

# Sanford Springvale MAINE NEWS

Nonprofit newspaper produced with volunteers

Free

March 28, 2025

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Mousam Way Land Trust President Dr. Al Pollard, right, presents an award to Dr. Bud Johnston. Photo: Lawrence Furbish

## Honoring 'Dr. Bud'

By Lawrence Furbish

Dr. Gordon "Bud" Johnston was recently named the Mousam Way Land Trust's director emeritus in honor of his 23 years as its chairman. Johnston was one of the three founders of the land trust back in 1999 and was a key figure helping to preserve open space in Sanford and Springvale.

He was born in Arlington, MA, just outside of Boston. Despite the proximity to the city, he remembers a childhood filled with the outdoors, with a pond and woods to explore. That is all gone now, a victim of development, and he credits that experience in forging his desire to preserve our outdoors. He also remembers the wartime victory gardens from his childhood that triggered his longtime love of gardening.

Johnston received a PhD from Harvard University and taught botany and ecology for many years at Nason College in Springvale. He still teaches today, as anyone who takes a walk in the woods with him can attest. He can discuss in detail the geology, wildlife, flora and fauna along the trail, and can recite the proper Latin names of countless trees, shrubs, and plants. He has worked with the Boy Scouts to write and install interpretive signs on some of the land trust's trails to enrich the experience of walking on them.

Johnston's interests and activities are wide ranging. He has been a master gardener for 40 years and frequently gives workshops and informal classes on plants and gardening. For many years, he was the master gardener director of the child discovery garden at the annual Maine Flower Show in Portland. He is currently the manager of the land trust's Community Garden

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## THANK YOU GENEROUS SPONSORS!



## Mayor: One-to-One Needle Exchange is Helping



City Councilors Ayn Hanselmann, and Pete Tranchemontagne, Dr. Bill Brink and Mayor Becky Brink enjoy coffee and donuts at Frannie's Mini Donuts after cleaning up trash and discarded needles at Central Park and Washington Street Apartments. Photo: Caitlin Hanselmann

By Kendra Williams

In response to several complaints about trash and discarded needles at Central Park and Washington Street Apartments, City Councilors Ayn Hanselmann and Pete Tranchemontagne, along with Dr. Bill Brink and Mayor Becky Brink, took the time last Sunday morning to clean up those areas. Mayor Brink

shared that they picked up one bag of trash which included three discarded needles. She said, she "was amazed there weren't more needles."

For several years, state law required a one-to-one exchange of a used needle for a new one. Due to users' limited access to a syringe service, the restrictions were temporarily loosened during the Covid epidemic to provide

100 clean needles at a time for every one returned. The loosened restrictions were permanently continued in 2022. The rationale was to reduce the risk of HIV outbreaks in communities. The current syringe return service in Sanford is at 840 Main St.


Since that time, there have been complaints of numerous discarded needles in parks and

Cont'd page 3

JAZZ AT LINCOLN CENTER PRESENTS

# NEW ORLEANS SONGBOOK

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## NEWS notes

Compiled by Carolyn Cadigan

**Bookworms, it's the bottom of the ninth with two outs:** Time is running out for the 2025 Boomer's Bookworms Literacy Program, which concludes April 1. By this date, all readers must either submit their completed forms to their child's teacher or have them postmarked to the Sanford Mainers front office. Readers should be sure to include their name and grade. Those who recorded their reading progress and made their way around the bases will earn two tickets to either the June 23 or July 13 Mainers game. FMI, go to: <https://boomersbookworms.sanfordmainers.com>

**A chance to grow at the Sanford Community Garden:** Spaces are available at the Sanford Community Garden for interested gardeners to grow their own food. Everything needed for a successful harvest is provided free. Plus, Master Gardener volunteers are available for guidance and information. Submit your application for a garden plot before April 12. The garden is a project of the Sanford Springvale Mousam Way Land Trust with generous support from Kennebunk Savings. To apply: <https://tinyurl.com/4ea7ytwj>



Past participants in the Boomer's Bookworms Literacy Program, sponsored by the Sanford Mainers. Photo: Sanford Mainers

**Chamber welcomes a new Main Street Marketplace business:** The Sanford Springvale Chamber of Commerce recently welcomed The Eatery @ Cruisin' Infusions at the Main Street Marketplace, Suite 102. Cruisin' Infusions is already known to many. However, the caterer expanded its business by opening a take-out and Door Dash location. The Eatery offers cold and hot sandwiches, bowls, chips, cookies, beverages and a dessert of the week. Hours are Monday through Friday, 11 am to 3 pm. For a look at the menu, go to: <https://tinyurl.com/2u3z2bvp>

**Put the rain to good use:** Three Rivers Land Trust is partnering with The Great American Rain Barrel to offer rain barrels at a discounted price so rainwater from your roof can be used for your watering needs,

possibly lowering water bills, conserving well water during the dry season, and reducing polluted storm-water runoff. According to the EPA, a 500-square-foot roof can fill a properly installed 50-gallon rain barrel in approximately one hour. One barrel can water a 200-square-foot garden.

Barrels must be purchased by April 13 and will be available for pick up on Sat., April 26, from 11 am to 3 pm, at Eldredge Lumber, 1787 Main St. Rain barrels come with spigots and mosquito screens and are ready to install under a gutter or a roof spout. To order, go to <https://tinyurl.com/2kr29c5k> and select Sanford, Maine for the city and state. FMI, email [ruth@3rlt.org](mailto:ruth@3rlt.org) or call 207-358-9619.

**Thin Mints? Caramel deLites? Do-si-dos? Find them here:** If you're wondering where you can

buy your favorite Girl Scout cookies this spring, wonder no more. Just enter your zip code at <https://tinyurl.com/cfzzhxuc> for a listing of cookie booth locations and when they will be available in Sanford and nearby communities.

**Tips to support your little one's growth:** Basics Insights, for parents and caregivers of children ages 0 to 4 years old, is a free text messaging program that provides simple tips, information, activities and reminders to help boost child development. At least two messages are sent weekly sharing science-based tips to support children's growth. Sign up to receive the free messages here. <https://partners.mybliss.ai/basics-insights/SS13940>

**A day of shopping, discovery and connection:** A Spring Market is planned for April 19, from 10 am to 2 pm, at Memorial Gym, 678 Main St., Sanford. A diverse selection of local artisans, vendors and creators will showcase their homemade goods, one-of-a-kind crafts, unique finds and fresh, seasonal treats. The market will also have live music and children's activities. Mark your calendars! It's time to celebrate spring. ■

## High Honor for SHS Student Artist

By Andrew Morin, Sanford High School Senior

Elsie Gendron, a senior at Sanford High School, is one of three students in southern Maine to earn an honorable mention in the annual Congressional Art Competition, an event designed to recognize the artistic talents of students throughout the country. In Maine's 1st Congressional District, the art submissions are chosen by the Maine College of Art and the National Scholastic Art and Writing Awards.

Gendron has spent much of her time in school working to improve her artistic abilities and learning to work in different media. When asked how her passion for art influences her academic life, she stated that art is her priority. "Any free blocks I have," she said, "I fill with my arts classes if I can."

Gaining recognition from the Congressional Art Competition is a prestigious achievement that reflects the talent of the artist. So Gendron wanted to challenge herself and submit a special piece that would show the judges her talents. To do this, she decided to submit a realistic self-portrait with many layers of detail. The self-portrait,



Senior Elsie Gendron with her honorably mentioned self-portrait. Courtesy photo

done in charcoal, depicts her striking an unusual pose with her hands on her face, almost resembling a masquerade mask, with an assortment of jewelry covering her hands.

"I wanted to challenge myself by choosing an unusual pose for the portrait," she said. "I'm really proud of it. I put a lot of time and detail into it."

Gendron plans to continue her work with art into the future and to attend the Savannah College of Art in Georgia to pursue a bachelor's degree of fine arts in painting. She intends to make art her career and continue to develop her skills in the future. "I feel that's who I am," she said. ■



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The new Ollie's store is set to open May 1. Photo: Lee Burnett

## There's a New Discount Store in Town

By Lee Burnett

The nation's largest retailer of closeout merchandise is coming to town, adding to Sanford's draw as a bargain hunter's mecca.

Ollie's of Harrisburg, PA, is hiring now and plans to open in the old Marshalls store at the Center for Shopping on May 1. It will be Ollie's first store in Maine.

The company says its entrance into Maine is part of a national strategy to expand its footprint from 32 eastern and midwestern states to the entire country within five years, according to company spokesman James Chopka.

"Ollie's is growing rapidly ... We're opening 50 stores a year," said Chopka.

Sanford is already home to two surplus goods retailers and two thrift stores. Ocean State Job Lot is right across Main Street and Marden's is a half mile farther up Main Street. Other options for discount-minded shoppers are Threads of Hope, the Catholic Charities' thrift store across the parking lot from Ollie's, and His, Yours and Mine, on Cottage Street.

Ollie's is by far the largest of them with 576 stores. Ocean State Job Lot owns 150 outlets from Pennsylvania to Maine and Marden's owns 13 outlets in Maine.

The director of the Sanford Regional Economic Growth Council said he has no special insight into Ollie's decision to

come to Sanford, although he said it builds on the city's cluster of discount stores.

"We've noticed people are coming here from out of town, out of state. We're a destination for bargain shopping," said Keith McBride. He said the growth council is seeking to capitalize on the situation by promoting entertainment and eatery options to extend shoppers' visits.

The Ollie's spokesman declined to discuss business conditions in Sanford but asserted that Ollie's market clout enables it to offer bargains on a wide range of name brand merchandise.

"We're always going to be the lowest price around," Chopka said. "We carry a large number of departments in every store."

One thrift store owner said the cluster of discount options in Sanford could "potentially" benefit all stores, although she wonders how things will shake out.

"What I would say first is, how's that going to go with Marden's and Ocean State so close?" asked Marcie Rogers, owner of His, Yours and Mine. "I don't feel personally threatened. I do wish them the best." She said her confidence is based on her store's solid following. "We have a lot of good rapport with customers and word on the street. Our store is very nice, very clean, and our prices are good."

Ollie's plans to employ 50 people at the Sanford store. ■

### ONE-TO-ONE NEEDLE EXCHANGE *Cont'd from page 1*

other public areas throughout Sanford and Springvale causing public safety concerns. However, Maine Center for Disease Control Director Dr Puthiery VA and others warned that a one-to-one exchange would be detrimental to public health and would also not address the public health concerns. Despite their warnings and advocacy for installing sharps disposal boxes in the community instead, the Sanford City Council disagreed.

Last November, an emergency ordinance was passed by the Council to be effective for 91 days after which they could decide to pass a

permanent ordinance. At their February 18 meeting, a public hearing was held and the first of two readings to adopt a permanent ordinance to regulate syringe service programs to a one-to-one exchange within the City of Sanford took place. After the second reading at their March 4 meeting, the permanent ordinance was unanimously adopted by the Council.

Mayor Brink said she is "extremely pleased that the new one-to-one needle exchange ordinance is helping to keep our parks clean by reducing the number of discarded needles." ■

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## Public Hearing Notice



The Sanford Planning Board will hold a public hearing and receive written and oral comments at its April 2, 2025 meeting, starting at 6:30 pm, on an application for the following project:

- **File # R15-20A – 20 Renaissance Way – Conditional Use/Site Plan Amendment**– Added parking for storage of off-season trailered boats and campers/RVs, as well as stormwater management, to the rear of existing building on property owned by 20 Renway LLC at 20 Renaissance Way (Tax Map R15, Lot 20A).

The hearing will be held in Council Chambers at City Hall, 919 Main Street, Sanford, or via remote video and teleconference. Testimony may be provided in person, via mail or email, or via Zoom. Meeting information, including how to connect via Zoom, is provided at [www.sanfordmaine.org](http://www.sanfordmaine.org). Questions or written comments should be directed to the Planning Office at 324-9150 or [jlbabcock@sanfordmaine.org](mailto:jlbabcock@sanfordmaine.org).

## Community CALENDAR

Compiled by Lisa Blanchette

Visit our Events Calendar at [sanfordspringvalenews.com](http://sanfordspringvalenews.com) for details.

### Ongoing

- Kindergarten registration, online @ [www.sanford.org](http://www.sanford.org), 2/26-6/1
- Fundraising Extravaganza, online auction for It Takes a Village 207, 3/20-3/31
- Springvale Library online auction preview, online 4/4-4/13

### Saturday, March 29

- Sanford Garden Fair, 10 am, Memorial Gym, 678 Main St.
- SHS Theater Production of "Grease," 2 pm, Performing Arts Center, 100 Alumni Blvd.
- High & Dry @ River Junction Brewing, 6 pm, 1491 Main St.
- Nasson Youth Theater Spring Show, 7 pm, 457 Main St., Springvale
- SHS Theater Production of "Grease," 7 pm, Performing Arts Center, 100 Alumni Blvd.

### Sunday, March 30

- SHS Theater Production of "Grease," 2 pm, Performing Arts Center, 100 Alumni Blvd.
- Nasson Youth Theater Spring Show, 2:30 pm, 457 Main St., Springvale
- Lecture: Cemetery Sleuthing with Erin Moulton at Historical Society, 3 pm, 505 Main St.
- Homefront Peer Group, 6 pm, Able Oak, 469 Main St., Heritage Place, Suite 201, Springvale

### Monday, March 31

- School Dept. Policy Committee meeting, 8 am, Sanford School Dept. 917 Main St.
- Sanford Food Pantry, 10 am, 1204 Main St.
- Lego Builders Club, 3:30 pm, Springvale Library,

### Tuesday, April 1

- Toddle Time, 10 am, Sanford Memorial Gym
- Salvation Army Food Pantry, 10 am, 871 Main St.
- Baby/Toddler Rhyme Time, 10:30 am, Goodall Library,
- Pre-K Story Time w/Craft, 11:00 am, Goodall Library
- York County Food Pantry, noon, YCSP, 5 Swett's Bridge Road, Alfred
- Cribbage, 1 pm, Springvale Library, 443 Main St.
- YCSP's "To-Go" Lunch @ St. George's Episcopal Church, 2 pm, 3 Emerson St.
- Knit Lits, 3 pm, Springvale Library, 443 Main St.
- Sanford Elks Bingo, 4 pm doors open, 6 pm games start, 13 Elm St.
- City Council budget meeting, 5 pm, Sanford City Hall, 919 Main St.
- Toddle Time, 5:30 pm, Memorial Gym, 678 Main St.
- Dulcimer Group, 6 pm, Goodall Library

### Wednesday, April 2

- Alpha Pop-Up Diaper Giveaway, 10 am, Alpha PRC, 6B Washington St.
- Community Café, noon, Mayflower Place, 27 Mayflower Dr.
- It Takes a Village 207 indoor meal @ St. George's Church, 2 pm, 3 Emerson St.

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# Spring Ice: Hidden Danger Beneath Your Feet

By John Henkelman, Registered Maine Guide

If you read my January column, you know ice isn't as simple as "frozen water equals safe walking." As winter fades, that equation gets even trickier. Spring ice is unpredictable, and here in the Sanford area, we have an added complication – most of our lakes and ponds are dammed rivers. That means they have current, and current is the enemy of strong ice.

Through winter, moving water underneath keeps ice thinner in some spots than in others. Add in spring melt, and those weak spots spread fast. Even if the ice looks solid from shore, warmer temperatures, rain, and longer days erode it from above and below. Ice that was safe yesterday might not be today, even if the thermometer still says "cold."

You'll see people testing their luck ice fishing, skating, even snowmobiling well into March. The problem? The ice doesn't fail gradually. It fails catastrophically. One second, you're on top, the next you're in, and spring water is brutally cold. As you plunge into the dark water below, the cold takes your breath away instantly. Many people drown as they gasp for their breath. Within seconds, cold shock starts to take over your body. As blood rushes away from your extremities to keep your core warm, you



*It's best to stay off the ice this time of year.* Photo: John Henkelman

will start to lose strength in your arms and legs, making self-rescue nearly impossible. The added demand on your heart also puts you at risk of more serious cardiac issues – an arrhythmia or arrest. A fun day has turned tragic.

So, what is the takeaway? Simple: Stay off the ice. This time of year, there's no surefire way to judge what's safe. If you must cross, stick to the shoreline where it's shallow, and always have a way to get yourself out – ice picks, throw rope, dry clothes, and a friend who can help. But really, why risk it? With the trails starting to clear and the woods waking up, there are plenty of other ways to get outside that don't involve rolling the dice on rotten ice.

Spring is coming. Just don't let it catch you by surprise. ■

*As always, if you want to learn from an expert, hire a Maine Guide! Find one near you at <https://www.maine-guides.org/find-a-guide/>*

Contact John Henkelman at [John.Henkelman@outlook.com](mailto:John.Henkelman@outlook.com).

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# Pickleball a Smash Hit in Sanford



The Memorial Gym's pickleball courts are usually busy. Photo: Claudette Dupee

By Claudette Dupee

It's been 20 years since pickleball, a paddle sport related to both tennis and ping-pong, came to Sanford. It's going strong today with more than 400 players of all ages.

Sanford resident Duke Dugre brought pickleball to his hometown in the spring of 2007, after he and his wife were introduced to it in South Carolina. He encouraged his longtime friend and neighbor Roger Huppe to come out and try pickle-

ball at Carpentier Park. Upon Dugre's passing, Huppe stepped in. Now he's been the USPA Maine ambassador for southern Maine for almost 15 years. He has organized pickleball events throughout southern Maine and managed many community programs.

The sport has enthusiastic fans in town. Most say they enjoy the sense of community, the friendships they forge, and the exercise. "It's a great way for all ages to be together," one player noted this week.

Pickleball was first played indoors at Nasson Community Center with one court; it was a good day when four players showed up. It expanded to four courts three years ago and after a while, it could not keep up with the increasing interest. Huppe approached the city to expand the sport to Memorial Gym.

There are now six pickleball courts for different levels of play at Memorial Gym, while Nasson Community Center has four courts for more advanced levels.

Pickleball has a reputation as an older person's sport, but the average age for players nationally is 37. The age range of players in Sanford reflects this. No one is too old to play. Everyone is welcome, and players can enjoy the sport as often as they want.

Huppe advises players to have fun with the game, get some exercise, and most importantly, enjoy the social interaction.

If you are interested in playing, contact Roger Huppe at roger.huppe@gmail.com. ■



Press Release

Pianist Laura Kargul and violinist Callie Brennan will perform at the Sanford-Springvale Historical Museum on Saturday, April 5, 2025 at 3:00 pm.

Laura is on the faculty of the University of Southern Maine and has been a frequent performer at the Sanford-Springvale Historical Museum. Callie is a gifted violinist and will be performing on our stage for the first time. We hope you can join us for music that is sure to please!

#### EVENT DETAILS

Date: Saturday, April 5, 2025

Doors Open: 2:15 pm

Event Starts: 3:00 pm

Address: Historical Museum, 505 Main Street, Springvale  
The museum is handicapped accessible.

Tickets: \$20.00 at [kargul-brennan.eventbrite.com](http://kargul-brennan.eventbrite.com)

Tickets are required for ages 18 and up. Children are admitted at no charge. Tickets may also be purchased at the door just prior to the event, during museum hours (Fridays 10:00 am – 4:00 pm and Saturdays 10:00 am – 1:00 pm), or by calling 207-651-1980. ■

## New Adult Day Program in Springvale!



SMAA's Adult Day Programs are geared toward older adults with Alzheimer's and other dementias. For more information or to schedule a tour of our Biddeford or Springvale locations, contact us at **207.396.6508** or [ngarrity@smaa.org](mailto:ngarrity@smaa.org).



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## Historical Society Lecture Series

### Cemetery Sleuthing

Presented by Erin Moulton

MARCH 30, 2025  
3:00 PM



Sanford-Springvale  
Historical Society  
Lecture Series

FREE at the Sanford-Springvale Historical Museum, 505 Main Street, Springvale  
For more information, visit [SanfordHistory.org](http://SanfordHistory.org)

Your local cemetery is a time capsule. Each headstone is plastered with clues about the deceased, those who once walked where you walk now. A simple step through the hallowed gates can bring you on an adventure to explore symbolism, workmanship, and local history. Join Erin E. Moulton as we learn the meaning behind cemetery iconography, abbreviations, epitaphs, and more.

*Sponsored by the Harry Mapes Foundation, Maine Humanities Council, Atlantic Federal Credit Union and Town and Country Credit Union.*



# SCHOOL notes

Compiled by Carolyn Cadigan



An early childhood educator works one on one with her student.  
Photo: U.S. Census Bureau

**Professional development for early childhood educators:** Thriving with Intention, the York County Conference for Early Childhood Educators, will be held on April 26, from 8 am to 3:30 pm, at Sanford Regional Technical Center, 100 Alumni Blvd., Sanford. The conference will include a keynote speaker, breakout sessions, networking and lunch, with more than 20 vendors represented. FMI, email [fccam.professionallearning@gmail.com](mailto:fccam.professionallearning@gmail.com). To register for the conference, go here: <https://tinyurl.com/ycxnzzkd>

**MCS PTA is seeking volunteers:** The Margaret Chase Smith Elementary School PTA needs volunteers for the Earth Day event they have planned for April 12, 10 am to 12 pm. Those interested in helping should email [mcsptame@gmail.com](mailto:mcsptame@gmail.com).

**SMS students explore careers in aviation:** Sanford Middle School Jobs for Maine Graduates (JMG) students explored aviation careers at the Brunswick campus of the University of Maine at Augusta on March 14. They had the opportunity to gain hands-on experience with flight simulators, tour actual aircraft, and learn about drone technology. From sitting in the cockpit to examining aircraft engines, the students experienced what it takes to pursue careers in aviation. The day also included comprehensive tours of the university's Brunswick and Saco campuses, where they learned about degree programs that could lead to careers in aviation.

**CJL teacher initiates collaborative development for adaptive music:** On Saturday, March 15, the halls of Carl J. Lamb Elementary School (CJL) came alive with music, learning and collaboration as the school hosted the first-ever Maine Adaptive Music Summit. Approximately 40 education professionals from across Maine and New Hampshire attended the summit, which was spearheaded by Hattie Skvorak, CJL's music teacher, in response to the limited professional development opportunities she could find for teaching music to students in special education programs. "There's a few opportunities for just music teachers, but there's not really anything where music teachers and the ED techs and special education teachers are coming together," explained Skvorak.

Participants chose from various tracks to learn how to better address classroom needs, offer better support to students, help children feel confident and ready to learn, and make music accessible for all students. The day concluded with an expert panel and roundtable discussions. CJL Principal Sherri Baron

noted, "Attendees provided overwhelmingly positive feedback, with many music educators specifically requesting annual continuation of the event." School administrators are gathering feedback on the summit, which was held during Music in Our Schools Month, and hope to make the event an annual tradition. Read the full story here: <https://www.sanford.org/article/2097215>

**Impressive performances and all that jazz:** Sanford High School jazz students participated in the Maine State Jazz Festival, held at Lake Region High School in Naples, on March 14. The in-school jazz group received a silver medal, the afterschool jazz group was awarded a bronze medal, and the jazz combo received a silver medal. Hailey Francoeur, band director, worked with all three groups over the past few months to prepare them for the festival.

Individual performances were also given, with the following students receiving high ratings on their solos: Elijah Baker, Quang Lam, Tim McGee, Jason Gastonguay, Rebecca Horton, Brennan Reynolds, and Evan Lynch. Additionally, Tim McGee and Jason Gastonguay each received an Outstanding Musicianship Award for their playing in the jazz combo. Read the full story in The Spartan Times here: <https://tinyurl.com/ydu9m3ex>

SRTC event showcases student success and business collaboration: Sanford Regional Technical Center (SRTC) held its annual Celebrating Partnerships event on March 19, bringing together local business partners, educators and students to highlight successful program advisory councils and internships, and to strengthen community connections. SRTC Director Matt Petermann welcomed attendees, expressing his gratitude for their support and emphasizing the importance of community partnerships for student success. Program advisory committees, composed of local business professionals, play a role in ensuring that the curriculum remains relevant to today's workforce needs. Sally Quarles, SRTC's Career Aspirations and ELO coordinator, then explained her role in coordinating internships, apprenticeships, and extended learning opportunities, which help students gain hands-on learning to prepare them for real-world careers.

A highlight of the evening was a student panel discussion, which included Brianna Burby, Brian Graffam, Izzy Enos, Hannah Morgan, Deanna Watson, Alex Seebeck, Connor Rice, Natalie Green, Spencer Jourdain and Kadden Veilleux — all sharing their experiences in their respective programs. During the event, representatives from local businesses networked and mingled throughout the venue, exchanging ideas and exploring potential partnerships with SRTC programs. Read the full story here: <https://www.sanford.org/article/2105522>

**SRTC names the 2025 Student of the Year:** Devenny Brickett, a junior at Massabesic High School and a student in the Health Occupations program at Sanford Regional Technical Center (SRTC), has been named SRTC's 2025 Student of the Year. Brickett's accomplishments are many. Currently president of the Class of 2026 and vice president of the Student Council, Brickett demonstrates natural leadership abilities among her peers. She is a member of both the National Honor Society and National Technical Honor Society, has accumulated over 200 community service hours during her high school career, participates in indoor track and softball, and is active in competitive dance.

Brickett's journey toward earning her Certified Nursing Assistant license at SRTC has been marked by exceptional punctuality, compassionate kindness, and impressive time management skills. In addition, her clinical abilities have set a high standard among her peers, showcasing both technical proficiency and genuine care for others. She has also balanced rigorous technical training with the development of interpersonal skills crucial to patient care.

Already certified in First Aid and CPR, Brickett aims to become a registered nurse, with a particular interest in palliative care. Her passion for working with elderly residents shines through in her own words: "Being able to connect with residents, show up for them consistently, and hopefully brighten their day has always been part of my plan."

Your spring clean-out items could be someone else's treasure: St. Thomas School's annual Spring Fever Fair is coming up on May 4. That means the fair organizers are looking for gently used items for the yard sale portion of the event. Items such as dishware, small kitchen appliances, home and holiday decor, used books, children's games and toys, crafting and gardening tools and supplies, small furniture, handbags and luggage may be dropped off April 5 and April 12 between 9 am and 1 pm at St. Thomas School. Keep in mind that no bedding, cushions, stuffed animals, clothing or large furniture will be accepted. ■



Devenny Brickett is named Sanford Regional Technical Center's 2025 Student of the Year.  
Photo: Sanford School Department

## Department of Public Works



### City of Sanford/Village of Springvale Maine

#### Notice of Bids

#### FOR: CURBSIDE COLLECTION OF MSW AND RECYCLING

The City of Sanford, Maine will receive sealed bids for: Curbside Collection of MSW and Recycling until 11:00 a.m. on Wednesday, April 16, 2025 at the Public Works Office, 156 School Street, Sanford, Maine, at which time and place all bids will be publicly opened and read aloud. The RFP is available at the Public Works Office and online at [www.sanfordmaine.org](http://www.sanfordmaine.org) under Businesses: Bid Opportunities.

## SPORTS notes

Compiled by Sam Bonsey,  
Sanford Schools Communication Coordinator



From left to right: Natalie Lam, Taylor Coffey, and Rhylen Avery are the Spartans selected for the 2025 Lobster Bowl. Photo: Sanford Schools

By Eliza Allen and Isabella McCall, SHS students

This year, one Sanford football player, Rhylen Avery, and two cheerleaders, Natalie Lam and Taylor Coffey, have been selected to participate in the 2025 Lobster Bowl. The game will take place on July 19 at Lewiston High School.

The Lobster Bowl takes the state's best high school football players and cheerleaders to compete on two teams, the East and the West. Since it started in 1990, it has raised over \$750,000 for Shriners Children's Hospital, which provides treatment for all kids regardless of their families' ability to pay.

To compete, each athlete must raise a minimum of \$500 for Shriners Hospital.

Last year's head football coach, Mark Boissonneault, said, "With the Lobster Bowl, Rhylen is participating for a great cause, and we wish him the best of luck." Avery had a successful season, rushing over 1,000 yards, according to Boissonneault.

The head cheer coach, Catrina Wade, said being selected is a huge achievement for seniors. They are picked by being nominated by their team and then a committee selection process.

"I'm really proud of [Natalie and Taylor] because Sanford hasn't had anybody go in years" for cheering, Wade said. "It's nice to have my two captains going to represent Sanford." ■

## Thank You For Your Donation

Our heartfelt thanks to these recent donors:

\*Dianne Ames  
\*Heidi Barker  
\*Patricia Herrick  
Richard & Janet Tockman

\* Donors who have made a monthly giving commitment

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### 'DR. BUD' Cont'd from page 1

and greenhouse on Blanchard Road in Springvale.

The Goodall Memorial Library has also been a significant interest in his life. He served as the president of the Sanford Library Association, which governs the Goodall Library board, until term limits ended his tenure. He has also given talks and programs over the years in the library's community room. ■

### COMMUNITY CALENDAR - Cont'd from page 3

- Lego Club, 2:30 pm, Goodall Library
- Fiber Arts Group, 5 pm, Goodall Library
- Sam's Book Club, "The Guncle" by Steven Towley, 5:30 pm, Springvale Library
- Wednesday Night Bite community meal, 6 pm, Curtis Lake Church, 38 Westview Dr.
- Family History Library, 6:30 pm, Church of Latter-day Saints, 25 Westview Dr.

### Thursday, April 3

- Sensory Story Time, 10:00 am, Springvale Library
- St. Therese of Lisieux Food Bank, noon, Holy Family Church, 66 North Ave.
- YCSP's "To-Go" Lunch @ St. George's Episcopal Church, 2 pm, 3 Emerson St.
- Free community meal, 5 pm, New Beginnings Christian Church, 181 Grammar Rd.
- Kindergarten exploration event @ Carl J. Lamb School, 5 pm, 233 Shaw's Ridge Rd.
- Kindergarten exploration event @ Margaret Chase Smith, 5 pm, 248 Twombly Rd.
- Kindergarten exploration event @ Pride Elementary School, 5 pm, 708 Main St.
- Game Night @ the Library, 5 pm, Goodall Library

### Friday, April 4

- Harvest Table Food Pantry, 9 am, Salvation Army, 871 Main St.
- Toddler Time @ SCAE, 91 am, 668 Main St.
- Kids Free to Grow playgroup @ SCAE, 11:30 am, 668 Main St.
- York County Food Pantry, noon, YCSP, 5 Swett's Bridge Road, Alfred
- Sanford Middle School family fundraiser @ Bowl-A-Rama, 5 pm, 1217 Main St.
- Sound Journey with Sara Nova, 6:15 pm, YMCA, 1 Emile Levasseur Dr.

### Saturday, April 5

- St. Thomas Fair drop-off, 9am, St. Thomas School, 69 North Ave.
- Laura Kargul & Callie Brennan concert, 3 pm, Historical Society, 505 Main St.
- St. Thomas School bean supper, 4:30 pm, 69 North Ave.
- Sanford Christian Academy Auction Night, 5 pm, 47 High St.
- Matt Gahagan @ River Junction Brewing, 6 pm, 1491 Main St.
- "Jazz at Lincoln Center," 7 pm, Sanford Performing Arts Center, 100 Alumni Blvd.
- YMCA Gala, 7 pm, 1 Emile Levasseur Dr.

### Sunday, April 6

- Lecture: Meet Queen Victoria with Sally Mummey @ Historical Soc., 3 pm, 505 Main St.

Visit our events calendar at [sanfordspringvalenews.com](http://sanfordspringvalenews.com) for details on these and other events.

## NOTICE OF INTENT TO FILE

Please take notice that:

The City of Sanford Public Works Dept.  
156 School Street  
Sanford, Maine 04073  
(207) 324-9135

is intending to file a Tier 1 NRPA Freshwater Wetland Alteration Permit and an NRPA Permit-By-Rule with the Maine Department of Environmental Protection pursuant to the provisions of 38 M.R.S.A. §§ 480-A thru 480-Z, on or about: March 28, 2025

The application is for:

A Tier 1 NRPA Freshwater Wetland Alteration Permit and Permit-By-Rule for the reconstruction of 0.27 miles of High Street and Bougie Lane in Sanford. Work on the project includes full-depth reconstruction of the existing roadway, improvements to the existing closed drainage system and pedestrian improvements such as ADA landings, bump-outs and multi-use paths.

A request for a public hearing must be received by the Department in writing no later than 20 days after the application is found by the Department to be complete and

is accepted for processing. A public hearing may or may not be held at the discretion of the Commissioner or Board of Environmental Protection. Public comment on the application will be accepted throughout the application processing period.

The application will be filed for public inspection at the Department of Environmental Protection's Southern Maine Regional Office in Portland, ME during normal working hours. A copy of the application may also be seen at the municipal offices in Sanford, ME.

Written public comments may be sent by email to [LandOnCall@maine.gov](mailto:LandOnCall@maine.gov) or by mail to the regional office where the application is filed located at 312 Canco Road, Portland, Maine 04103.

Written comments or inquiries concerning this project are encouraged and can be directed to:

Jared Winchenbach  
Phone: (207) 772-2515  
[jwinchenbach@gorrillpalmer.com](mailto:jwinchenbach@gorrillpalmer.com)





# photo of the week



Welcome Spring! Crocus near Mousam Way Trail Photo: Terry Jellerson

Send your photo for consideration to [submissions@sanfordspringvalenews.com](mailto:submissions@sanfordspringvalenews.com)

Be sure to let us know where the photo was taken and who took the picture.

## PASSAGES

Compiled by  
Rev. Susan Murphy

**Shirley Dickson**, 59, long-time employee of the Sanford schools, passed away on Saturday, March 22, 2025, after a brief illness. Visiting hours were held on Friday, March 28, at Black-Heald & Walker Funeral Home in Springvale. A celebration of life will be held at St. George's Episcopal Church in Sanford at 11 am on Saturday, March 29.

**Donna Fields**, 86, passed peacefully on Monday, March 24, 2025. A celebration of life will be held later this summer at a date to be announced.

*These shortened notices are published free of charge for all decedents who have lived or worked in Sanford/Springvale. For more info about this or to purchase space for an expanded obituary with picture, contact [adperson@sanfordspringvalenews.com](mailto:adperson@sanfordspringvalenews.com).* ■

## Please Help Us Grow

Scan this QR code to sign up for our E-News version sent directly to your email on Saturday mornings.



## REAL ESTATE Transactions

Compiled by Carolyn Cadigan

**3/17, 10 Summer St.**, 5-room Bungalow, 2 bed/1 bath, oak floors throughout, wood casings, wood doors, attic, full walk-out basement, detached 1-car garage, porch, shed, view of Number One Pond, intown, \$305,000 (pictured right)



10 Summer St. Photo: Google

**3/17, 19 Old Falls Rd.**, 4-room Ranch, 2 bed/1 bath, single wide manufactured home, full unfinished basement, detached 2-car garage, 1.95 acres, \$175,000

deck, rural setting, 4.73 acres, built in 2024, \$539,000

**3/17, 207 Sam Allen Rd.**, 5-room Ranch, 3 bed/2 bath, cathedral ceilings, partial basement, 2-car garage under,

**3/18, 12 Elm St.**, Springvale, 6-room Ranch, 3 bed/1 bath, open concept kitchen/living room, partially finished walk-out basement, attached 2-car garage, patio, security system, fenced-in backyard, intown, \$359,900 ■

## Obituary - Janet Coyne

Janet M. Coyne, 71, of Acton, passed away peacefully on Saturday, March 22, 2025, at Pinnacle Health and Rehabilitation in North Berwick after a period of declining health.

Born in Sanford on July 16, 1953, to Hervey and Barbara (Cobbett) Lizotte, Janet grew up in Sanford, where she attended local schools and graduated from Sanford High School. Throughout her life, she held various jobs, working at Bass Shoes, Shaw's, Ames, D&K Depot, York County Teacher's Federal Credit Union, and ultimately retiring after many dedicated years with Maine Behavioral Health Care.

Janet had a quiet and gentle nature, finding joy in life's simple pleasures. She loved shopping, attending fairs—especially to see the horses—bird-watching, and gardening. Her greatest joy, however, was her family. She cherished time spent with her children and grandchildren, often spoiling them with love and taking them on special outings to parades and events. She found deep fulfillment in staying connected with family and friends, sharing stories, and catching

up on the latest news. Her warmth, kindness, and unwavering devotion to her loved ones will be deeply missed by all who knew her.

Janet was predeceased by her husband, Mark Joseph Coyne, as well as her siblings, Daniel Lizotte and Pamela Lizotte Gauthier.

She leaves behind a loving family, including her six children: Michael Lizotte and his wife Tracy of Saco, Patrick Coyne and his wife Jenna of Shapleigh, Stephen Coyne and his significant other, Sandy Roux of Alfred, Meghan Cote and her husband Chris of Biddeford, Elizabeth Kepler and her husband James of Vermont, and Timothy Coyne of Acton. She was a proud grandmother to fifteen grandchildren: Jillian, Abigail, Emma, Lydia, Paisley, Maxwell, Parker, Clarice, Carter, Emmi, William, Jackson, Rose, Rylie, and Aria. She is also survived by her sister, Darlene Irving and her husband Stephen of Sanford; her sister-in-law, Sheila Coyne of Freeport; and many cousins, nieces, and nephews.

Visitation will be held on Friday, April 4th, from 4:00 to 6:00 PM at Black-



Heald & Walker Funeral Home, located at 580 Main Street in Springvale.

The family extends their heartfelt gratitude to the staff at Pinnacle Health and Rehabilitation in North Berwick for the kindness and compassionate care shown to Janet during her final days.

In lieu of flowers, those who wish to honor Janet's memory may consider making a memorial contribution to the Pinnacle Health and Rehabilitation Activities Fund, 47 Elm Street, North Berwick, Maine 03906.

Janet's love, kindness, and quiet strength will forever remain in the hearts of those who knew and loved.

PAID NOTICE



The Mission of the Sanford Springvale News is to produce a free weekly publication that provides current and factual information about what is happening in Sanford and Springvale.

News and stories are published in print, electronically, posted on Facebook and on our website.

### Contact Us

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