

November 1, 2024

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Steady Stream of Voters Cast Ballots Early

By Gail Burnett

Thousands of Sanford residents decided to vote early or absentee in this year's presidential election, beating the expected crowds on Tuesday at the high school.

City Clerk Sue Cote said that as of Wednesday evening, 5,144 of the city's 16,558 registered voters had either asked for an absentee ballot or come into City Hall to vote. All but 780 of the requested absentee ballots had been returned.

"We've had over 100 people each day" since Oct. 7, when her office started keeping extended hours to enable voters to pick up ballots or vote, Cote said. This could rival the 2020 presidential election, when 43 percent of Sanford voters skipped going to the polls, up from less than 30 percent in 2016.

While voters had the covid pandemic in mind four years ago, this year many may be worried about long lines at the single consolidated polling place. Cote said she expects the wait on Tuesday will be shorter than many people are expecting. There will be 100 voting booths and 10 ballot boxes set up in the gym. Close to 100 people, including city staff and residents who volunteered, will be working that day.



Workers Shawn Lord and Peggy Booker-Turgeon help voters cast their ballots Wednesday at Sanford City Hall. Photo: Lee Burnett

"There's going to be good traffic flow in there," she said. Parking should not be a problem as high school and Regional Technical Center students will be learning remotely that day.

The poll will be open from 7 am to 8 pm on Tuesday. Under state law, residents who are not yet registered may do so just before voting. The last chance to vote early or get an absentee ballot, however, was Thursday. ■

Community CALENDAR

Compiled by Lisa Blanchette

Visit our Events Calendar at sanfordspringvale-news.com for more details.

Saturday, Nov. 2

- St. Thomas School Mingle Jingle 5K & Vendor Fair, 9 am, Memorial Gym, 678 Main St.
- Winter Growing & Gardening, 10 am, Eldredge Lumber, 1787 Main St.
- Thanksgiving dinner, 4:30 pm, St. Thomas School, 69 North Ave.
- Jocelyn Boucher-North Shore Medium, 6 pm, Performing Arts Center, 100 Alumni Blvd.

Sunday, Nov. 3

- Queers & Beers, 6 pm, River Junction Brewing Co., 1491 Main St.

Monday, Nov. 4

- Baby Rhyme Time, 10 am, Springvale Library, 443 Main St.
- Sanford Food Pantry, 10 am, 1204 Main St.
- Red Cross blood drive, 10 am, Nasson Community Center, 457 Main St., Springvale
- Lego Builders Club, 3 pm, Springvale Library

Tuesday, Nov. 5-Election Day

- Sanford/Springvale voting, 7 am, Sanford High School Door #41
- Toddle Time, 10 am and 5:30 pm, Sanford Memorial Gym, 678 Main St.
- Salvation Army Food Pantry, 10 am, 871 Main St.
- Family Story Time, 10:30 am, Goodall Library, 1364 Main St.
- Free Lunch at YCSP's Recovery Community Center, noon, 69 Brook St.
- York County Food Pantry, noon, YCSP, 5 Swett's Bridge Road, Alfred
- Cribbage, 2 pm, Springvale Library-Williams Reading Room
- Knit Lits, 3 pm, Springvale Library
- Bingo, 4 pm (doors open) 6 pm (games start), Sanford Elks Lodge, 13 Elm St.

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Lannigan Released on Bail, No Plea Entered

By Zendelle Bouchard

State Rep. Lucas Lanigan has been released on bail following his arraignment on a charge of domestic violence aggravated assault, a Class B felony that carries a penalty of up to 10 years imprisonment and a \$20,000 fine. His next court date will be in March.

Lanigan turned himself in to authorities on Monday, Oct. 28. At the arraignment hearing on Wednesday, District Court Judge John Lucy did not ask for a plea. The prosecution, led by Assistant District Attorney Linda Holdsworth-Donovan, had requested \$10,000 cash bail based on the gravity of the charge, while defense attorney William Bly of the

Maine Criminal Defense Group requested \$1,000 bail.

The victim made an emotional plea to have the charges dismissed, saying that she was angry, inebriated and attempting to harm herself, and that Lanigan was trying to stop her. "I got some bruises but it was not an assault... Luke was not trying to hurt me on purpose," she said.

Judge Lucy noted that it is not uncommon for victims in domestic violence cases to be upset and



State Rep. Lucas Lanigan

Cont'd on Page 2

Phat Cat SWINGER

NATIONAL TOUR!

Sanford Performing ARTS Center

Saturday, November 9-7pm

HOLLYWOOD'S HOTTEST LITTLE BIG BAND!

www.SanfordPAC.org

Russian-American Virtuosos in Concert

Press release

Classical music lovers will have an opportunity to hear two world-class musicians in concert at 3 pm on Sunday, Nov. 10, at the Sanford-Springvale Historical Museum, 505 Main St. Sergey Antonov and Ilya Kazantsev will perform music for cello and piano. Their program will feature compositions by Amy Beach, Frederic Chopin, Gregor Piatigorsky and Richard Strauss. In addition, the duo will perform two pieces by Dr. Morton Gold, distinguished local musician and composer.

These two virtuosos have performed around the world in some of the greatest concert halls, including Moscow's Rachmaninoff Hall and Saint Petersburg's Philharmonic Recital Hall. Both were child prodigies, having entered Tchaikovsky State Conservatory in Moscow before the age of 10.

Hailed as "a brilliant cellist" by the legendary Mstislav Rostropovich, Sergey Antonov went on to prove his mentor's proclamation when he became one of the youngest cellists ever awarded the gold medal at the world's premier musical contest, the quadrennial International Tchaikovsky Competition.

Pianist Ilya Kazantsev, praised by The Washington Post as "virtually flawless," has performed as a recitalist and a soloist with orchestras in Russia, Canada, Europe, and the United States. His many awards and honors include first prize at the Nikolai Rubinstein International Competition in France as well as



Pianist Ilya Kazantsev and cellist Sergey Antonov
Photo: Lisa-Marie Mazzucco

top prizes at the International Chopin Competition in Russia and the World Piano Competition in the US.

Tickets are \$20 and are available at kazantsev-antonov.eventbrite.com or by calling 207-651-1980. More concert information can be found at www.sanfordhistory.org ■

LANIGAN *Cont'd from Page 1*

to oppose criminal charges. He added that based on the arresting officer's statement, he was satisfied that probable cause has been met for the case to proceed. Adding that Lanigan has "no appreciable criminal record" and a low risk of re-offense, the judge set the cash bail at \$3,000. He also ruled that Lanigan cannot use or possess dangerous weapons and can have no contact of any kind with the victim.

The charges stemmed from an incident on the afternoon of Friday, Oct. 25. According to the

complaint filed by Sanford Police Sgt. Jeremy Riddle, the victim confronted Lanigan after finding him with another woman at Springvale Safe Storage on River Street. The complaint alleges that Lanigan choked the victim for approximately 20 seconds before she got away and called friends, who contacted police.

Sgt. Riddle noted that the victim had bruising on both sides of her neck as well as petechiae on her face, nose, and inside her mouth. Petechiae are small red spots caused by broken blood vessels, which are often present in cases of strangulation. Lanigan's attorney argued that the petechiae were caused by severe vomiting due to the victim taking Antabuse, a drug prescribed to deter alcohol use that causes vomiting and other side effects when alcohol is ingested.

The victim confirmed that she is in recovery and had been sober for 30 days prior to this incident.

Lanigan, a Republican, represents District 141 in the State Legislature, which includes parts of Sanford and Springvale as well as the towns of Shapleigh and Newfield. Reaction to the charges from House leadership has fallen along partisan lines, with Democrats calling for his immediate resignation and Republicans saying that was premature until he has had his day in court.

Lanigan is up for re-election on Tuesday. He is being challenged by Democrat Patricia Kidder of Springvale. According to a State House source who requested anonymity, if Lanigan wins re-election but later resigns or is removed, the seat would be filled by a special election.

No trial date has been set. A dispositional conference is scheduled for March 5, 2025, at which time the prosecution and defense will meet with the judge to discuss the merits of the evidence, the defense and any pretrial motions. ■

**A Strong Voice
for Sanford**



**STATE REPRESENTATIVE
DISTRICT 142**

**Re-Elect
Anne-Marie
MASTRACCIO**

**My public service over the
past 30 years as your Mayor,
State Legislator, Town
Councilor, and School
Committee Member has given
me a unique perspective on
our community's needs and
how best to meet them.**

Paid for and authorized by the candidate.

Survey Says: Don't Ban Cell Phones Now

By Andrew Morin, Sanford High School Student

Sanford schools will keep their current cell phone policy for now following a review of survey responses on the subject by the School Committee at an Oct. 21 workshop. Students, parents and staff members see cell phones differently according to the survey, but there is consensus that a complete ban is not necessary.

The policy now requires cell phones to be on silent and in a designated area to avoid disruptions during class. It also restricts their use during school hours to hall passing time, lunch, the bus, or any other time where it may be beneficial to use them. Committee members decided to continue monitoring enforcement efforts, which didn't really start until this school year.

The survey collected responses from about 1,500 students in the middle and high schools. The results were very supportive of the use of cellphones during school hours. Some students believed additional restrictions would be beneficial, but they were in the minority. The parent survey received about 970 responses. While most parents agree that students should be able to use their phones during school hours, many believe that there should be restrictions and that phones may have a negative influence on the students' time in school. Some parents also said their children should have access to cell phones in case of emergencies.



Photo: Pixabay

About 180 staff members also responded. Many said they feel that cell phones have a negative impact on the learning environment and that more restrictions need to be considered. Though most staff respondents believe that there are negative impacts of cell phone use during school, only about half favored banning them entirely. Many felt that despite the negatives of cell phones in school, they can have academic benefits.

Some on the committee said they were concerned about the survey itself. For instance, students and staff gave conflicting estimates of how much time students spend on phones and how distracting they are. Also, some questioned the decision to combine the results of the middle and high responses instead of looking at each separately. Separate surveys for middle and high school students are possible in the future. ■

CALENDAR *Cont'd from Page 1*

- Dulcimer Group, 6 pm, Goodall Library

Wednesday, Nov. 6

- Community Café, noon, Mayflower Place, 27 Mayflower Dr.
- Lego Club, 2:30 pm, Goodall Library
- Fiber Arts Group, 5 pm, Goodall Library
- Sam's Book Club-Pineapple Street-by J Jackson, 5:30 pm, Springvale Library
- Wednesday Night Bite free meal, 6 pm, Curtis Lake Church, 38 Westview Dr.
- Family History Library, 6:30 pm, Church of Jesus Christ, 25 Westview Dr.

Thursday, Nov. 7

- College & Career Fair, 9 am, SHS, 100 Alumni Blvd.
- Senior Food Mobile, 10 am, Crossroads United Methodist Church, 15 Grammar Rd.
- Sensory Story Time, 10 am, Springvale Library
- Free lunch at YCSP's Recovery Community Center, noon, 69 Brook St
- Food bank at St. Thérèse of Lisieux, noon, Holy Family Church, 66 North Ave.
- Free community meal, 5 pm, New Beginnings Christian Church, 181 Grammar Rd.
- Scrabble Night, 5 pm, Goodall Library
- Sanford Community Youth Alliance-Open Forum, 6 pm, Nasson Little Theatre

Friday, Nov. 8

- Salvation Army of Sanford Harvest Table food pantry, 9 am, 871 Main St.
- Salvation Army staples box distribution, 9 am, 871 Main St.

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Public Hearing Notice City Council Meeting Tuesday, November 12, 2024



The City Council will open a public hearing to seek and receive comments on the following:

An application submitted by Shamrock Fields of Maine LLC, 168 Country Club Rd, Unit F, Sanford, Maine, for a NEW Adult Use Marijuana Grower/Cultivator License.

The hearing will be conducted in person in the Sanford City Council Chambers and via remote video & teleconference at 6:00 P.M. on the date above-referenced. Members of the public wishing to join the meeting by phone should dial 1 (929) 205-6099 and use the meeting ID & Password provided in the link on the City of Sanford website calendar for the meeting date listed above: (www.sanfordmaine.org).

Public comments may be submitted via email to info@sanfordmaine.org in favor or against the requested license. TDD/TTY users may call local TTY number or 711. If you are physically unable to access any of the City's programs or services, please call Larisa Ricketts at (207) 324-9173 so that accommodations can be made.

Public Hearing Notice City Council Meeting Tuesday, November 12, 2024



The City Council will open a public hearing to seek and receive comments on the following:

An application submitted by GSM Consulting, 81 Industrial Ave, Unit B, Sanford, Maine, for a NEW Medical Marijuana Grower/Cultivator License.

The hearing will be conducted in person in the Sanford City Council Chambers and via remote video & teleconference at 6:00 P.M. on the date above-referenced. Members of the public wishing to join the meeting by phone should dial 1 (929) 205-6099 and use the meeting ID & Password provided in the link on the City of Sanford website calendar for the meeting date listed above: (www.sanfordmaine.org).

Public comments may be submitted via email to info@sanfordmaine.org in favor or against the requested license.

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York County Community College nursing students Zoe Lafleur-Kief, Jazmin Buck, and Susanna Maynard, standing left to right next to Sheila Dube, Springvale Library's youth services librarian, met with their "patients" at the library's Teddy Bear Clinic on Oct. 25. The stuffed animals were all cared for and their young owners learned about what to expect when visiting the doctor.

Photos: Springvale Library

Info on health insurance options at your fingertips:

Nasson Health Care recently posted a reminder that open enrollment for health coverage in Maine began Nov. 1. CoverME.gov, through the Maine Department of Health and Human Services, is the state's official health insurance marketplace where those needing coverage can shop for health plans and apply for financial help that can lower monthly premium and out-of-pocket costs. For those who

are uninsured and do not have access to affordable health insurance through their job, or for those who buy their own insurance, the website provides information to help people select the right coverage, including a comparison tool for choosing between different plans. FMI, visit the www.coverme.gov website.

Pull tab, help others: Every year, Great Bay Services collects can tab tops to benefit Ronald McDonald House Charities (RMHC) of Maine. The tabs are recycled and turned into a monetary donation, which helps Ronald McDonald House continue to provide housing and resources for the families of children with cancer while the children receive treatment. Great Bay

Services is grateful to Amvets Post 3 in Sanford for donating multiple bags of tabs to support its tab top drive this fall.

Can you spare some time? Books ReVisited at 882 Main St. in Sanford is seeking volunteers to work three-hour shifts. The store, which operates with an all-volunteer staff, sells used books and other items, including puzzles, CDs and DVDs, to help fund programs and services provided by York County Shelter Programs. FMI, call the store at 207-490-1320.

Cars for Homes may help you at tax time: Donating your vehicle to Habitat for Humanity's car donation program, Cars for Homes, helps support the organization's work in York County. Your donation helps to provide a family with a safe, stable home, and as an added bonus, you may qualify for a tax deduction. All types of vehicles may be donated, including cars, trucks, SUV's, RV's, motorcycles, boats, planes, snowmobiles, farm equipment, and more — whether they are running or not. FMI, visit habitat.org.

Nasson gets a new look: The building project at Nasson Community Center and Little Theatre is moving along. Phase 3 of the building's outside improvements and

Public Hearing Notice

Abandoned Buildings

Sanford City Council

November 12, 2024



The City Council of the City of Sanford, Maine will hold a public hearing on an Ordinance establishing standards for the abatement of blighted buildings as a category of vacant buildings pursuant to City Code, Chapter 149, Licensing; updating the definition for abandonment; establishing a fee for security of dangerous buildings; and other administrative amendments to Article VI. The meeting will be held on Tuesday, November 12, 2024 beginning at 6:00 p.m. in City Council Chambers, 919 Main Street, Sanford Maine and by remote methods, pursuant to 1 M.R.S.A. § 403-B(2)(D) and Section 6 of the City Council Rules of Procedure. Video and teleconference remote login information to participate by remote methods will be published on the City's website at www.sanfordmaine.org/meetings on and not necessarily before Saturday November 9, 2024. The Ordinance can be found on the City website under notices www.sanfordmaine.org/community/public_notices_.php The meeting will be broadcast live on local cable channel 26, YouTube and Town Hall Streams and archived at www.townhallstreams.com/towns/sanfordme

Public Hearing Notice

City Council Meeting

Tuesday, November 12, 2024



The City Council will open a public hearing to seek and receive comments on the following:

An application submitted by Jasmine Thai Kitchen 888, 459 Main Street, Springvale, Maine, for a NEW Liquor License with Malt, Spirituous and Vinous, privileges.

The hearing will be conducted in person in the Sanford City Council Chambers and via remote video & teleconference at 6:00 P.M. on the date above-referenced. Members of the public wishing to join the meeting by phone should dial 1 (929) 205-6099 and use the meeting ID & Password provided in the link on the City of Sanford website calendar for the meeting date listed above: (www.sanfordmaine.org).

Public comments may be submitted via email to info@sanfordmaine.org in favor or against the requested license.

TDD/TTY users may call local TTY number or 711 . If you are physically unable to access any of the City's programs or services, please call Larisa Ricketts at (207) 324-9173 so that accommodations can be made.

maintenance began with installing new vinyl siding for the gymnasium. Have you seen the new color?

Trafton Center travel eyes the Emerald Isle in 2025: The YMCA Trafton Senior Center is offering a “Shades of Ireland” trip, scheduled for 2025 from Oct. 30 to Nov. 8, during which travelers will have the chance to see many of the sites that have made this destination so special for so many people. From Dublin to Killarney to Galway and more, the Trafton Center’s travel partner, Collette, has it all planned. FMI, call the Trafton Center at 207-457-0080.

Curbside composting to end Dec. 2: Garbage to Garden is terminating its curbside composting service in Sanford, effective Dec. 2, 2024. The company’s enrollment numbers in the city have not grown sufficiently to support the costs of offering the service. Billing on customer accounts will be turned off Nov. 1. Buckets will be collected on the final service day, Dec. 2. The company will continue to accept city requests for Sanford through its website, and may reconsider offering the service in the future if there is more interest in participation. FMI, email info@garbage-togarden.org or call 207-332-0277.

Helping those less fortunate and a bonus for you: Through Thanksgiving, Ted’s Fried Clams at the Main Street Marketplace in Sanford is collecting non-perishable food items to donate to the York County Shelter Programs Food Pantry. Anyone who brings in a donation will get a coupon for 10 percent off their entire bill.



Nasson Health Care welcomes three new members to its health care team.
Photo: Nasson Health Care

Nasson welcomes new health care providers: Three new providers recently joined the Nasson Health Care team. Kathleen Ingellis has joined as a psychiatric nurse practitioner along with Melanie Busey, family nurse practitioner, and Erica Berube, behavioral health clinician. Read more about them at nassonhealthcare.org.

Quilt raffle to raise funds for land trust: A fall-themed “Silent Lake” quilt, generously donated by Knots & Bolts Creating Co. at 911 Main St., Sanford, is being raffled off to support Three Rivers Land Trust (TRLT). Raffle tickets, priced at three tickets for \$10, are available at

CALENDAR *Cont'd from Page 3*

- Homeschool Meet-Up, 10 am, Springvale Library
- York County Food Pantry, noon, YCSP, 5 Swetts Bridge Road, Alfred
- 14th Annual Harvest Dance, 6 pm, Sanford Elks, 13 Elm St.

Saturday, Nov. 9

- Christmas Craft/Vendor Fair 9 am, Sanford Christian Academy gym, 25 Riverside Ave.
- Annual Christmas craft fair, 9 am, Trafton Senior Center, 19 Elm St.
- Free Reiki circle, 10 am, Springvale Library
- Organic Mushroom Gardening 101, 10 am, Eldredge Lumber, 1787 Main St.
- Paint party, 1 pm, Curtis Lake Church, 38 Westview Dr.
- “Phat Cat Swinger,” 7 pm, Sanford Performing Arts Center, 100 Alumni Blvd.

Sunday, Nov. 10

- Cello & piano-S Antonov & I Kazantsev, 3 pm, Historical Society, 505 Main St., Spvl. ■

the TRLT website or at the Knots & Bolts shop. The drawing for the quilt, which is on display at the shop, will be held Nov. 14 at 6 pm.

Parking ban on Miller Street Nov. 4 - Nov. 8: The Sanford Department of Public Works has announced a parking ban on Miller Street in effect Nov. 4 through Nov.

Cont'd on Page 7

PUBLIC HEARING NOTICE

The Sanford City Council will hold public hearings and receive written and oral comments at its November 12, 2024 meeting, starting at 6:00 pm, regarding:

- Proposed changes to Chapter 280 of the Sanford City Ordinances pertaining to Medical Marijuana Office provisions.
- Proposed Ordinance revision to §280-11-6 Urban Zone to reformat the chapter in conformance with other zone chapters, remove the minimum unit sizes from the Ordinance, and allow for alternate lot layouts to encourage urban infill development.
- Proposed Ordinance revision to §280-14-13 Signs subsection I to allow historical and artistic signage to remain on buildings following the closure of a business and not be counted towards the total allowable signage of a new business, at the discretion of the Planning Board.

The hearing will be held in Council Chambers at City Hall, 919 Main Street, Sanford, or via remote video and teleconference. Testimony may be provided in person, via mail or email, or via Zoom. The meeting will be broadcast on cable channel 26 and online at <https://townhallstreams.com/towns/sanfordme>. Comments may be submitted in person, via mail, email, or at www.sanfordmaine.org under Email City Departments/City Council. Meeting information, including how to connect via Zoom, is provided at www.sanfordmaine.org. Questions or written comments should be directed to the Planning Office at 324-9150 or jlbabcock@sanfordmaine.org.



Business Notes: Openings, Moves & Expansions; Subway Closes

By Zendelle Bouchard

Downtown

A brand-new business opened this past weekend at Main Street Marketplace (formerly Midtown Mall). **Hammer & Stain** York County offers evening and weekend DIY crafting and art workshop experiences. At their inaugural workshop, participants painted ceramic Christmas decorations including trees, sleighs and more. Some of the other workshops planned for November include seaglass and retro ceramic Christmas trees and cozy knit blankets. Visit their website for more info and to sign up: <https://hammerandstainyorkcounty.com/>.

Business has been booming at **Ted's Fried Clams**, and owner Jason Cole expects to expand into a larger space so he can bring back Rock House Ice Cream. He plans to keep the Sanford location open after the Shapleigh location reopens in 2025.

Springvale

The long-anticipated **Meeting Grounds Café** will have its grand opening on Monday, Dec. 2 at 6 am. The restaurant, located in the former home of Springvale Florist, will serve gourmet coffee, breakfast sandwiches and pastries, as well as soup, salad, and sandwiches.



Painting gnomes at Hammer & Stain; appliances awaiting their next assignment at Main St. Appliance.

Photos by Hammer & Stain and Zendelle Bouchard

South Sanford

Main St. Appliance at the Center for Shopping is about to get a lot more visible when their new sign is delivered and installed in the next week or so. Owner Phil Attardi, who moved operations from his former location in Marden's Plaza a few months ago, is planning a grand opening after the New Year, but is open now offering scratch-and-dent new appliances as well as used ones. Service on all makes and models, regardless of where you purchased them, is also available.

Also, at the Center for Shopping, construction workers have finished demolition of the interior of the former Marshall's store, which will be remodeled to become the home of the newest **Ollie's Bargain Outlet**. Ollie's is a discount retailer with more than 500 locations across the U.S.

The former **Smitty's Cinema** in that plaza has also been gutted, and rumors are that it will be rebuilt into a Harbor Freight store.

Exterior construction on the new **Starbucks**, in the former Bank of America building, has largely wrapped up, and crews are now working hard to get the interior ready to open. They are hiring now.

Just down the street, **OTTO Pizza** is also hiring and remodeling the former Country Egg Café location, with plans to open in November.

ROC Upholstery and Furniture Repair has moved from its South Sanford location to a new, larger space at 424 Alfred Rd. (Route 4), in the former home of Pip's.

Subway Closings

The Subway restaurants at the Center for Shopping and in Springvale abruptly closed this week, along with several other locations in southern Maine run by the same franchisee. Employees were not given advance notice. Signs on the doors say the stores are temporarily closed and will reopen soon. The parent corporation has closed more than 6,500 locations across the country in the past eight years, including several in Maine that later reopened. ■



Main Street Marketplace
890 Main Street - Sanford
Phone: 207-850-1114
Order Online! Website:
www.tedsfriedclamsmaine.com
Menu Available Online Also!

November Food Drive!
Bring a donation of any non-perishable food item to help us collect for area families who could use a little extra help this holiday season! When you bring in a donation, we will give you a coupon for 10% of your next order! All food will be donated to the York County Shelter Program Food Pantry.

Free Thanksgiving Community Meal!
Ted's Fried Clams in Sanford will be open on Thanksgiving from 11am to 2pm to provide a FREE Thanksgiving Dinner to Anyone Who May Not Have a Place to Go on Thanksgiving Day! www.tedsfriedclamsmaine.com for More Information

FALL HOURS
Open Tuesday to Sunday 11am - 7pm
Closed Sunday and Monday (While We Train Additional Staff)

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NEWS NOTES *Cont'd from Page 5*

8, from 6 am to 7 pm each day. Vehicles are subject to towing if parked on the public way during the ban. Overnight parking is permitted in the Benton Park parking lot on Roberts Street and the Heritage Crossing parking lot.

A photo op with the Wienermobile?

Relish the moment: The Oscar Mayer Wienermobile is coming to Sanford on Nov. 16 for the Annual 5K/10K Turkey Trot and 1-Mile Dog Jog/Walk. The race, hosted by Sanford Parks and Recreation, starts at 9 am, with check-in from 8 am to 8:45 am at the Memorial Gym Cafeteria, 678 Main St. Online registration must be done before midnight on Nov. 13. Bring a non-perishable food item to the event for the seasonal food drive. FMI and to register, go to sanfordme.myrec.com

Fall prevention for every season: Southern Maine Agency on Aging (SMAA) is offering “A Matter of Balance,” a free, discussion-based class mixed with some gentle exercise for people aged 60 and older. Participants will learn falls prevention tips and tricks, how to increase activity levels to improve strength and balance, and how to make safety changes in their home. Classes will be held on Mondays

and Wednesdays, 10 am to 12 pm, from Nov. 13 to Dec. 16 at the Anderson Learning Center, 21 Bradeen St., Springvale. Pre-registration is required. To register, go to SMAA’s website: smaa.org.

A book reading to delight young

families: Ashlee Ridlon, a local Maine children’s author, will visit Sanford Community Adult Education (SCAE) at 668 Main St. on Nov. 16, from 11 am to 12:30 pm, for an interactive reading of her latest book, “The Ordinary Snowflake, A Tale on Finding Your Sparkle!” Ridlon brings the story to life with expressive storytelling, and invites children to join in with sound effects, character voices, and more. The event will include a book signing as well as craft stations and coloring pages inspired by the book. Space is limited, so reserve a spot by calling SCAE at 207-490-5145. As a bonus, the first 50 families to register will receive a free copy of the book.

SCYA Open Forum scheduled for

Nov. 7: The Sanford Community Youth Alliance will hold an Open Forum on Nov. 7 at 6 pm at the Nason Little Theatre for anyone interested in learning about the organization and the work they do to help unaccompanied youth in Sanford/Springvale. FMI, email cpattershall@sanford.org. ■



The Mission of the Sanford Springvale News is to produce a free weekly publication that provides current and factual information about what is happening in Sanford and Springvale.

News and stories are published in print, electronically and posted on Facebook.

PO Box 958, Sanford, ME 04073
SanfordSpringvaleNews.com

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PUBLIC HEARING NOTICE

The Sanford Planning Board will hold a public hearing and receive written and oral comments at its **November 6, 2024 meeting, starting at 6:30 pm**, on applications for the following projects:

- File # R9-63 - 137 Shaw Rd – Sanford-Springvale Soccer Association – Zone Change - Request for a Zoning Map Amendment to change lots R9-63 and R9-64 from Rural Residential Zone to Urban Zone to allow a year-round food truck park in the existing gravel parking lot, in conjunction with the continued use of youth sport programming.
- R8-69 – Hanson’s Ridge Rd – Kiwanis Club - Zone Change - Request for a Zoning Map Amendment to change lot R8-69 from Residential Development Zone to Urban Zone to allow for the use of private sewerage systems, in conjunction with single family residential construction.
- File R12G-9 - 17 Oak Ridge Rd - Commercial Farm Site Plan – Application and site plan for change of use from single family residential to commercial farm due to the number of chickens on site surpassing the number allowed by the Residential Domesticated Chickens Ordinance.

The hearings will be held in Council Chambers at City Hall, 919 Main Street, Sanford, or via remote video and teleconference. Testimony may be provided in person, via mail or email, or via Zoom. Meeting information, including how to connect via Zoom, is provided at www.sanfordmaine.org. Questions or written comments should be directed to the Planning Office at 324-9150 or jlbabcock@sanfordmaine.org.



OUT IN THE WOODS

By Kevin McKeon, Maine Master Naturalist

Tree Burls a Bit of a Mystery

Burls can be found on many tree species, but most often on oaks, maples, and cherries. Many woodworkers and woodturners are interested in the unusual grain patterns and colors found in burlwood. But what causes them to grow at all?

According to Kevin Smith, supervisory plant physiologist with the U.S. Forest Service, “A burl is the result of hyperplasia, a greatly abnormal proliferation of xylem production by the vascular cambium.” In other words, an area of a tree produces a wildly random growth pattern that’s initiated by hormonal changes.

What causes the hormonal changes? A theory for burl formation and growth is that it could be the tree’s protective reaction to an invasion of a bacteria, virus, or fungus, possibly initiated by insect attack. An insect causes a tiny injury in the tree while looking for food, sap, or an egg-laying spot, which opens a tiny wound that allows the virus or fungus entry. And sometimes burls form around an area of branch removal or damage. So, the tree may try to isolate the viral or fungal invasion by surrounding it with woody growth — the same process that oak trees



Burls on a multi-stemmed oak tree at Hall Environmental Reserve in Springvale
Photo: Kevin McKeon

use when they make those grape-like oak galls we see on our trail walks. Since the invasion doesn’t necessarily follow circular or straight lines of attack, the woody protective growth tends to be erratic as the tree’s growth follows the invasion. The burl grows, forming beautifully figured grain patterns that woodworkers love for their bowl turnings and clock faces.

If burl formation were better understood, commercial production would be possible to form a reliable source for marketing artisanal woodworking burls. A challenge to the market would be that the final appearance of the grain figuring

is highly unpredictable, known only after a burl is cut into workable pieces. Another is that the twisting and turning grain patterns typically result in a weakness in structure, so the finished product would need to be a “form-over-function” product, unable to withstand common stresses that normal wood can.

Burls don’t seem to cause fatal damage to the tree, or even hurt it at all. But the random growth nature of the burl could cause an area of weakness, or even allow further invasive attacks by other pathogens. Foresters seem to be in general agreement that, for the overall health of the tree, it’s best to simply let the burl grow. Removing a large burl causes a wound that would offer entry to a host of pathogens and insects that could result in decay and tree death; Healing from such a wound would be extremely difficult.

So enjoy burls where you happen upon them, growing happily in their habitat and giving us trail walkers yet another opportunity to stop and ponder nature’s wonders and mysteries!

Editor’s note: *Did you see something unusual last time you were out in the woods? Were you puzzled or surprised by something you saw? Ask our “Out in the Woods” columnist Kevin McKeon. He’ll be happy to investigate and try to answer your questions. Email him directly at: kpm@metrocast.net ■*

NOTICE OF PUBLIC HEARING: EMERGENCY ORDINANCE TO REGULATE SYRINGE SERVICE PROGRAMS TO A 1:1 EXCHANGE OF HYPODERMIC APPARATUS WHEN OPERATING IN SANFORD



Notice is hereby given that the Sanford City Council will hold a public hearing at 6:00 PM on Tuesday, November 12, 2024 in person at City Hall Council Chambers, 919 Main Street, Third Floor, Sanford, Maine and via remote video and teleconference pursuant to 1 MRSA §403-B (2) (D) and section 6 of the Sanford City Council Rules of Procedure. The purpose of this public hearing is to discuss an Emergency Ordinance to regulate Syringe Service Programs to a 1:1 exchange of hypodermic apparatus when operating in the City of Sanford.

The proposed Emergency Ordinance can be viewed by visiting the City of Sanford website at www.sanfordmaine.org and clicking on Public Notices, or by visiting the City Clerk’s office in Sanford City Hall.

Instructions for joining the meeting in-person and by remote methods are posted on the City’s website, sanfordmaine.org, on the Meetings calendar. The meeting will be broadcast on cable channel 26, and will be recorded and archived at <https://townhallstreams.com/towns/sanfordme>.

NOTICE OF PUBLIC HEARING: EXTENSION OF MORATORIUM ON CONSTRUCTION OF CAMPGROUNDS



Notice is hereby given that the Sanford City Council will hold a public hearing at 6:00 PM on Tuesday, November 12, 2024 in person at City Hall Council Chambers, 919 Main Street, Third Floor, Sanford, Maine and via remote video and teleconference pursuant to 1 MRSA §403-B (2) (D) and section 6 of the Sanford City Council Rules of Procedure. The purpose of this public hearing is to discuss extension of a Moratorium on construction of new campgrounds in the City of Sanford.

The proposed Ordinance can be viewed by visiting the City of Sanford website at www.sanfordmaine.org and clicking on Public Notices, or by visiting the City Clerk’s office in Sanford City Hall.

Instructions for joining the meeting in-person and by remote methods are posted on the City’s website, sanfordmaine.org, on the Meetings calendar. The meeting will be broadcast on cable channel 26, and will be recorded and archived at <https://townhallstreams.com/towns/sanfordme>.

Phat Cat Swinger Comes to Town

Press release

Experience the “little-big band” that is defining a new Golden Era of music at Sanford Performing Arts Center. Show-time is 7 pm on Saturday, Nov. 9.

Phat Cat Swinger is the ultimate pop-swing band that brings the vibes of all the favorites. Phat Cat Swinger recasts the sounds and feels of Sinatra, Michael Bubl  and Bruno Mars with Big Bad Voodoo Daddy and Brian Setzer. Led by founder Marco Palos and a main feature on The Disneyland Resort stages, this 11-piece powerhouse blends rock, swing, and jazz with modern flair. Their legendary performances bring electrifying energy that will get everyone out of their seats!

Tickets are \$35–\$56, with discounts for subscribers, students, seniors and military veterans. For ticket information, visit sanfordpac.org call the box office at (207) 206-1126 or visit in person Tuesdays and Thursdays between 9 am-noon. ■



Photo: Courtesy

Thank You

Our heartfelt gratitude to the following recent donors:

- *Mary Blood
- *Patricia Herrick
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SCHOOL NOTES

Compiled by Carolyn Cadigan



The Sanford High School Marching Band performs their "Beacon" production to earn gold at the Maine Band Directors' Association finals competition on Oct. 26. Photo: Sanford School Department

Nothing but gold for SHS marching band:

The Sanford High School (SHS) Marching Band put on a gold-medal performance on Oct. 26 at the Maine Band Directors' Association state finals held at Alumni Stadium. This year's "Beacon" production earned five-star ratings across all categories, including music, general effect, color guard, percussion, visual, and drum major. The production, drawing inspiration from Henry Wadsworth Longfellow's poems "The Lighthouse" and "The Tide Rises, the Tide Falls," celebrated the majesty of Maine's coastal lighthouses, bringing their strength and beauty to life through music and movement. "These guys continued to pursue excellence

and reached new heights this year," said SHS Music Director Hailey Francoeur.

SHS mentors gain experience and provide classroom support: A number of Sanford High School (SHS) students are making a significant impact in the district's elementary and middle schools through a longstanding mentoring program. The initiative, which began more than 15 years ago, allows high school students to earn elective credit or fulfill community service requirements while providing valuable support to younger Sanford students. Seniors in good academic standing can apply to become mentors. Among this semester's mentors is SHS senior Tala Soule, who assists in Laura

Houle's second-grade math class at Carl J. Lamb Elementary School four days a week for an hour. A total of 10 SHS students are serving as mentors across the district this semester, ensuring the program's positive impact is felt throughout the community. The program offers more than just community service hours. It provides students with real-world experiences that can shape their future career paths. Read the full story at sanford.org.

Remote learning Nov. 5 for SHS, SRTC students: Since voting will take place at Sanford High School on Nov. 5, a remote learning day is scheduled for Sanford High School and Sanford Regional Technical Center. Students will not attend classes on campus that day as all learning activities will be conducted remotely. Students will access their assignments through Google Classroom. Staff will be present on campus.

Meet and greet for college and career planning: This year's annual College and Career Fair for students of Sanford High School and Sanford Regional Technical Center will take place on campus in the Competition Gym on Nov. 7. FMI, go to sanford.org. ■

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Jonathan Wells, a retired railroad engineer and railroad historian, entertained a capacity crowd at the Sanford Springvale Historical Museum on Sunday afternoon with stories, slides and videos of the railroads that ran through Springvale up until 1961. That was followed by a short presentation by Lee Burnett about efforts to re-home granite mile markers to the Rail Trail to commemorate the railroad era.

Photo: Lee Burnett

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Public Notice - Sanford Sewerage District

Title 40 of the Code of Federal Regulations of The United States Environmental Protection Agency Part 403.8(f)(2)(vii) requires that the Sanford Sewerage District's Industrial Pretreatment Program publish a notice identifying all significant Industrial Users that have been in significant non-compliance with applicable sewer discharge regulations. The following companies were considered in significant non-compliance for the 2024 pretreatment year.

Industry

GVS North America

Northeast Coating Technologies

Violation

Late Semi-Annual Monitoring Report, Exceedance of Local pH Discharge Limits & Failure to Report pH Exceedance

Missing Semi-Annual Monitoring Report, Exceedance of Local Nickel & Aluminum Discharge Limits

GVS North America: Like all permitted industrial users, this company is required to submit two annual monitoring reports per year. Their second report of 2024 was over forty-five (45) days late, constituting significant noncompliance. Additionally, within this late report there were three (3) instances of non-compliant pH limit discharge. These violations were not reported...constituting another violation. Per their permit, GVS is required to report any accidental discharge within 24 hours. We were not made aware of these discharges until over ten (10) months later. This constitutes another event of significant non-compliance.

Northeast Coating Technologies: Like all permitted industrial users, this company is required to submit two annual monitoring reports per year. At the time of this writing, their second report has still not been submitted. At this point, the report is over one hundred and six (106) days late. Additionally, this company has had exceedances of nickel and aluminum, well over local limits, in their wastewater analysis. Both violations constitute significant non-compliance.

For additional information, please contact the pretreatment supervisor as 207 324 5313.

SPORTS NOTES

By Sam Bonsey, Sanford Schools Communications Coordinator

SHS field hockey drops heart-breaker to Thornton Academy in Class A South playoffs

The Sanford High School field hockey team dropped a 2-1 heartbreaker to Thornton Academy in a quarterfinal matchup in the Class A South playoffs at Alumni Stadium on Tuesday, October 29.

Ellie Davis gave the Spartans a 1-0 lead, scoring on a break-away in the second quarter, but the Trojans tied it in the third and then took the lead for good with 5:56 remaining in the game. The Spartans finished the season at 8-5.

Youth Basketball Registration Opens in Sanford-Springvale

The Sanford Springvale Basketball Association has launched its youth recreational basketball program for PreK-8th grade students.



The program includes regular practices, weekly games, and jerseys, which will be distributed at the first practice or game.

Team photos will be available this season. ConvenientMD Urgent Care is serving as the season sponsor.

For registration details, contact the Sanford Springvale Basketball Association.

CORRECTIONS

In an article about the **cleanup of the Route 4/Route 109 roundabout**, the photo credit and cleanup organizer were misstated. Bridget Salantri took the photo and organized the work parties. The Sanford Springvale News regrets the errors.

The names of some winners of the Oct. 19 **Lip Sync Showdown** were inadvertently left out of our story last week. Winning groups were: The Sanford High School field hockey team, Margaret Chase Smith School PTA, the Sanford Fire Department, Sanford/Springvale Rotary, the Sanford School Committee, and the SHS faculty, which tied with the Theater Club. Northern Explosion won the Judges' Award and the Sanford Police Department won the Director's Award. The event raised money for the Sanford Backpack Program. ■

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Public Hearing Notice Notice of Intent to File

Please take notice that RED LLC, P.O. Box 1917, Sanford, ME, 207-651-4529 is intending to file a Stormwater Law permit application with the Maine Department of Environmental Protection pursuant to the provisions of 38 M.R.S.A. § 420-D on or about August 29, 2024.

This application is for Development of a 1.9 acre parcel into a new 5-lot residential subdivision and 2 private ways at the following location on Clarke Ave. and Camp Street (paper streets), east of Boothby Ave. in Sanford, Maine.

A request for a public hearing or a request that the Board of Environmental Protection assume jurisdiction over this application must be received by the Department in writing, no later than 20 days after the application is found by the Department to be complete and is accepted for processing. A public hearing may or may not be held at the discretion of the Commissioner or Board of Environmental Protection. Public comment on the application will be accepted throughout the processing of the application.

For Federally licensed, permitted, or funded activities in the Coastal Zone, review of this application shall also constitute the State's consistency review in accordance with the Maine Coastal Program pursuant to Section 307 of the federal Coastal Zone Management Act, 16 U.S.C. § 1456.

The application will be filed for public inspection at the Department of Environmental Protection's office in (Portland, Augusta or Bangor) during normal working hours. A copy of the application may also be seen at the municipal offices in Sanford, Maine.

Written public comments may be sent to the regional office in Portland, where the application is filed for public inspection. MDEP, Southern Maine Regional Office, 312 Canco Road, Portland, Maine 04103

PASSAGES

Compiled by Rev. Susan Murphy

John D. Ballenger, known as “Jack”, 56, of Sanford died peacefully on October 22, 2024, at Gosnell Memorial Hospice House in Scarborough. A Celebration of Life will be held from 11 to 2 pm on November 16 at River Junction Brewing, 1491 Main Street, Sanford.

Richard M. “Ricky” Bernier, 67, of Biddeford, passed away peacefully on Tuesday, October 22, 2024, at Southridge Rehab and Living Center in Biddeford. A Mass of Christian Burial was held at on October 31 at St. Therese of Lisieux Parish, Holy Family Church. Interment was in the family plot at Limington Village Cemetery in Limington.

Donald (Donnie) Richard Kerrigan, 88, died peacefully in his sleep on October 16th at MaineHealth Maine Medical Center Biddeford. An intimate graveside service will be held at Notre Dame Cemetery in Springvale.

Michael R. Normand, 68, of Manchester, NH, passed away on Wednesday, September 25, 2024 at Gosnell Memorial Hospice House in Scarborough. A Mass of Christian Burial will be celebrated on Saturday November 9th, 2024, at 10 am at Saint Therese of Lisieux Parish (Holy Family) 66 North Ave. Sanford, ME. Mass will be said by fellow classmate Father David Raymond. He requested that his remains be buried at sea. ■

Witches on the Water 2024

Photos 1 & 2: Connie Garber
Photo 3: Corey Burns



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New Adult Day Program in Springvale!



SMAA's Adult Day Programs are geared toward older adults with Alzheimer's and other dementias. For more information or to schedule a tour of our Springvale or Biddeford locations, contact us at 207.396.6508 or ngarnity@smaa.org.



REAL ESTATE TRANSACTIONS

Compiled by Carolyn Cadigan



15 York St. (10/21 closing, listed below)

10/16, 41 Emerson St., 5-room New Englander, 1 bed/1 bath, sunroom, walkout basement, porch, shed, walking distance to downtown, \$150,000

10/21, 15 York St., 6-room Ranch, 2 bed/1 bath, eat-in kitchen, family room, bonus room, finished basement, attached 1-car garage, fenced-in backyard, intown, \$275,000 (pictured above)

10/21, Lot 5 Jagger Mill Rd., 5-room Ranch, 3 bed/1 bath, unfinished basement, .78 acre in Fletcher Farms development, to be built, \$325,000

10/23, 27 Thompson St., 7-room New Englander, 4 bed/2 bath, bedroom and laundry room on first floor, full basement, covered porch, corner lot, intown, built in 1887, \$199,999



21 Dry Brook Dr., Springvale (10/24 closing, listed below)

10/24, 21 Dry Brook Dr., Springvale, 7-room Colonial, 3 bed/1.5 bath, laundry on first floor, bonus room, finished walk-out basement, attached 2-car garage, deck, farmer's porch, private backyard, corner lot, 1.03 acres, built in 2024, \$529,000 (pictured above)

10/24, 44 Redwood Lane, 7-room Colonial, 3 bed/2.5 bath, primary bedroom with ensuite, pantry, laundry on first floor, bonus room, unfinished walk-out basement, attached 2-car garage, deck, covered porch, on cul-de-sac, 1.42 acres, built in 2024, \$565,000

10/24, 3 Ethans Way, 6-room Colonial, 3 bed/2.5 bath, primary bedroom with ensuite, laundry on first floor, unfinished basement, deck, wooded lot, 1.03 acres, built in 2021, \$465,000



5 Dale St. (10/25 closing, listed below)

10/25, 5 Dale St., 5-room New Englander, 3 bed/2 bath, primary bedroom with ensuite on first floor, unfinished basement, metal roof, deck, covered porch, shed, fenced-in backyard, intown, \$324,000 (pictured above)

10/25, 263 Sunset Rd., Springvale, 5-room Cape, 2 bed/1.5 bath, unfinished basement, attached 1.5-car garage, covered porch, two sheds, 1.17 acres, \$350,000. ■

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Includes 3 ribs, smoked pulled chicken, pulled pork, sausage, Carolina sauce. **Includes 2 SIDES** \$ 29.⁹⁵

1/2 Rack of Baby Back Ribs (about 6 or 7 ribs).
Seasoned with our secret dry rub. **Includes 2 SIDES** \$ 24.⁹⁵

Full Rack of Baby Back Ribs (about 14 ribs).
Seasoned with our secret dry rub. **Includes 2 SIDES** \$ 37.⁹⁵

Smoked Pulled Pork
Includes Carolina sauce, **and 2 SIDES.** \$ 24.⁹⁵

Smoked Pulled Chicken with 2 SIDES \$ 22.⁹⁵

Chicken Fingers (6) with pickle and 2 SIDES \$ 16.⁹⁵

"The Ridge" Signature Salad

Smoked pulled chicken or pork, Romaine lettuce, swiss cheese, cashews, raisins, pears, Gala apples, & homemade lemon poppyseed dressing. \$ 19.⁹⁵

Sides

Included with Meal or Sandwich

Chips & Pickle \$ 2.⁹⁵

Beans \$ 3.⁹⁵

Cole Slaw \$ 3.⁹⁵

Cornbread (grilled w/ butter & honey) \$ 4.⁹⁵

Cheesy Potatoes \$ 4.⁹⁵

French Fries \$ 4.⁹⁵

Sweet Potato Fries \$ 4.⁹⁵

Mozzarella Sticks \$ 6.⁹⁵

Sandwiches

Choose 1 Side

Smoked Pulled Pork with 1 SIDE \$16.⁹⁵
on a buttered, grilled bun with BBQ or Carolina Sauce on the side.

Smoked Pulled Chicken with 1 SIDE \$15.⁹⁵
on a buttered, grilled bun with BBQ sauce on side, chips and pickle.

Char-Grilled Angus Burger with 1 SIDE \$16.⁹⁵
Double patty burger with cheese, on a buttered, grilled bun, chips and pickle.

Grilled Hot Dog \$ 6.⁹⁵
On Brioche bun with fries

Grilled Cheese with 1 SIDE \$ 6.⁹⁵
On Sourdough bread with fries

Kids Kid Meals include Chips & Pickle Add \$1.⁰⁰ for French Fries

Grilled Hot Dog on white bun \$ 5.⁹⁵

Grilled Cheese on white or whole wheat \$ 5.⁹⁵

Chicken Fingers (4) \$ 7.⁹⁵

Cheeseburger (Angus Beef) \$ 8.⁹⁵

Just Meat

Sides Not Included

1/2 Rack Baby Back Ribs (about 6 or 7 ribs) \$21.⁹⁵

Full Rack Baby Back Ribs (about 14 ribs) \$34.⁹⁵

Pulled Pork (cup) \$19.⁹⁵

Pulled Chicken (cup) \$18.⁹⁵

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