> ■

COMMUNITY CALENDAR - Cont'd from page 2

- Free community meal, 5 pm, New Beginnings Christian Church, 181 Grammar Rd.
- Habitat for Humanity 40th anniversary event, 5:30 pm, Eldredge Lumber, 1787 Main St.

Friday, June 6

- Rotary/Kiwanis Golf Tourn., 8 am, Province Lake Course, 18 Mtn Rd., Parsonsfield
- Toddler Time @ SCAE, 9 am, 668 Main St.
- Salvation Army Food Pantry-Produce, Meats, Breads, Pastries, 9 am, 871 Main St.
- Kids Free to Grow Playgroup @ SCAE, 11:30 am, 668 Main St.
- York County Food Pantry, noon, YCSP, 5 Swetts Bridge Road, Alfred
- Sound Journey, 6:30 pm, YMCA, 1 Emile Levasseur Dr.
- Opening Day Mainers vs Upper Valley Nighthawks (St. Thomas Night), 6:30 pm, Goodall Park, 32 Roberts St.

Saturday, June 7

- Sanford Farmers Market, 8 am, Central Park, 920 Main St.
- Doubleheader Mainers vs No Adams Steeple Cats (Little League Night), Game 1 @ 4 pm, Game 2 @ 6:30 pm, Goodall Park, 32 Roberts St.
- Waypoint Music Fest, 4 pm, Waypoint, 5 Dunaway Dr.
- St. Thomas School bean supper, 4:30 pm, 69 North Ave.

Sunday, June 8

- Explore Bryophytes, 10 am, Harvey Butler Rhododendron Sanctuary, Oak St., Spvl
- Chamber Music Concert by Ad Libitum, 1 pm, Sanford Unitarian Church, 5 Lebanon St.
- "They Behaved Very Cleverly," a talk on diaries as clues to the past, Historical Society, 3 pm ■

Public Hearing Notice

The Sanford Planning Board will hold public hearings and receive written and oral comments at its June 4, 2025 meeting, starting at 6:30 pm, for the following projects:

- File # 2025-19-L36-26-DB – Morris Street – Gendreau Density Bonus – Request for a Density Bonus to allow for a single lot split of Tax Map L36, Lot 26 into two new lots, each measured 7,098 sf in size.
- File # 2025-22-R22-36-MS – 259 Sam Allen Road – Country View Subdivision – Minor Subdivision – Application for a 6 lot subdivision for single family homes, each with driveway access to Sam Allen Road (Tax Map R22, Lot 36).
- File # 2025-23-R17A-19 MP – 45 Channel Lane – Aldrich Shoreland Permit – Request to rebuild, maintain, and/or alter stairs, patio, and deck for single family home within the Shoreland Zone (Tax Map R17A, Lot 19).

The hearings will be held in Council Chambers at City Hall, 919 Main Street, Sanford, or via remote video and teleconference. Testimony may be provided in person, via mail or email, or via Zoom. Meeting information, including how to connect via Zoom, is provided at www.sanfordmaine.org. Questions or written comments should be directed to the Planning Office at 324-9150 or jlbabcock@sanfordmaine.org.



Public Hearing Notice

Tuesday, June 17, 2025, 6:00 pm
City Council Meeting

The City Council will open a public hearing to seek and receive comments on the following:

SANFORD 1 TMR-PUBLIC PRIVATE PARTNERSHIP A ONE TOUCH MAKE READY PILOT PROGRAM

The City of Sanford, Maine has a long history of public infrastructure development that has shaped every aspect of the City's health and vibrancy for over hundred years. Overhead utility conditions are essentially baked into Sanford's street layouts. The City and overhead utilities have faced numerous challenges as a result. There is a large inventory of incomplete overhead utility transfers (a/k/a double-wood). With 184 miles of roadway, the City inventoried 412 instances of double-wood in 2019. Sanford I TMR will provide a framework though forging relationships and developing formal contractual agreements whereby stakeholders can begin addressing double-wood throughout the community on an annual basis moving forward.

The hearing will be conducted via remote video & tele-conference at 6:00 P.M. on the date above referenced. Members of the public wishing to join the meeting by phone should dial I (929) 205- 6099 and use the meeting ID & Password provided in the link on the City of Sanford website calendar for the meeting date listed above: (www.sanfordmaine.org)

TDD/TTY users may call local TTY number or 711. If you are physically unable to access any of the City's programs or services, please call Lorisa Ricketts at (207-324-9173) so that accommodations can be made.

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Pilots Cove Owner: FAA Changes Leave Future of Airport Events Uncertain

By Brian Boisvert

Concerts, special events, and other activities surrounding Sanford Seacoast Regional Airport are facing an uncertain future due to recent changes in Federal Aviation Administration (FAA) regulations regarding non-aviation uses of airport property. As reported previously, the City Council unanimously approved an amendment on April 15 to Pilots Cove Cafe's lease to follow these new, stricter federal rules.

Airport Manager Allison Navia has emphasized the need to comply with the FAA's 2023 rule changes, a sentiment echoed by City Manager Steve Buck. Buck highlighted that the impact extends beyond Pilots Cove, affecting diverse airport elements such as two shooting ranges, industrial encroachments, a fire station, and CDL programming. Regarding Pilots Cove, Buck stated, "Music events that have taken place and are proposed to take place this coming summer are going to be in violation of our agreements with the FAA around the operation of the airport."

Daniel Bowden, owner of Pilot's Cove Cafe, confirmed the broad scope of these new restrictions and stressed that it went beyond just musical events. "It includes Paint Nights that a local artist teaches," he lamented, adding it would also impact "the YMCA that holds free community yoga morning classes." Bowden also noted that events like class reunions, fundraisers, and paid internships for SRTC students are also in jeopardy.

The immediate consequences are already being felt. A May 24 fundraiser for the Sanford Springvale Chamber of Commerce,

featuring local disco band Motor Booty Affair, was relocated from Pilots Cove to the Sanford Memorial Gymnasium. Bowden indicated that "a lot" of purchased tickets had to be refunded due to the venue change and said that one frustrated patron expressed their disappointment, stating they had planned for an evening with dinner at the restaurant, "not a high school dance."

Asked about relocating future events, Bowden stressed, "The food is the big draw to why everyone [would] rather go to Pilots Cove versus another location."

During a May 20 City Council meeting, Navia reiterated the importance of aligning airport policies with federal guidelines to ensure continued safety, security, legality, and access to crucial grant funding. "FAA policies have become stricter regarding special events at airports, requiring more information and a formal application process," Navia explained.

The new process is extensive, demanding a 120-day prior notice for organizers to schedule a meeting with the FAA and city representatives. Furthermore, a comprehensive written submission is now mandated 60 days before the event. This detailed document must outline the event's precise impact on aeronautical activities,



Pilot's Cove Event

provide a strong justification for its necessity on airport property, and include a clear map and timing. Communication and safety plans are also now required, alongside a thorough financial plan demonstrating how the airport will recover fair market value for the non-aeronautical use of its facilities. Navia clarified that the FAA is now applying a much stricter definition of "aeronautical use," classifying an activity as such only if it inherently requires an airport location. Events that could reasonably take place elsewhere are now firmly categorized as non-aeronautical. "If there's no net benefit to civil aviation and it can be done elsewhere, it's less likely to be approved," she stated.

Navia announced that the airport is currently developing a comprehensive 13-page permit application. Until this new permitting process is fully established and operational, the airport will not be allowing any special events.

Looking ahead, Navia indicated that these regulatory changes could even prompt a re-evaluation of existing facilities. She cited the airport's fire station as an example of an asset whose future location might need to be re-examined. "The fire station on airport property has a temporary non-aeronautical use permission that is expiring, and the FAA may require the land to revert back to airport use," Navia cautioned.

Bowden expressed his frustration for the thousands of people who attend his events and subscribe to mailings announcing future activities: "Pilots Cove has financially spearheaded bringing entertainment to the community as many look forward to it every year." Unfortunately, this new era of oversight for airport property use, prioritizing core aeronautical functions above all else, leaves many planned future entertainment opportunities in limbo. ■

Obituary

Dr. Craig W. Holbrook, VMD

Dr. Craig W. Holbrook, VMD of Great Brook Animal Care passed away peacefully and surrounded by family on May 20, 2025 at the age of 68. He lived a full life, always striving to improve the world and improve himself. For those closest to him, he will be remembered for many things, most of all for being amazing. If any of the



more than 100,000 animals who received veterinary care in the southwestern corner of Maine over the past four decades could speak, they would say thanks. From the soft, trusting gaze of a small dog to the wary eyes of a stray cat, Dr. Craig W. Holbrook saw the world of animals with a depth and empathy that extended far beyond medical care. He had a passion for precision in life, was a conservationist, an avid cyclist who brewed beer, traveled widely and taught aspiring veterinary technicians at York County Community College. He is survived by his loving wife of 37 years Diane Holbrook, of Lebanon, his step-daughter, Dr. Melanie Bizier who now oversees the practice they built, his stepson Guy Taylor, four grandchildren and many nieces and nephews. May his memory endure. Ride a bike, pet a dog, drink a beer, plant a tree or make a donation to the Leukemia & Lymphoma Society in his honor. A celebration of his life will be held Saturday, May 31, from 1 p.m.-3 p.m. at Belgian Meadows Farm.

PAID NOTICE

ELDRIDGE

LUMBER & HARDWARE

Portsmouth
Sanford
York
Portland

SCHOOL notes

Compiled by Carolyn Cadigan



Yellow tulips brighten the day at Sanford Middle School on May 16 as student groups celebrate hope during Mental Health Awareness Month.

Photo: Sanford School Department

SMS Yellow Tulip Project gives hope: On May 16, Sanford Middle School's Sources of Strength peer leaders brought together student leaders, Civil Rights Team members, Jobs for Maine Graduates participants, and classes of sixth and seventh graders at the school's flagpole to celebrate hope and mental health awareness. The Yellow Tulip Project is a suicide prevention effort designed for Mental Health Awareness Month that uses the symbolism of yellow tulips to represent hope during difficult times.

In October, when it was dark and cold, SMS students planted tulip bulbs. Months later, their bright yellow flowers finally bloomed, bringing hope to the school community. Colleen Quartararo, school counselor, spoke to the gathered students about the importance of helping one another during struggles,

checking in on peers, talking to trusted adults, and remembering to have hope when things feel tough. The blooming tulips serve as a metaphor for how difficult mental health struggles like depression, anxiety, or thoughts of suicide can improve with help, support and growth, moving from darkness into a more positive place. Read the full story here: <https://tinyurl.com/4z2hktws>

SCAE has fun in store for toddlers: Sanford Community Adult Education is hosting Toddler Splash Day on June 5, 9 - 11 am, giving toddlers a chance to play, learn and make new friends. FMI, call 207-490-5145.

Summer food program to provide meals to children and teens: The School Nutrition Program from the Sanford School Department is again sponsoring the USDA's Summer Food Service Program. Open to children and teens ages 18 and under, the program has no eligibility or registration requirements. Nutritious, no-cost meals will be available Monday through Friday, June 17 to Aug. 8, at the following locations and times:

- Carl J. Lamb Elementary School, Sanford High School, Sanford Middle School and Sanford Pride Elementary School – Breakfast 7:30 - 8:30 am; Lunch 11:00 am - noon
- Curtis Lake Church – Breakfast 7:30 - 8:30 am; Lunch 11:45 am - 12:30 pm
- YMCA – Breakfast 7:30 - 8:30 am; Lunch 11:00 - 11:45 am
- Springvale Playground – Breakfast 8:45 - 9:15 am; Lunch 11:30 am - 12:15 pm
- Carpentier Park – Lunch 11:15 - 11:45 am

FMI, call the School Nutrition Office at 207-608-8762.

FAME class teaches high school students money management: There are still spots available for the Personal Finance Summer Institute, a free class offered by the Finance Authority of Maine (FAME) for Maine high school students. The class, open to rising ninth to twelfth graders, will be held July 21 to 25 at Waynflete School in Portland. Instructors will teach personal finance topics such as budgeting, taxes, saving, investing and more. FMI, email Steve Kautz at skautz@famemaine.com or register here. <https://tinyurl.com/yc6cxvs3>

Root, root, root for the home team and help a local school: St. Thomas School and the Sanford Mainers are holding a fundraiser on June 6, 6:30 pm, at Goodall Park — Opening Day for the Mainers. Mention St. Thomas School upon arrival and 50 percent of the ticket cost will be donated to the school. Students will be invited to participate in games between innings with Broose D'Moose and Boomer. Tickets cost \$7 each, regardless of age.

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**14th ANNUAL
CHIP IN FOR
CHARITY
2025 TOURNAMENT**

June 6, 2025

Province Lake Golf Course

Sign up a team! \$120 per player in advance or \$140 at the door. Online registration is now available by visiting www.kiwanisofsanfordmaine.org and selecting the "Fundraising Events" tab, or scan the QR code below to direct you to the event page.

We're bringing homes and families together!
Reach out to us for a FREE Opinion of Value on your home!

2025

TOWN SQUARE REALTY GROUP
883 Main Street | Sanford, ME 04073 | 207-324-2860
www.townsquarerealtygroup.com

New Adult Day Program in Springvale!

SMAA's Adult Day Programs are geared toward older adults with Alzheimer's and other dementias. For more information or to schedule a tour of our Biddeford or Springvale locations, contact us at **207.396.6508** or ngarrity@smaaa.org.

**THRIVING Age-Friendly
IN PLACE Sanford**

Volunteer Network Handyman available for Sanford/Springvale older adults
Call the YMCA Trafton Center
207-457-0080 for details

Here Come the SUN Bucks

Sanford School Dept

A federal program called SUN Bucks (Summer EBT for Children) will again help families purchase groceries when school is out for the summer. Eligible families can receive \$120 in food benefits per qualifying student.

The child nutrition program aims to address child food insecurity by providing funds that families can use to buy groceries during summer months when students don't have access to free or reduced-price school meals.

The Maine Department of Health and Human Services' Office of Family Independence (OFI) is implementing the program. Many families will automatically qualify based on their participation in programs like SNAP, TANF, MaineCare, or free/reduced school meals, while others may need to apply.

Eligibility

- Children must meet USDA criteria set during



the prior school year.

- Students aged 6-16 automatically qualify if their household receives SNAP, FDPIR, TANF, MaineCare at 185% FPL, or if the child is identified as homeless, migrant, or in foster care.
- Children approved for free or reduced-price school meals also automatically qualify.
- Students in Community Eligibility Provision or Provision 2 schools who aren't already enrolled in qualifying programs but meet free/reduced meal requirements will need to apply.

Benefit Details

- Each eligible student will receive a one-time \$120 payment for summer 2025.

- Benefits will be loaded onto existing SNAP/P-EBT cards, if available.
- Students who previously received P-EBT or SUN Bucks will have benefits loaded onto their previously-issued card.
- For first-time recipients, a new Pine Tree Card will be issued.
- Lost cards can be replaced by calling 800-477-7428.

Distribution Timeline

- Automatically enrolled families will receive notification letters in late spring.
- Benefits will begin distribution in June.
- Families who apply later will receive benefits at the end of the month in which their application is approved.

When to Apply

Families should wait until mid-June before considering a manual application. If you haven't received an automatic enrollment notification by then, you should apply if:

- Your child attends a school offering the National School Lunch or School Breakfast Program, AND
 - Your household meets requirements for free or reduced-price school meals
- Applications will be available on the OFI website for families who believe they qualify but did not receive automatic enrollment notification.

For the latest information and updates, families can visit www.maine.gov/dhhs/ofi or call 1-855-797-4357. ■

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Generous Sponsors!



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Sanford Springvale News

May: Planning Board Roundup



An architect's drawing shows the final site plan for the Sanford Fire Department's new main station.

By Jack McAdam

Fire and EMS Headquarters: Board members unanimously approved the final site plan application for the new main fire station, to be built on lower Main Street, including the former site of Springvale Nurseries. The main entrance will be on Mayflower Drive. There are also two driveways on Main Street, one for fire trucks, the other for smaller Fire Department vehicles.

It will still be months before the project is ready to start, though, because the state Department of Environmental Protection will look closely at it. One issue is that the parking lot might have to be capped because of potential contamination from the former dry-cleaning business on the site.

Paper streets: The board also unanimously approved a proposed private way from Boothby Avenue on Clarke Avenue and Camp Street – streets that were included in a subdivision plan from 1922 but never developed. The original plan called for a five-lot subdivision, but the updated application is just for approval of a private street. The applicants plan to add water lines but not sewer lines to land in the area and to build a sidewalk on one side of the new private street. The back lots off Boothby Avenue could not be developed unless the private way is approved and built.

A number of abutters were opposed to the application as they have been using the paper streets for parking and access and have been maintaining part of these streets. Abutters may appeal the decision. ■

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OUT IN THE WOODS

By Kevin McKeon, Maine Master Naturalist

Get Your Mosquito Repellent Ready

In Hammana, Lebanon, 130 million years ago, two mosquitoes were dining on some tree sap and got stuck, eventually becoming entombed within the amber that formed. These are the oldest mosquito fossils, but other evidence indicates that these insects flew among the dinosaurs, over 200 million years ago. Scientists theorize that these flies first ate sap and nectar — which they still do — but evolved to eat protein-rich blood for increased egg production.

The Center for Disease Control lists mosquitoes as the deadliest animal in the world; Mortality estimates vary, but 1 million people a year is a common number. If you want a mosquito-free life, move to Iceland or Antarctica. Otherwise, you'll be sharing Earth with about 3,500 mosquito species. Over 40 species live in Maine, but less than 20 of those bother us, and it's only the female of those that seek out blood. Male mosquitoes are strictly vegetarian, but both sexes eat nectar, pollen, sap, and fruit juices.

The males hatch before the females, living 10 days at most. His function is to mate, get gobbled up by other critters, and serve as an incidental pollinator. A female's average life span is about 6 weeks but can live over 5 months. Some species will enter a form of dormancy called diapause and overwinter in a sheltered area.

After mating and a blood meal, she's able to lay a raft of 100-300 eggs, every 3 days or so, on stagnant water held by forest pools, tin cans, tire dumps and watering buckets. She'll need a blood meal for each egg raft and will do this throughout her life. Eggs usually hatch in about 2 days, but some will overwinter and can remain viable for years! Larva — wigglers — complete 4 molt stages, eating waterborne organic matter and microorganisms. They use a snorkel to breathe air and can also attach it to

plant roots to get oxygen. After forming a pupa, they metamorphize into the well-known adult after 1-4 days. From egg to adult only takes about a week or longer in colder weather.

Their biting "sucker" — proboscis — is a 6-pronged micro-needle system protected within a sheath. Two prongs have tiny, saw-like teeth, used for skin penetration. Two more prongs keep the skin spread open, while a 5th "receptor" needle both senses a blood source and extracts it. The 6th needle injects anti-coagulants to increase blood flow. That's also the stuff that itches and creates welts. When she's full, sometimes after several bites, she'll rest for 2-3 days and begin egg-laying.



Would you squish this south-of-the-border Paddle-Legged mosquito?
Photo: Flickr, Wikimedia Commons

Guess what the Mosquito Fish eats! Yup, and they were used by many areas worldwide for mosquito control but were later found to negatively affect the native aquatic populations. Some scientists call this guppy relative "one of the most problematic animals on the planet" and have designed a "Robot Fish" to mimic a Largemouth Bass, which literally

scares the mosquito fish to death! But in Sochi, Russia, a Mosquito Fish Commemorative Statue proudly sits next to the Black Sea. It seems the Russians think it helped keep its citizens safe from mosquito-borne malaria.

Mosquitoes are attracted to carbon dioxide, heat and various chemicals in human sweat— especially those emitted after beer-drinking...really! They seem to prefer type-O blood over A. So, seek out an O-blooded, out-of-shape, beer-drinking, trail-walking partner to minimize your mosquito bites! And, have a head net and repellent handy.

Biting video: <https://tinyurl.com/ycxwsty> ■

Editor's note: Did you see something unusual last time you were out in the woods? Were you puzzled or surprised by something you saw? Ask our "Out in the Woods" columnist Kevin McKeon. He'll be happy to investigate and try to answer your questions. Email him directly at: kpm@metrocast.net

PASSAGES

Compiled by Rev. Susan Murphy



David L. Gardner Sr., 86, of Springvale, ME died on May 10, 2025. He was born on May 26, 1936, to Laurent and Muriel (Merrifield) Gardner of Springvale, Maine. David was loved, cherished and an inspiration to so many. He will be dearly missed. <https://conroytullywalker.com>

Douglas H. Leach, 61, of Sanford passed away peacefully at home on May 21, 2025, surrounded by his loved ones. Visiting hours will be Sunday, June 1st, 2025, from 10AM – 12 PM held at Bibber Memorial at Autumn Green 47 Oak Street Alfred, Maine 04002. A reception will follow from 1PM – 5PM at the Elks Lodge 13 Elm St, Sanford, Maine 04073. <https://bibbersautumnngreen.com>.



Jared Sands, 42, of Sanford, passed away on Saturday, May 10, 2025. He was born in Portland on May 9, 1983. Jared grew up in Biddeford, Maine, where he spent his formative years. Visitation was held on Friday, May 16th with a funeral service following. <https://conroytullywalker.com>

Rose Ann "Dolly" Allaire-Thibodeau passed away at her home on March 28, 2025. She was 75 years old. Rose Ann was born in Portland on April 26, 1949. No services are planned for Rose Ann at this time. <https://bibbersautumnngreen.com>. ■



SCHOOL NOTES Cont'd from page 5



Elementary school students who are part of the Walking School Bus Program board the bus to school.

Photo: Sanford School Department

CJL joins Walking School Bus Program: Building on the success of Sanford Pride Elementary School's (SPE) program, Carl J. Lamb Elementary School (CJL) has launched its own version of the Walking School Bus Program. In a collaborative effort, CJL and SPE have combined resources and volunteers to serve students in the Brook Street and Lafayette Street neighborhood. The location was selected based on two factors: the number of students at the bus stop and the walkability and proximity of the neighborhood.

Every morning, volunteers gather students from concentrated neighborhoods like Spruce Street, creating walking groups that promote both safety and community connection. "We have some kids who just have rough mornings, and it's a good way for them to start their day," said Leah Marks, outreach coordinator for the Sanford School Department. "We have a lot of working parents. We have parents who have multiple bus stops and multiple kids, but they're super receptive."

The walking component naturally promotes healthy living, but the program goes beyond simple exercise. Students engage in activities like jumping rope and hula-hooping while waiting, with equipment donated by community supporters. What sets the program apart is its focus on family engagement and community building. Some parents choose to walk with the group, creating opportunities for school staff to build relationships with families.

Looking for your next page-turner? The library at Sanford Community Adult Education has books for the taking. Stop in to visit, relax and explore the library and its offerings.

SHS students explore the health field up close and personal: Sanford High School (SHS) students had the opportunity to gain some hands-on health care experience on May 20 on a Doc 4 a Day field trip. A collaboration between Tufts University School of Medicine and Southern Maine Health Care, the field trip provided the students with information about the health care field, various types of careers available, and the chance to work with medical students. The SHS sophomores, juniors and seniors in attendance performed such tasks as applying stitches on fake skin and practicing simulations with mannequins that had a pulse and heart rate and could breathe and blink. Read the complete story in The Spartan Times. <https://tinyurl.com/kv52h3uz>

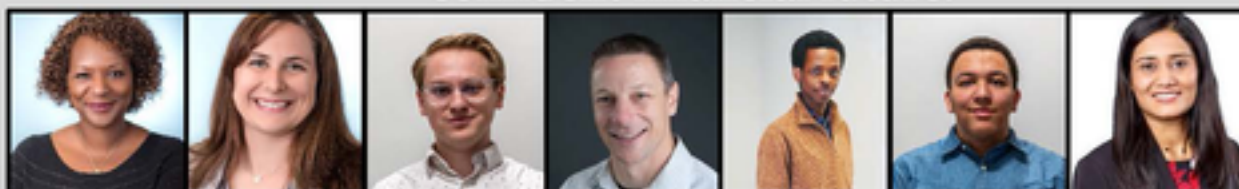
Happy Birthday, Head Start! York County Head Start & Early Head Start turns 60 this year. Head Start began in 1965 as a program to fight poverty and has grown into a national model supporting children and families — from classrooms to communities — with early learning, health and nutrition, and family support. In 2025, about 750,000 infants, toddlers and preschool children across the country will receive Head Start services. FMI on York County Community Action Corporation Head Start & Early Head Start, go here. <https://tinyurl.com/54kp2ku6> ■

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