# Sanford Springvale NEWS

Nonprofit newsletter produced with volunteers

Free

December 6, 2024

### Nine Inducted to SHS Athletic Hall of Honor

By Kendra Williams

Sanford High School Athletics officially launched its Hall of Honor on November 30 with a ceremony at the Sanford Performing Arts Center, inducting its inaugural class of honorees. Established in 2023, the Hall of Honor Committee selected nine individuals who have exemplified outstanding athletic performance and character both during their time at Sanford High School and beyond.

According to Athletic Director Zach Lemelin, "The Sanford Athletics Department is proud of the history and success of Sanford High School and is excited to recognize the coaches, athletes, and contributors who have helped create lasting memories in this tradition-filled community."

Presenters, selected by each recipient, shared stories about the honorees' achievements. In their acceptance remarks, the



The first inductees into the Sanford Athletic Hall of Honor. L-R: Paul Belanger, Michael Caramihalis, Kevin Bougie, Jennifer Roberts Zarkoskie, Tony Matoin, Roland Cote, Nicholas Scaccia Photo: Zach Lemelin

recipients shared many of their own stories as well as expressing gratitude to their coaches and families.

Inductee Roland Cote expressed his gratitude and community pride in his acceptance remarks. "I am so happy - I can almost not even explain it – to be a Sanford/Springvale resident," said Cote. "It's a tremendous town and I want to thank you from my heart for giving us the tremendous support."

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# Copyright © 2024 - Sanford Springvale News - All rights reserved Community CALENDAR

Compiled by Lisa Blanchette

Visit our Events Calendar at sanfordspringvalenews.com for more details.

#### **ONGOING**

- Springvale Library, Annual Holiday Pop-Up Shop, through Dec. 7
- 6th Annual Alumni Spree of Trees @ Memorial Gym Café, through Dec 8
- Partners Bank, Winter Coat Drive, through Dec. 14
- "Mary Poppins," Nasson Community Center & Little Theatre, through Dec 15
- SRTC Plants Plus, Botanical Bonanza, through Dec. 20

#### Saturday, Dec. 7

- Kandy Kane Fair, 8 am, Free Baptist Church, 10 Pleasant St. Springvale
- Workforce Summit & Career Fair, 8:30 am, SCAE, 668 Main St.
- Church fair, 9 am, Sanford First Baptist Church, 905 Main St.
- Kids' shopping event, 10 am, Cruisin' Infusions, 890 Main St.
- Jingle and Mingle: Victorian Holidays, 10 am, Historical Society, 505 Main St.
- Adopt-A-Kid Donors Drop Off "Santa's Cause," 11 am, 1364 Main St., Unit 7
- Annual Outdoor Christmas Market, 11 am, Ferment Farm, 406 Hanson Ridge Rd.
- "A Victorian Nutcracker," 2 & 7 pm, Sanford Performing Arts Center,
- Bean supper, 4:30 pm, St. Thomas School, 69 North Ave.
- "A Night in Bethlehem," 5 pm, Church of Jesus Christ/Latter-day Saints, 25 Westview Dr.
- 2nd Annual Ugly Sweater Party, 6 pm, River Junction Brewing Co., 1491 Main St.

#### Sunday, Dec. 8

- Family Mass & Snacks with Santa, 10 am, St. Therese of Lisieux Parish, 69 North Ave.
- Carols Cookies, & Cocoa, 6 pm, Pleasant St. Baptist Church, 10 Pleasant St.

#### Monday, Dec. 9

Baby Rhyme Time, 10 am, Springvale Library
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# **Smart Street Lights Getting Smarter**

By Lee Burnett

Wait times at traffic lights on Main Street should get shorter next year with the installation of new technology aimed at adjusting traffic throughout the corridor, according to City Manager Steve Buck.

A federal Safe Routes for All grant is funding the acquisition of long-range cameras, mid-block sensors and software at 13 stoplights, Buck told city councilors Tuesday evening. The equipment would monitor not just the volume of traffic at stoplights,

**Continued Page 3** 



Photo: Clancy Law Group



#### HALL OF HONOR Cont'd from Page 1

The nine inductees include:

**Paul Belanger,** class of 1977, was an outstanding three-sport athlete in football, basketball and baseball. He continued his athletic achievements at Colby College and has received multiple statewide honors. He was inducted into the Maine Basketball Hall of Fame in 2018.

Kevin Bougie, class of 2000, also excelled in football, basketball and baseball while at SHS. He continued on to Bowdoin College where he played baseball and football. He has received many honors for his athleticism and leadership both in high school and college.

John Caramihalis, class of 1949, is widely considered to be the founder of Maine wrestling. He transformed Sanford into the premiere wrestling community in the state for four decades and began the wrestling program in Sanford, hosting the first wrestling meet in 1959. Caramihalis passed away in 1991, just a few years before he became the inaugural inductee into the Maine Amateur Wrestling Alliance Hall of Fame in 1993.

Michael Caramihalis, class of 1980, was Maine's first undefeated four-time state champion. He won state championships in four different weight classes throughout his career at a time when Maine wrestling only had a one class state tournament. He was inducted into the Maine Wrestling Hall of Fame in 1995.

John Cochin, class of 1955, was a three-sport athlete and played baseball at North-eastern University and Nasson College. He returned to Sanford and became a chemistry teacher and a baseball coach for 24 years and coached summer baseball for 20 years. He was also a longtime sports editor at the Sanford News. He was inducted into the Maine Baseball Hall of Fame in 2009. In 2023, the Cochin Athletic Field and a chemistry classroom were named in his honor four months prior to his passing.

Roland Cote, class of 1961, was an accomplished three-sport athlete and returned to teach history and civics at SHS for 30 years, also serving as a coach of multiple sports over a span of 40 years. He continued to volunteer at high school games and coached summer baseball. He was inducted into the New England Basketball Hall of Fame in 2009. In recognition of his personal passion for playing tennis, the tennis courts at the new school campus were dedicated in his honor in 2021.

Tony Matoin, class of 1979, was the fastest running back and sprinter in Maine during his senior year and won the prestigious James J. Fitzpatrick trophy as the state's top Class A football player. He also captured state championship honors in the 100-yard dash and the

# **Carpentier Park Plans Approved**

By Andrew Morin

Carpentier Park on High Street has moved one step closer to renovation after the City Council gave its final approval at a recent meeting.

Plans call for a variety of new amenities and attractions for the children of Sanford. The most prominent will be a splash pad, a circular concrete

surface equipped with small water jets and misters that will spray and offer a fun and refreshing experience during the summer months.

In addition to the splash pad, the upcoming renovations will include new construction or renovation projects aimed to accommodate patrons of the park, such as reconfigured seating, parking and added handicapped accessible ramps. New atmospheric and utility features



An artist's drawing shows the new splash pad at Carpentier Park.

were also discussed at the council meeting, such as new paved paths, benches, picnic tables, a small wall, and a renovation to the T-ball field.

The total cost of the project is about \$280,000, which is about \$12,000 over the allocated budget. Despite the price, the council has approved the design and has a keen interest in the project. A Land and Water Conservation Fund grant has helped fund the project.

# **Portable Wireless Hotspots Available**

Press Release

People without access to high-speed internet could get it under a new program being rolled out at Goodall Memorial Library and Sanford Community Adult Education.

The program makes available portable wireless internet hotspots with bundled internet subscriptions, laptops and iPads, according to a press release from Southern Maine Planning and Development Corporation.

Sanford is the second community in York County to benefit from the program, funded by the Maine Connectivity Authority as part of a statewide plan to extend broadband to underserved parts of the state. Some 50 residents in Biddeford have already received devices.

"During the pandemic, it became clear that many Maine people were left behind by not having reliable internet service to attend school or work remotely," said James Rather, SMP-DC's director of strategic initiatives. "We've heard many stories about folks having to park their vehicles at a local McDonalds or town hall parking lot in order to use free wi-fi service because of a lack of reliable home internet service, or an inability to afford an internet subscription."

Both the Digital Inclusion Plan and the device distribution program are part of a Digital Equity and Inclusion initiative started in 2023 by SMPDC to eliminate the barriers to providing robust internet access and digital literacy training to the entire population. Two additional program locations will be announced in 2025. To read the plan, visit: smpdc.org.

4x100 relay in track and field. He has continued to live in Sanford and has volunteered for many years as a youth football coach.

Nicholas C. Scaccia, class of 1967, was a renowned basketball player and led his team to Sanford's Class A State Championship game in 1967. He established multiple scoring records and earned many prestigious awards, including membership in both the New England and Maine Basketball Halls of Fame. He played college ball at Colgate University, was subsequently drafted by Denver in the old ABA and played professionally in Italy.

Jennifer Roberts Zarkoskie, class of 2010, has been an award-winning competitive swimmer at the local, state, regional and national levels, while a student at SHS and at the University of Maryland and University of New Hampshire. She also had the opportunity to compete in the United States Olympic Trials. As one of the most accomplished swimmers in Maine, she was inducted into the Maine Swimming Hall of Fame in 2012.

Following the ceremony, the Hall of Honor display was unveiled in the Athletic Wing, featuring the names of the inductees. A reception followed at the Sanford Elks Club.



The Mission of the Sanford Springvale News is to produce a free weekly publication that provides current and factual information about what is happening in Sanford and Springvale.

News and stories are published in print, electronically and posted on Facebook.

PO Box 958, Sanford, ME 04073 SanfordSpringvaleNews.com

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#### SMART LIGHTS Cont'd from Page 1

but traffic entering and leaving Main Street anywhere along the route, Buck said.

"So, the cameras will be able to look down the corridor, look at the traffic count and flow coming to the light. The midblock sensors will look at the cars flowing in to and out of that traffic mix. All the lights can self-adjust using the new software technology," he said.

The capability of streetlights was already upgraded with seven-pin connectors, installed with the development of the city's 45-mile fiber optic network in 2018. The "smart" streetlights are already starting to collect data and will be further enhanced with the upgrade funded almost entirely through a \$463,200 Safe Streets for All grant and other state and federal money, Buck said.

The combined funds will support enforcement details and a public education campaign. The result should be slower traffic speed, reduced wait times and overall improvement in safety, he said.

"You'll have 12 percent more success rate at getting a green light while going the speed limit," he said.

The city hopes to award an installation contract in the spring. ■

#### CALENDAR Cont'd from Page 1

- Sanford Food Pantry, 10 am, 1204 Main St.
- Red Cross blood drive, 10 am, Nasson Community Center, 457 Main St., Springvale
- Community Café, 11 am, Southern Maine Agency on Aging, 21 Bradeen St., Springvale
- A Family for ME Live Q & A session, online, noon & 6 pm
- Lego Builders Club, 3 pm, Springvale Library

#### Tuesday, Dec. 10

- Municipal Operations & Property Subcommittee meeting, 8:30 am, Zoom
- Toddle Time, 10 am, Sanford Memorial Gym,
- Salvation Army Food Pantry, 10 am, 871 Main St.
- Baby/Toddler Rhyme Time, 10:30 am, Goodall Library, 1364 Main St.
- Public Safety Subcom mtg, 11 am, Zoom
- Free lunch at YCSP's Recovery Community Center, noon, 69 Brook St.
- York County Food Pantry, noon, YCSP, 5 Swett's Bridge Road, Alfred
- Zoning Subcommittee, 1 pm, Zoom
- Cribbage, 2 pm, Springvale Library
- Knit Lits, 3 pm, Springvale Library
- Water District Trustees meeting, 4 pm, Sanford Water District, 243 River St.
- Bingo, 4 pm (doors open) 6 pm (games start), Sanford Elks Lodge, 13 Elm St.
- Toddle Time, 5:30 pm, Sanford Memorial Gym
- Matthew Meal, 6 pm, St. Thomas School
- Dulcimer Group, 6 pm, Goodall Library

#### Wednesday, Dec. 11

- Fire Station Working Group, 11 am, Zoom
- Make It & Take It craft-Christmas tree, 2 pm, Springvale Library

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### YORK, ME

627 US RT 1 YORK, ME 03909 207-363-2004

### PORTLAND, ME

145 PRESUMPSCOT ST PORTLAND, ME 04103 207-770-3004

### SANFORD, ME

1787 MAIN ST SANFORD, ME 04073 207-490-6304

### PORTSMOUTH, NH

275 CONSTITUTION AVE PORTSMOUTH, NH 03801 603- 436- 9663

# **NEWS NOTES**

Compiled by Carolyn Cadigan



Members of the Sanford-Springvale Chamber of Commerce join in on the ribbon-cutting at newly opened Meeting Grounds Cafe. L-R: Evelyn Libby, chamber ambassador; Rebecca Lapierre, Town Square Realty and chamber chair; Andrea Knight, Sanford Mainers; Dan Bowden, Pilots Cove Cafe; owners Ed and Carie McMahon, cutting the ribbon; Rick Stanley, chamber president; Sean Dumont, Edward Jones Investments; Caren Martineau, chamber ambassador; and Kelly Davis, Lighthouse Credit Union.
Photo: Sanford-Springvale Chamber of Commerce

Springvale cafe grand opening is simply grand: The Sanford-Springvale Chamber Ambassador Committee welcomed Ed and Carie McMahon, family owner/operators of Meeting Grounds Cafe, Springvale's newest eatery, on Dec. 2 at the cafe's grand opening at 489 Main St., Suite 1, in Springvale. The cafe menu offers hot and iced coffee, breakfast sandwiches, bakery items, soups, salads and lunch sandwiches. Breakfast and brunch Executive Chef Patrick Miller makes many of the menu items in-house including cinnamon buns, maple pecan rolls, house pickles, and house chips made from potatoes sourced from Fryeburg. The cafe is open Monday – Friday, 6 am to 2 pm.

SPD announces two promotions: The Sanford Police Department's Chad Allen has risen to the rank of major, overseeing the operations of the Patrol Division. Maj. Allen joined the department in 2008, bringing valuable experience from the Berwick Police Department. The SPD also promoted Matthew Begin to lieutenant. Lt. Begin joined the department in 2019 after serving with the North Berwick Police Department. Congratulations to both Maj. Allen and Lt. Begin!

Hang an ornament on Trent's Tree: A special Christmas tree at Partners Bank in downtown Sanford is one of 17 Trent's Trees set up across Maine. It is on display through Jan. 5 to honor those struggling with mental illness. The trees are intended to be places of solace for people coping with emotional pain during the holiday season. Guests are invited to hang an ornament or just absorb the love displayed on the tree, according to Katie Manende Hall, a volunteer with Stay; For Life. The organization was started by Angela Whitten of Wells in memory of her 18-year-old son Trent, who took his life in June 2022. It has grown into a statewide non-profit organization working to reduce the stigma of mental illness.

Who da BOSS? Friends of Downtown is inviting you to cast your vote this month for the Best of Sanford and Springvale (BOSS) Awards. Many fun categories are on the list. Businesses, organizations and locations must be in Sanford or Springvale to be eligible. Voting ends Dec. 31. Cast your vote here. https://tinyurl.com/mr3xj7ts

Stay up to date on all things SMAA: Southern Maine Agency on Aging publishes a monthly newsletter offering stories, program updates and educational articles, as well as information on job and volunteer opportunities, upcoming events and more. Sign up for the free newsletter at smaaa.org.

Sand for walkways available: Buckets of sand are available to home-bound seniors preparing for winter weather, according to a press release from YMCA Trafton Center. The Trafton Center recently received a mini-grant for its Thriving in Place - Age Friendly Sanford program helping seniors with yard cleanups, snow shoveling and small jobs too much for older adults to tackle on their own. The Sand Bucket Program provides a filled sand bucket for use in sanding icy walkways. The Trafton Center extended thanks to Hammond Lumber for donating the buckets and to the Governor's Cabinet on Aging and AARP for funds to purchase equipment for use in projects. To learn how you can get involved as a volunteer, or to ask for assistance, call Robin Bibber at 207-457-0080.

Don't say they didn't warn you: The US Postal Service is reminding folks about holiday mailing deadlines. This year, the recommended send-by dates for delivery before Dec. 25 within the continental US are as follows: Dec. 18 for first-class mail, Dec. 19 for Priority Mail, and Dec. 21 for Priority Mail Express. For a complete list, go to usps.com/holidayshippingdates

County breaks ground on new recovery and training centers: The arrival of earth-moving equipment signaled the start of construction at York County government's \$44 million addiction recovery center and first responder training center in Alfred. York County Commissioners and others were recently on hand with shovels for a groundbreaking ceremony. The buildings are expected to be complete in 18 to 24 months.

Holiday gift card drive gives kids a day out with friends: Each year, Santa's Cause works hard to provide as many kids and teens as possible with a special "Day Out" gift envelope, which includes gift cards to local fun spots and eateries that they rarely get a chance to enjoy due to the cost. The goal is to give each recipient an envelope containing a movie pass, a bowling pass, and a fast-food gift card. This year, Santa's Cause is seeking donors to help with: Smitty's Gift Cards (\$20 value suggested,



Nov. 21 marked the official groundbreaking for York County government's new recovery center and new first responder training center in Alfred.

Photo: Tammy Wells

but any amount is appreciated); food gift cards from McDonald's, Dunkin Donuts, Wendy's and Applebee's (\$10 value is appreciated); and Bowl-A-Rama "Santa's Cause Coupons" (a \$10 pass covers two strings of bowling and shoe rental). Mail purchased gift cards and passes to Robin Donarumo, 75 Farview Dr., Sanford, ME 04073 or drop them off at Sanford Flooring, 1209 Main St., Sanford. FMI, email robin.donarumo@yahoo.com.

Free parenting classes for Head Start families: York County Head Start has partnered with Kids Free to Grow to offer free parenting classes to their Head Start families. The four classes being offered are Active Parenting: First Five Years; Circle of Security Parenting; Nurturing Parenting; and Nurturing Parenting: Infant, Toddler, and Preschoolers (focusing on those with children aged 0 to 5 years old). Most classes are multi-week classes, not a one-time workshop. The sign-up deadline is Dec. 13. FMI and to sign

'Tis the season to bake cookies: Springvale Library is seeking bakers to make cookies for its 18th Annual Holiday Tea, to be held Dec. 19. If you can bake a batch to donate, whether it be from an old family recipe or something new, sign up with one of the librarians at the front desk.

up, go to headstart.yccac.org.

Winter parking reminder from SPD: From Dec. 1 to April 1, seasonal parking restrictions will be in effect. During a snow emergency, parking is allowed at the Benton Park lot on Roberts Street and the Heritage Drive parking lot. However, vehicles must be moved two hours after the ban is lifted to allow for snow removal. FMI on snow emergency parking bans, streets with prohibited parking during the winter months, and other important reminders, go here. https://ecode360.com/9239244

Talented church organist needed: Sanford First Baptist Church has a beautiful pipe organ waiting to be played. The hours are every Sunday, 9:30 am to 12 pm, and special services. If interested, call 207-324-5456 and leave a message with contact information. A church member will return the call. ■

# Friends, Family Celebrate Raymond Payeur

Family and friends of Raymond J. Payeur, a longtime resident of Sanford and proprietor of Payeur Realty on Main Street, are honoring him in the weeks leading to his 100th birthday on Jan. 14.

Payeur recently received the Boston Post Cane from selectmen in North Berwick, where he moved after retirement. The cane is an honor bestowed on the oldest person in a community. He was also honored by family and friends earlier this fall at the Fraternal Lodge in Alfred. Payeur is a World War II Navy veteran who stepped off the U.S.S. Indianapolis in Pearl Harbor just days before it was sunk



Raymond Payeur greets his grandson Randy, great-grandson Randy Jr, great-granddaughter Alex, and great-great-granddaughter Tara Rollins. Photo: Barbara Johansen

by a Japanese torpedo. He often used the sign in front of his business to honor veterans and casualties of war. He still proudly shares his military stories and life experiences with local groups.

# **Victorian Nutcracker this Saturday**

Now a cherished tradition in SPAC's holiday lineup, Portland Ballet returns with its beloved classic, "A Victorian Nutcracker." This enchanting performance offers a fresh retelling of the timeless story, where a young girl's Christmas Eve dream is sparked by a mysterious nutcracker gift, leading her on a magical journey to the Sugar Plum Fairy's Land of the Sweets.

This year watch for 2022 Sanford High School graduate Camille Alipalo as the Ribbon Candy soloist, a Flowers demi-soloist and a snowflake in the Waltz of the Snowflakes. Also, look for her as a Party Parent in the opening act. She returns to her hometown of Sanford in her seventh season with Portland Ballet and is also a junior at the University of Southern Maine.

Unique to the traditional holiday ballet set to Tchaikovsky's iconic score, Portland Ballet's version features the first act set in the historic Victoria Mansion, with characters drawn from Portland's own past. Praised for its stunning set designs and costumes that capture the elegance of the Victorian era, the production also boasts vibrant staging that brings battle scenes, snowscapes and the Land of Sweets to life. Portland



Ballet is renowned for its artistically trained dancers, community engagement and significant role in enriching Maine's cultural scene.

Experience the grandeur of a big-city show right here in Sanford, without the big-city hassles. Make "A Victorian Nutcracker" a cherished holiday tradition for your friends and family!

Two performances on Saturday at 2pm and 7pm. Tickets are \$46-\$55, with discounts for subscribers, students, seniors and military veterans. Call the box office at (207) 206-1126 or visit in person Tuesdays and Thursdays from 9 am-noon. ■

# **THANK YOU GENEROUS SPONSORS!**







To become a sponsor of the Sanford Springvale News, visit SanfordSpringvaleNews.com.

Click the 'donate' button, and then click 'become a sponsor'.

#### CALENDAR Cont'd from Page 3

- · Lego Club, 2:30 pm, Goodall Library
- Springvale Career Center hiring event at SCAE, 2:30 pm, 668 Main St.
- Friends of Downtown monthly meeting, 4:30 pm, Frannie's Mini Donuts, 913 Main St.
- Fiber Arts Group, 5 pm, Goodall Library
- Wednesday Night Bite free meal, 6 pm, Curtis Lake Church, 38 Westview Dr.
- Trims for the Troops and Pizza, 6 pm, Operation Ray of Light, 909 Main St.
- Middle School Winter Concert, 6:30 pm, Performing Arts Center, 100 Alumni Blvd.

#### Thursday, Dec. 12

- Airport Advisory Committee meeting, 8 am, Sanford Seacoast Airport, 9 Presidential Ln.
- Senior food distribution, 10 am, Crossroads Methodist Church, 15 Grammar Rd.
- Sensory Story Time, 10 am, Springvale Library
- Free lunch at YCSP's Recovery Community Center, noon, 69 Brook St.
- St. Therese of Lisieux Food Bank, noon, Holy Family Church, 66 North Ave.
- Free community meal, 5 pm, New Beginnings Christian Church, 181 Grammar Rd.
- · Scabble Night @ Goodall Library, 5 pm,
- High School Winter Concert, 6 pm, Performing Arts Center, 100 Alumni Blvd.
- YC Stamp Club-Favorite Christmas stamps, 7:30 pm, Preble Lodge #143, 16 Elm St.

#### Friday, Dec. 13

- Salvation Army of Sanford Harvest Table food pantry, 9 am, 871 Main St.
- Salvation Army staples box distribution, 9 am, 871 Main St.
- York County Food Pantry, noon, YCSP, 5 Swett's Bridge Road, Alfred
- Road Crew @ Mill Towne Tavern & Billiards, time TBD, 898 Main St.

#### Saturday, Dec. 14

- Pancakes with Santa, 7 am, Ted's Fried Clams, 890 Main St.
- Hott Mess @ Mill Towne Tavern & Billiards, time TBD, 898 Main St.
- Craft/Vendor Fair, 9 am, Crossroads United Methodist Church, 15 Grammar Rd.
- Cookie decorating & hot cocoa @ Eldredge Lumber, 10 am, 1787 Main St.
- Christmoose with The Mainers, 10 am, Mainers Front Office, 917 Main St., Suite C
- Jingle and Mingle: Victorian Holidays, 10 am, Historical Society, 505 Main St.
- Adopt-A-Kid Donors in Person Drop Off "Santa's Cause," 11 am, 1364 Main St., Unit 7
- Wreaths Across America ceremony and wreath laying, 12 noon, Southern Maine Veterans Cemetery, 83 Stanley Rd.,
- North Pole Day @ Smitty's Gamelab, 1 pm, 1327 Main St.
- USAF Heritage of America Band, 7 pm, Performing Arts Center, 100 Alumni Blvd.

#### Sunday, Dec. 15

- Pictures with Santa & Mrs. Claus, 10 am, Springvale Library
- Holiday Market, noon, River Junction Brewing Co., 1491 Main St.

Visit our Events Calendar at sanfordspringvalenews.com for more details. ■

# **November Planning Board Update**

By Jack McAdam

The Sanford Planning Board has cleared the way for the former Springvale District Courthouse to be remodeled as affordable housing. At its Nov. 20 meeting, the board unanimously approved a final site plan for the Sanford Housing Authority proposal.

The project will provide 18 apartments available to seniors who meet income eligibility guidelines.

The courthouse has been vacant since last summer, when all courthouses in York County were consolidated at a new center on Route 1 in Biddeford.

Also approved on Nov. 20 was an amendment to the Avesta Housing project at 14 Patriot Place that included the addition of an accessory office building and minor changes to the parking lot and solid waste disposal areas. Board members acknowledged Fire Chief Scott Susi's concern about maneuvering fire equipment close to existing buildings on the site, but said there was nothing that could be done about that. The vote was 5 in favor, with member Todd Rothstein abstaining because he works for Avesta Housing.

Proposals that didn't fare as well at the board's Nov. 6 meeting:

Food truck court: The board deadlocked, 3-3 with one member absent, on a request to rezone the parking area next to the Sanford Springvale Soccer Association's fields to allow for a year-round food truck court. The area is zoned rural residential, and three board members were concerned that the requested urban zoning

would allow several uses that wouldn't be suitable for the neighborhood and would require a costly sewer line extension. This sent the zone change to the City Council, which held a first hearing this Tuesday. Another hearing will be required.

Hanson Ridge housing: The board rejected a proposed zoning change from Residential Development to Urban for land along Hanson Ridge near Route 202 to allow for the use of private sewerage systems and construction of two single-family homes. Board members were concerned



A site plan shows how the former Springvale District Courthouse will be developed as senior housing.

about the number of uses allowed that wouldn't be suitable for the neighborhood. The proposal is to place two homes built by students at the Sanford Regional Technical Center on land owned by the Sanford Kiwanis Club.

Chicken farm: The board decided that because of a deed restriction, they could not consider a proposal to rezone 17 Oak Ridge Road from single-family residential to commercial farming to allow for the raising of more chickens than are allowed in residential neighborhoods.

### **Public Hearing Notice**

The City Council will open a public hearing to seek and receive comments on the following:



An application submitted by Holistic Wellness,
 72 Emery St. Unit 175, Sanford, Maine, for a
 NEW Marijuana Manufacturing - Tier II License.

The hearing will be conducted in person in the Sanford City CouncilChambers and via remote video & teleconference at 6:00 P.M. on the date above-referenced. Members of the public wishing to join the meeting by phone should dial 1 (929) 205-6099 and use the meeting ID & Password provided in the link on the City of Sanford website (www.sanfordmaine.org), calendar for the December 17, 2024 meeting.

Public comments may be submitted via email to info@sanfordmaine.org in favor or against the requested license.

TDD/TTY users may call local TTY number or 711. If you are physically unable to access any of the City's programs or services, please call Larisa Ricketts at (207) 324-9173 so that accommodations can be made.

### **Public Hearing Notice**

The Sanford Planning Board will hold a public hearing and receive written and oral comments at its December 18, 2024 meeting, starting at 6:30 pm, on applications for the following projects:



- File # J27-4 Stackpole Court Preliminary Subdivision Application to develop a 12 unit multifamily residential building along with the associated parking and stormwater management on a currently vacant lot.
- File # K14-35 5 Water St Jagger Lofts Final Subdivision – Application for Final Subdivision Approval for the renovation of the former Jagger Mill building into 86 multifamily residential units with the associated parking, stormwater management, and resident amenities.

The hearings will be held in Council Chambers at City Hall, 919 Main Street, Sanford, or via remote video and teleconference. Testimony may be provided in person, via mail or email, or via Zoom. Meeting information, including how to connect via Zoom, is provided at www.sanfordmaine.org. Questions or written comments should be directed to the Planning Office at 324-9150 or jlbabcock@sanfordmaine.org.



### Air Force Band to Bring Holiday Cheer to Sanford

The Sanford Performing Arts Center (SPAC) is set to host a spectacular holiday performance by the United States Air Force Heritage of America Band on Saturday, December 14, at 7:00 PM. This free concert, titled "A Holiday Salute," promises to be a memorable evening of patriotism and community spirit.

The U.S. Air Force Heritage of America Band, known for its exceptional musicianship and diverse repertoire, will be making its debut appearance at SPAC. Brett Williams, Artistic & Managing Director of SPAC, expressed his enthusiasm for the upcoming event: "It's truly an honor to be selected for this performance, and it reflects the appreciation they have for both our state-of-the-art facility and our welcoming community. This will be a memorable evening filled with music, patriotism, and connection, and we can't wait to share this experience with the people of Sanford and beyond."

The journey to bring this prestigious band to Sanford has been a long one. Williams revealed that he had been lobbying for military bands to come to SPAC for over five years. "The military bands are difficult to book because they choose the venue, not the other way around," he explained. "I would meet with them in NYC when I go to my booking conference every year." The breakthrough came after the U.S. Army Field Band and Soldiers' Chorus performed at SPAC in April, paving the



The U.S. Air Force Heritage of America Band is celebrating the season in Sanford Photo: Air Force Band

way for other branches to consider the venue.

In addition to the main event on Saturday, the band has a special performance scheduled the day before for students during school. This show will feature "Full Spectrum," a smaller rock ensemble comprised of members from the larger band. Williams emphasized the importance of giving students exposure to national touring performances: "I was excited they had availability on Friday to do a special performance for our students."

The U.S. Air Force Heritage of America Band, based at Joint Base Langley-Eustis in Virginia, is one of several premier musical organizations of the U.S. Air Force. The band's mission extends beyond entertainment, serving as a crucial tool for building relationships between the Air Force and

local communities. Through their performances, they aim to honor veterans, inspire patriotism, and enhance the public's understanding of the Air Force's role in national defense.

While tickets for this event at 100 Alumni Boulevard are technically sold out, Williams encourages those without reserved tickets to try their luck at the venue. "At 6:45 PM, guests in the standby line will be invited to take any unoccupied seats," he explained. Williams noted that there will likely be a couple hundred unoccupied seats available, as many ticket holders often reserve more seats than they use.

The ticketing process for these free military shows can be complex. The government cannot charge for the performances. All reserved seats are general admission, with no assigned seating. Ticket holders are advised to be in their seats by 6:45 PM for the 7:00 PM show.

The U.S. Air Force Heritage of America Band's performance at the Sanford Performing Arts
Center is shaping up to be one of the highlights of the holiday season in Maine. It's an opportunity for residents of Sanford and surrounding areas to come together, enjoy world-class music, and show their appreciation for the men and women of the U.S. Air Force. With its blend of musical excellence, patriotic spirit, and community engagement, this "Holiday Salute" is sure to leave a lasting impression on all who attend.





## **OUT IN THE WOODS**

By Kevin McKeon, Maine Master Naturalist

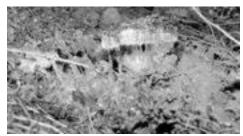
### **An Icy Attraction**

On our trail walks during early winter, we often see small areas of ice crystals poking above the ground, looking like groups of tiny icicles. We also hear them crunch underfoot. These are ice crystals formed just beneath the soil surface called needle ice. James Carter, former professor of geology and geography at Illinois State University, describes its formation in the following way:

"On cold nights at the beginning of winter, when temperatures just barely sink below freezing, the ground will stay slightly warmer than the air above. That means that any water in the ground... will remain liquid. In certain soils, though, water that's in the ground gets sucked upward rather than sinking down. This is a result of capillary action: the adhesion of water molecules to the walls of a very narrow tube will cause the liquid to be drawn upward despite the pull of gravity."

Let's dive a bit into this explanation to more fully appreciate this phenomenon. Understanding capillary action may be a good place to begin. It's defined as liquid flowing through small spaces without the benefit of an external force. The Latin word capillaris means "of or resembling hair." We use capillary to describe relatively narrow, tubular structures, like the capillary veins in our skin. But the blood flowing through our veins is not capillary action because it's pumped by an external force...our hearts.

Needle ice is made from water, and one of water's interesting properties is that its molecules want to adhere to themselves, creating surface tension, like when rain beads form on



Needle ice pushing up soil particles Photo: Thomas Bresson-Wikipedia

your car. Water molecules are also a bit sticky and want to stick to a lot of other things. These two properties, cohesion and adherence, allow capillary action, like when the water inside a drinking straw rises a bit above the water level in the drinking glass. Water likes the inside of the straw enough to crawl up into it a bit. Albert Einstein's first published paper in 1901,"Conclusions drawn from the phenomena of capillarity" was about capillary action

Going back to Professor Carter's description of needle ice formation, he states that water, capillaries, and certain temperature conditions are required. The granular composition... texture, of certain soils allows the formation of pores which can form capillaries. Soil texture also affects its water holding characteristics. Temperature, the third item in needle ice formation, requires a level of temperature difference called gradience.

In our swimming holes, water is cooler the deeper we dive. These temperature gradients exist in the soil, too. Temperatures in soil take longer to change than in the air. As winter's cold

arrives and the cold air forms thin ice films on Deering Pond, the soil along the trail around it remains a bit warmer and the water in it remains liquid. As the soil slowly gets colder from the surface downward, the water also slowly freezes.

Now for the needle ice. During the times of temperature gradience when the upper soil layer is 32 degrees or lower and the lower layer is above that, the upper layer water is freezing but the lower layer water is not. Through capillary action, water in the soil is drawn upward through the pores until it hits the upper layer where it freezes. It continues to push more water upwards until that water freezes onto the newly formed ice crystal, pushing the whole crystal upward. Thus, water crystals grow, forming long curls 2 to 5 inches long. Sometimes these crystals will fuse, creating ice chunks of varying sizes.

These magical needle ice formations cease to exist when the deeper soil layer freezes. The cool thing about all this is that both the temperature gradience and water-borne soil are most common on soil that's not insulated by small woody debris and leaf litter. Such soil is created by foot traffic along our trails. So, on your brisk early winter walks, ponder a bit at the needle ice you find along the way and maybe step over it so others may marvel at Natures wonders.

Editor's note: Did you see something unusual last time you were out in the woods? Were you puzzled or surprised by something you saw? Ask our "Out in the Woods" columnist Kevin McKeon. He'll be happy to investigate and try to answer your questions. Email him directly at: kpm@metrocast.net

### **Public Hearing Notice**

The City Council will open a public hearing to seek and receive comments on the following:



An application submitted by Pine Tree Maine LLC, DBA Landrace Cannabis, 22 Smada Dr, Sanford, Maine, for a Renewal Adult Use Retail Marijuana Store License.

The hearing will be conducted in person in the Sanford City Council Chambers and via remote video & teleconference at 6:00 P.M. on the date above-referenced. Members of the public wishing to join the meeting by phone should dial 1 (929) 205-6099 and use the meeting ID & Password provided in the link on the City of Sanford website calendar for the meeting date listed above: (www.sanfordmaine.org).

Public comments may be submitted via email to info@sanfordmaine.org in favor or against the requested license.

TDD/TTY users may call local TTY number or 711. If you are physically unable to access any of the City's programs or services, please call Larisa Ricketts at (207) 324-9173 so that accommodations can be made.

### **Public Hearing Notice**

The City Council will open a public hearing to seek and receive comments on the following:



An application submitted by Green Truck Farms 6, LLC, 27 Hancock Lane, Sanford, Maine, for renewal of an Adult Use Retail Marijuana Store License.

The hearing will be conducted in person in the Sanford City Council Chambers and via remote video & teleconference at 6:00 P.M. on the date above-referenced. Members of the public wishing to join the meeting by phone should dial 1 (929) 205-6099 and use the meeting ID & Password provided in the link on the City of Sanford website calendar for the meeting date listed above: (www.sanfordmaine.org).

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Students at Carl J. Lamb Elementary School enjoy new playground equipment, part of the school's multi-phase playground upgrade project. Photo: Sanford School Department

**CJL students can't wait for recess:** Thanks to a generous \$50,000 donation from the Gerard and Gertrude Genest Charitable Trust, the Sanford Schools Legacy Foundation recently purchased a spinner, Cozy Cocoons and Bernie the Bus for the Carl J. Lamb Elementary School (CJL) playground. "This is Phase 2 of the recent upgrades at the CJL playground. Their donation helps fill in the gaps between our current equipment here and other Sanford schools," said CJL PTA President Lydia Lehoux, who noted the team thoughtfully chose structures that also benefit the special education students at the school. Phase 3 calls for painting the older structures to give them a visual boost and integrate them with the new equipment.

Middle school leaders in the making: Nearly 20 students from Sanford Middle School (SMS) recently attended the Maine Youth Action Network's Leadership Summit in Augusta. Over the course of more than two days at Thomas College, these young leaders connected with students from across Maine, gained hands-

# **SCHOOL NOTES**

Compiled by Carolyn Cadigan

on experience with professional multimedia equipment, toured the State House, networked with nonprofit organizations, and participated in leadership workshops. These students now look forward to applying these new skills at SMS to benefit the school community.

SHS welcomes new NHS members: Sanford High School celebrated the induction of its newest members into the National Honor Society (NHS) during a ceremony held in the Performing Arts Center on Nov. 19. The event highlighted the accomplishments of students who have demonstrated exceptional scholarship, leadership, service and character — the four pillars at the heart of the organization. During the ceremony, the club's elected officers were pinned: Quang Lam (president), Alexis Hayward (vice president), Mckenna Nanartowich (secretary) and Savannah Knight (treasurer). Congratulations to all the new inductees: Cole Adawadkar, Summer Bowtell, Kallu Charron, Cayce Chevalier, Grace Pearson, Connor Rice, Ben Terril, Olivia Adornetto, Bradi Boissonneault, Evelyn Cole, Addison Gendreau, Lily Gillis, Matthew Hebert, Rebecca Horton, Ava Hudson, Linda-Rose Krol, Hannah Labbe, Isabelle McCall, Matthew Melvin, Madison Nadeau, Sophie Olivo, Connor Pickering, Taiga Poppas, Perrin Shaw, Leah Soucy, Annalise Stimmell, Rachel Tanguay and Lydia Treadwell.

Lunch Buddies enjoy pizza and pins: On Nov. 14, seven members of the Sanford High School Peer Helpers Club took their lunch buddies on a field trip to Bowl-A-Rama. The outing, attended by Peer Helpers Sadie Sevigny (secretary), Paige Sevigny (president), Rory White (vice

president), Audrey Payeur, Hailey Payeur, Matty Hebert and Zoey McCann, included pizza, lemonade and water. In addition to Lunch Buddies, Peer Helpers Club members plan other activities including This is Us, the Thanksgiving Food Drive and more.

New SPE program benefits adults and students: A new mentorship program at Sanford Pride Elementary School (SPE) is bringing community members and students together to help children with relationships and aspirations. The program, launched this fall, pairs carefully selected adult volunteers with third-grade students for regular mentoring sessions focused on personal growth and development. The monthly sessions focus on key developmental areas supporting student success: building a sense of belonging within the school community, setting and achieving personal goals, developing essential social skills, and fostering stronger academic engagement. Principal Susan Inman brought the program to SPE based on its success at her former school. Currently serving six students with three dedicated mentors, the program aims to expand to 20 students and 10 mentors next year.

Musical and visual arts students recognized at SHS: Sanford High School's Performing Arts Center hosted an evening of artistic recognition on Nov. 25, beginning with the Tri-M Music Honor Society induction ceremony, followed by the National Art Honor Society (NAHS) induction, celebrating excellence in visual arts. The evening opened with Hailey Francoeur welcoming attendees to the Tri-M ceremony, followed by Rebecca Horton performing the

**Continued Page 11** 

### **Public Hearing Notice**

The City Council will open a public hearing to seek and receive comments on the following:



An application submitted by Blossom, LLC. D/B/A Stache, 9 Renaissance Way, Suite 3, Sanford, Maine, for a Renewal Adult Use Marijuana Retail Store License.

The hearing will be conducted via remote video & teleconference at 6:00 P.M. on the date above-referenced. Members of the public wishing to join the meeting by phone should dial 1 (929) 205-6099 and use the meeting ID & Password provided in the link on the City of Sanford website calendar for the meeting date listed above: (www.sanfordmaine.org).

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# The City of Sanford Announces the Following Openings for Boards & Committees in 2025:



The Airport Advisory Committee has three openings: two for residents of Sanford or of other communities in York County who may or may not hold a pilot's certificate; and one for a person who holds a valid pilot's certificate and who operates an aircraft based at Sanford Seacoast Regional Airport and who may or may not be a Sanford resident. This committee studies, researches and develops all aspects of the Sanford Seacoast Regional Airport and advises the Airport Manager.

The Board of Appeals has four openings, each for a three-year term. This board hears and decides administrative and dimensional variance appeals and works closely with the Director of Planning and Code Enforcement.

The Board of Assessment Review has four openings, each for a three-year term. The Board reviews and rules on appeals duly filed in writing by taxpayers regarding any tax assessment made by the Tax Assessor.

The Design Review Committee has up to five openings, each for a two-year term. The committee advises the Planning Director, the Planning Board, the Code Enforcement Officer, the applicant, and may make recommendations concerning project design proposals.

The Land Bank Commission has one opening for a five-year term. The Land Bank oversees the City's rental housing licensing, inspection, and enforcement program, and it purchases, acquires, holds, and disposes of real property. The Commission also makes recommendations to the City Council regarding dangerous buildings and abandoned properties, and regarding property remediation.

The Planning Board has one opening, for a three-year term. The Planning Board's responsibility is to review and act upon all subdivision requests; to hear and decide "conditional use" permit requests; to help draft new or amend relevant land use ordinances; and to review and assist in developing policy, goals and objectives of the Comprehensive Plan.

The Recreation Advisory Board has four openings, each for a two-year term. This board acts in an advisory capacity to the Parks and Recreation Director.

The Sanford Arts Commission has up to six openings, each for a three-year term. The commission focuses on identifying, strengthening, promoting, and broadcasting Sanford's cultural assets, infrastructure, and artistic treasures and facilitating community involvement in the arts.

The Sanford Housing Authority Board of Commissioners has two openings to fill unexpired Member at Large positions with terms ending 12/31/25 and 12/31/26. The SHA Commissioners are responsible for overseeing the operations of the Housing Authority and expenditures of federal monies, helping direct the management of programs that benefit the community and ensuring the provision of quality services to the residents of their housing properties.

The Trails Committee has up to five openings, each for a three-year term. The committee coordinates with the Parks and Recreation Director and assists in the development, funding and maintenance of a community-wide trail system.

The deadline to submit applications is Thursday, December 19, 2024 at 5:30 PM. Appointments will be made January 7, 2025.

Applications and committee descriptions are available by contacting the Sanford City Manager's office at (207) 324-9173 or by email at sancommittees01@sanfordmaine.org , or by visiting the City's website at www.sanfordmaine.org under Government/Boards & Committees to download a fillable application form.

# Sanford is on the Move

By Kendra Williams

The Sanford Regional Growth Council Director Keith McBride provided a 2024 fourth quarter report, full of positive developments, to the City Council at its November 26 meeting.

He began by noting some changing trends. The labor

market is cooling, which means fewer available jobs but also makes labor costs for employers more sustainable. The housing market is slowing a bit also. Listings are staying on the market for an average of 37 days in Maine, which is the longest it's been since the pandemic. These factors are driving interest rates and inflation down. The inflation rate is predicted to reach the normal rate of 2% early in 2025, which hasn't been seen for about five years, and a recession has been avoided. All of this is good news for the local market.

The Growth Council's work plan has focused primarily on business attraction, expansion and retention as well as public/private partnerships. McBride noted there has been some success in all three areas and said, "One of the stories of the year for us has been small business growth." The Growth Council's Small Business Advocate Mary Hastings has worked to provide assistance to many small businesses which have recently opened in Sanford and Springvale. They include Downhill Bagels; Guerrero Maya; Dayton Trailer Sales; Knots and Bolts; Hammer and Stain; Sanford Brake and Tire Renovation and Sebago Technics. New businesses that opened just this week are Otto Pizza in South Sanford and the Meeting Grounds Café in Springvale.

Public/Private partnerships have also been very active. Money received in 2023 from the Community Development Block Grant Program has been used to make some façade improvements in the downtown area. Recently news was received that the grant will be renewed so the work can continue.

Federal Brownfields Grants are also being used for cleanup and assessment. Recently, representatives from the Environmental Protection



Photo: City of Sanford Growth Council

Agency joined city leaders in a walk through in the Heritage Crossing area to discuss options for the International Woolen Mill and to see the impending project to remove the Boiler House building. There's also a plan for the stabilization of the Pioneer Avenue area. Funding also allows for assessment of potential cleanup sites.

Tax Increment Finance Subsidies have been utilized to encourage and incentivize increased housing, infill development and revitalization of buildings in downtown Sanford.

It's not difficult to notice all the building and economic activity going on in the city. A new Starbucks building in Shaw's Plaza and a new Chase Bank at the former Burger King site are both close to completion.

More housing is also on the way. McBride said, "We see housing as a workforce development strategy. The number one question heard from business developers is about the workforce. If people can't live here, they can't work here."

Central Park Apartments has two foundations ready, and building has begun on the first twenty of the thirty apartments being built on School and Bodwell Streets. Construction is underway at Main Street Apartments for 12 units on a previously vacant lot near Aroma Joes. And a plan is in place for a 24-unit building on Roberts Street at the former site of Ballenger Auto.

McBride concluded by noting things that have been talked about are coming to fruition and he predicted much more to come in 2025. "We're starting to hear more and more that people are taking notice, and soon, everyone's going to notice that Sanford is on the move. People are coming to Sanford and they're coming fast."





#### SCHOOL NOTES Cont'd from Page 9

National Anthem. Congratulations to the 12 new members who were inducted into Tri-M, recognizing their commitment to musical excellence and community engagement: Hope Abbott-Eaton, Elijah Baker, Calleigh Bill, Keaghan Gagnon, Jason Gastonguay, Rebecca Horton, Quang Lam, Timothy McGee, Jack McNelly-Kleinrock, Brennan Reynolds, Jordan Small and Lydia Treadwell.

The ceremony also celebrated students selected for prestigious regional and state ensembles. Multiple students were chosen for the MMEA District 1 Honors Festival, where they will work with renowned conductors at Noble High School in January. Additionally, Hope Abbott-Eaton, Calleigh Bill, Lillian Poto and Meredith Schoenherr were selected for the MMEA All-State ensembles, while Quang Lam earned the distinction of being selected for Jazz All-State.

The NAHS induction followed the music honors. Elsie Gendron, NAHS chapter president, led the ceremony alongside fellow officers Daviney Sar, vice president, Hannah Morgan, treasurer, and Corinna Vitale, secretary. Congratulations to the new NAHS inductees: Kallu Charron, Rebecca Horton, Payton Kimball, Levi Mann and Leah Soucy. The evening concluded with an invitation to Open Studios and performances in the Agora and Red Wing, allowing families to experience student artistry firsthand.

#### Deck the halls with boughs from SRTC:

Landscape and Horticulture students at Sanford Regional Technical Center (SRTC) have been working hard to prepare for their Botanical Bonanza Holiday Plant Sale. Stop by the SRTC greenhouse until Dec. 20 during its hours of operation, 8 am to 10 am and 11 am to 1 pm (when school is in session) to purchase holiday greenery for the season. Wreaths and floral arrangements may be ordered at plantsplus@ sanford.org. House plants and succulents are also available.

# **Tune in to Seacoast** Oldies -SSN's **Newest**

**Sponsor** 



If you listen to Seacoast Oldies (104.3), you may have noticed that on Thursday mornings at around 9:15, host Andy Austin interviews someone from the Sanford Springvale News during the York County Morning Show. Our volunteers take turns going into the studio to talk to Andy and listeners about stories in that week's edition. We'd like to thank Seacoast Oldies and Andy for helping us publicize Sanford's only news publication and for becoming our newest sponsor. This collaboration helps us get the word out about our paper and will help us to grow. Tune in.

