# Sanford Springvale NEWS

### Nonprofit newsletter produced with volunteers

August 23, 2024

### Group Seeks to Reverse Polling Place Consolidation

By Renée Morin

Five Sanford-Springvale voters are seeking to circulate a petition to overturn the City Council's decision to have all votes cast at one polling place instead of three, beginning with the Nov. 5 election.

If they're successful, the group – calling itself the Overrule Committee – would have 30 days to collect signatures from at least 5 percent, or 797 of the city's registered voters. This could lead to a public hearing and then a referendum if enough signatures are validated. A referendum would take place next June at the earliest.



The council's Aug. 6 vote to consolidate

polling at Sanford High School for greater efficiency and safety followed a public hearing featuring a few supporters and many opponents and has since sparked criticism online. The vote was 5-2, with councilors Nathan Hitchcock and Jonathan Martell dissenting. Opponents say the change will make it harder for residents to vote, especially if they have transportation or

Cont'd on Page 5



### Updated List of Open Positions for Municipal Election

Compiled by Zendelle Bouchard

City Clerk Sue Cote has issued an updated list of municipal offices that are up for election on Nov. 5. One of the School Committee positions was inadvertently left off the original announced list. Here is the full list of available positions:

- One two-year term as mayor. Incumbent: Becky Brink
- Two three-year terms on the City Council. Incumbents: Ayn Hanselmann, Nathaniel Hitchcock
- One three-year term on the School Committee. Incumbent: Jennifer Davie
- One one-year term on the School Committee, to fill an unexpired term. Incumbent: Emily Sheffield

- One position for trustee of the Sanford Water District, a three-year term. Incumbent: Brian Samia
- One position for a three-year term as a Sanford Sewerage District trustee. Incumbent: Paul Demers
- One position to fill an unexpired term as Sewerage District trustee, to run from Nov. 6, 2024, to Dec. 31, 2026. Incumbent: Kevin Eaton

To qualify for municipal office, candidates must be registered voters whose principal place of residence is in the City of

Cont'd on Page 2

### Community CALENDAR

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Free

Compiled by Lisa Blanchette

Visit our Events Calendar at Sanfordspringvalenews.com for more details.

#### Saturday, Aug. 24

- Yoga at the Orchards, 8 am, McDougal Orchard, 201 Hanson Ridge Rd., Springvale
- Sanford Farmers' Market, 8 am, Central Park, 920 Main St.
- School Supplies Distribution, 9 am, Curtis Lake Church, 38 Westview Dr.
- Baby Blessings, 10 am, St. George's Episcopal Church, 3 Emerson St.
- The Wintery Mix, 6 pm, River Junction Brewing, 1491 Main St.
- An Evening of Amateur Boxing, 7 pm, Memorial Gymnasium, 678 Main St.
- Movie Night Under the Stars, 7 pm, Shaw Field, 137 Shaw's Ridge Rd.

#### Sunday, Aug. 25

St. Thomas School Open House, 11 am, 69 North Ave.

#### Monday, Aug. 26

- Sanford Food Pantry, 10 am, 1204 Main St.
- Baby Rhyme Time, 10 am, Springvale Public Library, 443 Main St.
- Middle School Incoming 6th-8th Grade Student School Tours, 10 am, 52 Spartan Dr.
- Red Cross Blood Drive, noon, Preble Lodge #143, 16 Elm St.
- Lego Builders Club, 3 pm, Springvale Public Library

Tuesday, Aug. 27

- Salvation Army Food Pantry, 10 am, Salvation Army of Sanford, 871 Main St.
- Middle School Incoming 5th Grade Student School Tours, 10 am, 52 Spartan Dr.
- Free Lunch at YCSP's Recovery Community Center, noon, 69 Brook St.

#### Cont'd on Page 3

A spectacular curated talent showcase starring performers from Sanford and York County!

#### Saturday, September 14 7:00PM

Presented in partnership with Sanford Arts Commission



### **Chicken Ordinance Causing Headaches**

By Zendelle Bouchard

With poultry-related problems on the increase, city officials are questioning the need for the 10-year-old city chicken ordinance. Planning and Codes Director Jamie Cole told the City Council's Zoning Subcommittee on Aug. 13 that rats attracted by chickens are becoming a health hazard in the city and neighbors are complaining about the noise and smell.

The city's chicken ordinance, adopted in 2014, allows residents to keep up to six chickens in some residential areas. Only hens are allowed, no roosters.

Cole said the city is currently dealing with a situation on School Street where a homeowner is keeping at least 150 chickens, including about 70 roosters. The case is pending before the board of appeals, but he expects it to go to Superior Court from there. He said Code Enforcement Officer Aaron Lederer is spending about 20% of his time dealing with chicken complaints.

Enforcement of the ordinance has been complicated by the 2021 state referendum in which voters approved adding an ambiguous "right to food" clause to the state constitution, which states "all individuals have the right to grow, raise, harvest, produce



and consume the food of their own choosing for their own nourishment, sustenance, bodily health and well-being."

Fire Chief Scott Susi, who also serves as the city's Health Officer, said he saw "some very healthy rats" during an inspection of the School Street property. He said chickens weren't the only issue; there are also goats and other animals, and he is concerned about the ground water impact.

Deputy Mayor Maura Herlihy said it is up to the state legislature to come up with a solution that will allow a right to food that doesn't result in health and safety issues.

Time ran out in the meeting, but subcommittee members expect to hear an update in September. ■

#### **OPEN POSITIONS** Cont'd from page 1

Sanford. Candidates must obtain a minimum number of signatures of registered voters in Sanford/Springvale.

- For mayor, city councilor and School Committee member: 50 signatures
- For trustee of Sanford Water or Sewerage District: 25 signatures

Candidates for municipal office in towns and cities with a population of 15,000 or more (including Sanford) are subject to Chapter 13 of the Maine Election Law. They must register and file campaign finance reports with the municipal clerk of the town or city. Candidates are also subject to the other restrictions in Chapter 13, such as the contribution limit. (30-A M.R.S.A. § 2502(1)). Candidates may obtain the necessary registration and reporting forms from the City Clerk's office.

The deadline to file nomination papers for all offices is Wednesday, Sept. 4, at 5:30 pm. For more information and for answers to questions about the nomination process, call the City Clerk's office at 324-9125 during normal business hours, 7:30 am – 5:30 pm, Monday through Thursday. ■

#### Public Hearing Notice Tuesday, September 3, 2024 6:00 PM City Council Meeting



The City Council will open a public hearing to seek and receive comments on the following:

An application submitted by Blossom, LLC, D/B/A Hyperion, 9 Renaissance Way, Unit 3, Sanford, Maine, for a NEW Marijuana Manufacturer-Tier II License.

The hearing will be conducted via remote video & teleconference at 6:00 P.M. on the date above-referenced. Members of the public wishing to join the meeting by phone should dial 1 (929) 205-6099 and use the meeting ID & Password provided in the link on the City of Sanford website calendar for the meeting date listed above: (www.sanfordmaine.org).

Public comments may be submitted via email to info@ sanfordmaine.org in favor or against the requested license.

TDD/TTY users may call local TTY number or 711. If you are physically unable to access any of the City's programs or services, please call Larisa Ricketts at (207) 324-9173 so that accommodations can be made.

#### Public Hearing Notice Tuesday, September 3, 2024 6:00 PM City Council Meeting



The City Council will open a public hearing to seek and receive comments on the following:

An application submitted by, Pho Time Asian Cuisine LLC, 890 Main Street, Sanford, Maine, for a NEW Liquor License with Malt and Vinous privileges.

The hearing will be conducted in person in the Sanford City Council Chambers and via remote video & teleconference at 6:00 P.M. on the date above-referenced. Members of the public wishing to join the meeting by phone should dial 1 (929) 205-6099 and use the meeting ID & Password provided in the link on the City of Sanford website calendar for the meeting date listed above: (www.sanfordmaine.org).

Public comments may be submitted via email to info@ sanfordmaine.org in favor or against the requested license.

### **State Rule Changes Threaten Medical Cannabis Providers**

By Zendelle Bouchard

Rule changes made by the Maine Office of Cannabis Policy could seriously impact the operations of several medical cannabis caregivers here. Sanford's zoning ordinance currently allows for a medical cannabis cultivator to have an office where they prescribe and sell product directly to their patients. Before that provision was created, medical providers in town had to meet their patients in a public place to deliver cannabis to them.

Planning and Codes **Director Jamie** Cole told the City Council's Zoning Subcommittee on Aug. 13 that the new state rules, effective Aug. 9, classify medical cannabis offices as



Vetted Cannabis is one of the medical offices affected by a state rules change. Photo : Zendelle Bouchard

retail stores, and local authorities must sign an authorization form to grant permission for the stores. However, since Sanford's ordinance specifically prohibits medical retail stores (only adult use recreational stores are allowed), the authorization cannot be granted unless the zoning ordinance is changed. Until that change occurs, as their annual licenses expire, medical practitioners will lose their locations to sell directly to patients.

He said the City Council's options include allowing medical retail stores on all eight properties in Sanford where cannabis operations are allowed, or allowing medical retail on the five properties where the zoning already allows retail sales. (Each property may house multiple cannabis-related businesses, both medical and adult-use.) The second option for the council is to choose to allow recreational retail sales. Those five properties where retail sales are allowed are 72 Emery St., 9 Renaissance Way, 27 Hancock Lane, 12 Smada Dr. and 22 Smada Dr.

The three properties where retail sales are not allowed are in the Industrial Business zone. They are 168 Country Club Rd., 1603 Main St. and 81 Industrial Ave. There are medical cannabis offices on all three of those properties.

Other options that were raised include creating an overlay to the IB zone that would allow for limited retail; and creating an allowance for a medical dispensary that could

sell products from multiple caregivers.

Councilor Bob Stackpole said he wanted to find a solution that would allow the medical caregivers to stay in business. He pointed out that the problem stems from Sanford treating cannabis companies differently from other types of businesses. "If this was Dunkin' Donuts, we wouldn't be having this conversation," he said.

Deputy Mayor Maura Herlihy responded that she did not want to water down the zoning ordinances by making exceptions

> but would consider amending the industrial business zone to allow all types of retail sales. However, she said if businesses are forced to close, it is the state's fault, not the city's.

Mayor Becky Brink said her first priority is protecting Sanford's industrial-zoned property for future industrial use. Cole agreed, noting that the city is in a unique position to attract businesses right now, as it has the only industrial-zoned property available in southern Maine. He suggested getting input from the land use consultants who will be speaking at the Comprehensive Plan Steering Committee next week.

City Planner Erin Moriarty pointed out that a major safety concern with adding retail to the IB zone is the number of passenger vehicles that would be mixing with heavy trucks. She said one option would be to restrict retail activity to specific streets, as the city recently did with excavation businesses.

City Manager Steve Buck said he takes a lot of pride in the cannabis industry in Sanford, which he called "an economic engine" for the city. He asked if, rather than allowing retail sales in the IB zone, there might be a way to meld the definitions of medical office and retail sales that would allow the city to comply with the state's rule change but without allowing full retail operations. In effect, he said, this could be a way to grandfather the existing operations without allowing new ones to open.

Cole said he, Moriarty and Permit Specialist Alix Horr will work together to craft an ordinance that works for everyone and will report back next month.

#### **CALENDAR** Cont'd from page 1

- York County Food Pantry, noon, YCSP, 5 Swetts Bridge Road, Alfred
- Knit Lits, 3 pm, Springvale Public Library
- Bingo, 4 pm (doors open) 6 pm (games start), Sanford Elks Lodge, 13 Elm St.
- Playground Exploration, 4:30 pm, MCS School, 248 Twombly Rd.
- Police Citizen Advisory Group, 6 pm, Sanford Police Department, 935 Main St.
- Beacon Preview Performance, 6:30 pm, SHS Alumni Stadium, 100 Alumni Blvd.

#### Wednesday, Aug. 28

- Lego Club, 2:30 pm, Goodall Library, 1364 Main St.
- Poetry Group meeting, 5 pm, Goodall Library
- Fiber Arts Group, 5 pm, Goodall Library
- SMS Open House, 5 pm, Sanford Middle School, 52 Spartan Dr.
- Wednesday Night Bite Free Meal, 6 pm, Curtis Lake Church, 38 Westview Dr.
- Student/Parent Orientation, 6 pm, Sanford Regional Technical Center, 100 Alumni Blvd.

#### Thursday, Aug. 29

- Free Lunch at YCSP's Recovery Community Center, noon, 69 Brook St.
- Food Bank at St. Thérèse of Lisieux, noon, Holy Family Church, 66 North Ave.
- Free Community Meal, 5 pm, New Beginnings Christian Church, 181 Grammar Rd.
- Scrabble Night, 5 pm, Goodall Library

#### Friday, Aug. 30

- · Salvation Army of Sanford Harvest Table Food Pantry, 9 am, 871 Main St.
- Music on the Patio-Tom Osborne, noon, Springvale Public Library
- York County Food Pantry, noon, YCSP, 5 Swetts Bridge Road, Alfred

#### Saturday, Aug. 31

- Sanford Farmers' Market, 8 am, Central Park
- 22nd Annual Randall's Run/Walk, 8:30 am, Nasson Gym, 457 Main St., Springvale
- Ride For Mercy, 10:30 am, Mercy Chapel, 1861 Main St.

Visit our Events Calendar at Sanfordspringvalenews.com for more details.

Check Sanford School Department sports schedules at https://tinyurl.com/cm4tz7vj



### **NEWS NOTES**

Compiled By Carolyn Cadigan



**Four rookies learn the ropes at SFD:** Four new probationary firefighters with the Sanford Fire Department (SFD) completed their three-week rookie school last week, creating a foundation to build upon as they continue their education and training. This week, they joined their assigned shifts and began working toward completing the many requirements necessary during their probationary year. SFD is pleased with the progress they've made and recognizes the exceptional training and experiences provided by many SFD firefighters and officers who instructed the probationary firefighters during rookie school.

**Inter-library loan service to resume Sept. 3:** Van delivery service that enables the sharing of resources among the state's

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TDD/TTY users may call local TTY number or 711. If you are physically unable to access any of the City's programs or services, please call Larisa Ricketts at (207) 324-9173 so that accommodations can be made. libraries will resume Sept. 3 at both Springvale Library and Goodall Library. For the first few weeks, the Maine State Library (MSL) requests that libraries allow only three requests per person so the new vendor selected to make deliveries can settle in and the new system is not overloaded. The interruption in van delivery services occurred when an unsuccessful bidder appealed the state library's selection of a new vendor, following a competitive bidding process. The service was suspended until the appeal process could be concluded. In the end, the appeal panel upheld the vendor selection made by MSL, discussions resumed with the new vendor, and final arrangements were made to restart the service.

#### Bank's philanthropy prioritizes small, local organiza-

**tions:** In July, Partners Bank focused on assisting small but mighty organizations based in Sanford, making several contributions totaling \$2,500. The bank donated \$500 for the Cruising with Friends Car Show, which took place July 26, to help the Friends of Downtown Sanford with costs since it was no longer free to enter a car or truck in the show. The bank also donated \$250 for BeLoved, an outreach of Mercy Chapel, for a community baby shower. BeLoved volunteers collect donations of apparel, bedding and toiletries to help families in need. An amount of \$250 was donated to Nasson Community Center & Little Theatre to help with operating costs, and a \$1,500 donation was made for sponsorship of the 22nd Annual Randall's Run, scheduled for Aug. 31, to support the Nasson Gym.

**Save money on kids' books:** Books Revisited at 882 Main St., Springvale, was recently gifted an abundance of children's books, some of which the shop has marked at half price. Books Revisited, open Tuesday through Saturday from 10 am to 4 pm, only accepts cash or local checks. Parking is available at the Main Street Marketplace.

**Nothing brewing at the airport:** The Sanford Airport Brew Fest, scheduled for Sept. 14, has been canceled. For those who have already purchased tickets, refunds are being processed. FMI, contact the Sanford-Springvale Chamber of Commerce at 207-324-4280.

**Nonprofit bolsters fundraising and marketing leadership:** The Center for Grieving Children has announced two promotions within its development and marketing teams. Emma Walker has been named director of philanthropy, having worked on the devel-



opment team for the past six years, most recently as development manager. Walker will lead fundraising efforts for the organization. Kelly McCormack will be joining as director of marketing, bringing with her nearly 20 years of nonprofit marketing experience, most recently serving at the Maine Association of Nonprofits. Mc-Cormack will lead public outreach and event efforts for the center.



A Bob Arsenault watercolor painting of Goodall Memorial Library Photo : Lawrence Furbish

**In search of Arsenault watercolor paintings:** The Sanford-Springvale Historical Society (SSHS) is planning its next exhibit, which will be a collection of Bob Arsenault watercolors. Arsenault was a well-known local artist who painted many scenes of buildings and homes in Sanford and Springvale. The exhibit is planned to go up at the end of September, but paintings must first be collected. If you have one of Arsenault's paintings and would be willing to loan it to the museum for one year, please contact Lawrence Furbish, president of SSHS, at lkfurbish@sanfordhistory.org or 207-490-6840.

Looking to get rid of that RV or old truck in your yard?

Since launching its Cars for Homes vehicle donation program in 2005, Habitat for Humanity has accepted over 160,000 vehicles for reselling or recycling, raising funds that enable the organization to partner with families to build safe, affordable homes. The organization accepts a wide range of vehicles, including cars, trucks, motorcycles, recreational vehicles, boats, snowmobiles, farm equipment, and construction equipment. Donors may qualify for a tax donation. FMI on the program, go to habitat.org.



**School supplies are still needed:** It Takes a Village 207 (ITAV) has accumulated quite a bit of school supplies, thanks to the generosity of so many donors; however, more is needed. For those wishing to help, go to the organization's Amazon wish list to donate items, including the 45-piece school supply kit, which ITAV notes is especially helpful.

**How lucky do you feel?** The annual Sanford Elks 500 Wish Club raffle, benefitting the Maine Children's Cancer Program (MCCP), is underway. A total of 500 raffle tickets at \$100 each are being sold with \$15,000 in cash prizes being awarded. The drawing will be held on Sept. 7 at the annual MCCP golf event at the Sanford Country Club. Tickets holders need not be present to win. FMI and to purchase tickets, contact Joanne Payeur at 207-432-2901 or at joannepayeur8@gmail.com.

**Giving it her all:** Petrina Muller was presented with the Above and Beyond Award at Nasson Health Care's staff meeting on Aug. 15. The award is given to an agency staff member who exemplifies the organization's values. Also at the meeting, Pam Buck from Senator Susan Collins's office read a letter from the senator congratulating Nasson Health Care on its 20th anniversary.

**Free Community Baby Shower celebration:** BeLoved, an outreach of Mercy Chapel, is hosting its 2nd Annual Community Baby Shower on Sept. 14 from 11 am to 2 pm at 1861 Main St., Sanford. Families that qualify must live in York County and either be expecting or have a child under age one. All mothers who register will receive five free tickets for the raffle and a swag bag with gifts. The event will offer free giveaways, food, and local resources. Those who qualify can register by going to merchchapelmaine. org/beloved.

**Fall schedule change on the Orange Line:** YCCAC Transportation has announced that, with the fall schedule, the Orange Line bus will stop at YCCC at 6:45 am "on demand." Passengers needing to use that stop should let the driver know. To view the Orange Line fall schedule, go to yccac.org/Transportation

Activities abound at the YMCA this fall: The Sanford-Springvale YMCA Fall Program Guide is available. Registration opened Aug. 19 for the fall session, which runs Sept. 2 to Oct. 19. View or download the guide on the YMCA website. FMI and to register by phone, call 207-324-4942. ■

#### **POLLING PLACE** Cont'd from page 1

mobility issues. Supporters say transportation will be available and note that anyone may vote absentee. Many larger communities in Maine already use one central polling place.

Because of the length of time required for each step in the appeal process, the drive won't affect the presidential election. The referendum would be held at the next election, in June 2025, and would require a majority of voters to vote to overturn the council's decision. The total number of voters for and against the measure would have to equal at least 25% of the voter turnout for the last gubernatorial election.

### SCHOOL NOTES

By Carolyn Cadigan

# SHS students can fuel up with the afterschool meal program:

Through the USDA Child and Adult Care Food Program, afterschool meals will be available again this school year to Sanford High School students on days when afterschool enrichment activities are held, generally Monday through Thursday. Sanford School Nutrition will offer well-balanced, nutritious "grab and go" meals, to be consumed onsite at SHS. Meals will be available outside the cafeteria at no charge. This is the second year Sanford School Nutrition is participating in the USDA food program. FMI, call Sanford School Nutrition at 207-608-8762.

Having a banner year: The first few class banners have been placed in the Sanford High School (SHS) parking lot thanks to the Sanford High School Banner Campaign, managed by the nonprofit Sanford Schools Legacy Foundation. The foundation has challenged classmates of each SHS class year to make a tax-deductible donation toward their class's banner. The cost of each banner is \$1,250. Each donation gives back to students across all grades in all Sanford schools. FMI, to check out each class's total, and to make a donation, go to sanfordschoolslegacyfoundation.org/classbanners **SCAE classes begin Sept. 9:** The fall term at Sanford Community Adult Education begins Sept. 9. FMI and to learn how to earn your GED (now called HiSET) or high school diploma, call 207-490-5145.

#### Be in the know before the SMS school

**year begins:** Sept. 3 marks the first day of school at Sanford Middle School. In preparation, the school has published a Welcome Back letter with a list of upcoming events, reminders, clubs and activities, and other helpful information.

#### SRTC orientation scheduled for Aug. 28:

Orientation Night for all new students and families at Sanford Regional Technical Center (SRTC) will be held Aug. 28 at 6 pm beginning in the Sanford Performing Arts Center. After a brief introduction and an overview of expectations, families and students will be released to their individual programs to meet the instructors and view the facility. Attendees should enter the building through Doors #1 and #43. There is plenty of parking on campus. Attendance for new SRTC students and families is highly recommended. ■



The Mission of the Sanford Springvale News is to produce a free weekly publication that provides current and factual information about what is happening in Sanford and Springvale.

News and stories are published in print, electronically and posted on Facebook.

PO Box 958, Sanford, ME 04073 SanfordSpringvaleNews.com

#### **Contact Us**

STORIES: Submissions@SanfordSpringvaleNews.com ADS: Adperson@SanfordSpringvaleNews.com COMMENTS: SSNews@SanfordSpringvaleNews.com

#### **Editors and Contributors**

Lisa Blanchette, Sam Bonsey, Zendelle Bouchard, Brian Boisvert, Gail Burnett, Lee Burnett, Carolyn Cadigan, Barbara Crider, Lawrence Furbish, Connie Garber, Kristi King, Jack McAdam, Kevin McKeon, Renée Morin, Rev. Susan Murphy, Dave Rude, Barbara Sutcliffe, Kendra Williams, Jordan Wilson

Design & Production - Michelle McCarthy

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### **SPORTS NOTES**

By Sam Bonsey Sanford Schools Communications Coordinator



Eight Sanford Mainers earned All-NECBL honors this season. Photo: Madison Giltner Photography

## Several Sanford Mainers selected to All-NECBL teams.

Eight Sanford Mainers received All-NECBL honors for the 2024 season. Connor Ball, Colin Barczi, and C.J. Willis earned All-NECBL First Team honors, while Bijan Anvar, Devan Bade, and Tommy Ellison made the second team. Caleb Shpur and Jared Davis were named Honorable Mentions.

Ball was also recently named the Robin Roberts Top Starting Pitcher. He had a 1.89 ERA over eight regular-season appearances, helping the Mainers to a 26-18 record – Sanford's most wins since 2016.

# Sanford High School trophy case to be named after Bruce MacKinnon

The Sanford Schools Legacy Foundation is hosting an Athletic Achievement Showcase to name the trophy case outside Partners Bank Gymnasium after longtime basketball coach Bruce MacKinnon. The ceremony will be held on Wed., Sept. 4, at 4 p.m. outside Partners Bank Gymnasium at SHS.

Mackinnon coached the Sanford High School boys' basketball team from 1973 to 1985, winning 125 games. He was inducted into the Maine Basketball Hall of Fame in the fall of 2023.

# Sanford student hosting 4th Annual 5K in September

Grayson Perro, a Sanford High School freshman, is hosting his 4th Annual Heart, Peace, and Love for Kids 5K Walk on Sunday, Sept. 15, to raise money for children with serious illnesses.

The event runs from 10 a.m. to 3 p.m., starting at the Gowen Park Pavilion. Perro has added a craft fair to the event. Those interested in participating in the craft fair can contact jessiej19@yahoo.com for an application.

### PASSAGES

Compiled by Rev. Susan Murphy

**Nancy L. Junkins**, 75, of Sanford, died peacefully at her home on Aug. 16, 2024. Visiting hours were held at Black Funeral Home, on August 22.

**Deryl F. Kitchen**, age 77, was born in Lynn, MA, on Aug. 3, 1947, and passed away peacefully on his birthday, Aug. 3, 2024, surrounded by his loving family. A memorial service will be held at a later date.

Laurence (Larry) Alan Lowry, aged 83, died at his home in Springvale on Aug. 5, 2024. A remembrance will be held at the St. Lawrence Literary Club, 14 Fairview Ave., Ipswich, MA, on Aug. 31 from 4 - 8 pm.

Keith Warren Clough, 80, of Waterboro, died peacefully on Monday, Aug. 19, at his home. A memorial service was held at the Carll-Heald and Black Funeral Home, on Aug. 23, with interment to follow at the Riverside Cemetery.

Margaret M. Peters, 75, lifelong resident of Sanford, passed away peacefully at home on Saturday, Aug. 17, 2024. A celebration of life will be held on Saturday, Aug. 31, from 1 to 5 pm at the Amvets, Post 3, 169 School St., Sanford. ■

### PUBLIC HEARING NOTICE CITY OF SANFORD



An Equal Opportunity/Affirmative Action Employer

The City of Sanford will hold a Public Hearing on Tuesday, September 3, 2024, at 6 PM in the City Hall Council Chambers, 919 Main Street, Sanford, Maine and via remote video and teleconference pursuant to 1 MRSA §403-B (2) (D) and section 6 of the Sanford City Council Rules of Procedure.

This hearing is to discuss a Community Development Block Grant for the 2024 Housing Assistance Grant Program in the amount of \$300,000. The funds will be used for assistance to Habitat for Humanity to complete four single family homes in Sanford. All persons wishing to make comments or ask questions about the acceptance of these funds are invited to attend this Public Hearing. Comments may be submitted in writing to: City Manager's Office, Suite 302, Sanford City Hall, Sanford, Maine 04073 at any time prior to the Public Hearing.

Instructions for joining the meeting by in-person and remote methods are posted on the City's website on the Meetings Calendar. The meeting will be broadcast on cable channel 26 and archived at https://townhall-streams.com/towns/sanfordme.

### **GUERRERO MAYA** Spicing up the Sanford Restaurant Scene By Gail Burnett

By Gail Burnett

Before he opened Guerrero Maya on School Street in early July, Antonio Zavaleta was a little concerned about how quiet downtown Sanford seemed to be. Would there be enough traffic to keep his new Mexican restaurant busy?

It turned out he didn't have to worry. Diners found their way to the former Back Street Sanford (originally Back Street Grill) after shopping at the Sanford Farmers Market on Saturdays, strolling through exhibits during the monthly Friday Art Walks, or attending special events like the car show and the National Night Out, all within steps of his downtown restaurant. He's confident that the menu will bring them and their friends and families back.

Zavaleta, a native of the Mexican state of Guerrero, moved to the U.S. in 1998 and has been in the restaurant business for more than 30 years, first in Georgia, later in North Carolina and then, after moving to Maine a year and a half ago, at his brother Ruben's restaurant, Guerrero Maya in South Portland. This is his first



Brother and sister Antonio and Lusmy Zavaleta operate Guerrero Maya in Sanford. Photo: Gail Burnett

time operating his own restaurant. His sister Lusmy works with him, as do staff from Mexico, Central America and the U.S.

Unlike many Mexican restaurants that offer a mix of Central and South American cuisine, Guerrero Maya is actually Mexican, chiefly offering dishes from Guerrero and the nearby state of Tlaxcala, east of Mexico City. The menu includes rich, chocolate-flavored mole sauce, many seafood dishes, and familiar items like burritos, enchiladas and tacos. There's a wide range of heat. "It's not just spicy," Zavaleta said. The interior will look familiar to former Back Street customers, with the addition of Mexican-themed decorations and the subtraction of the bank of mailboxes that had decorated the building since the days when the owner of Gene's Bakery got them from the old Sanford Post Office. The mailboxes are still intact behind a wall, Zavaleta said. He expects someone might be interested in them for crafts or other uses. "I didn't want to throw those away," he said.

The upstairs of the restaurant is still a bar, featuring possibly the most popular item on the Guerrero Maya menu – super-sized margaritas. Zavaleta said they might offer live music in the bar as Back Street did. "I'm new in Maine," he said. "I'm getting a feel for what customers want."



We extend our heartfelt gratitude to the following recent donors to Sanford Springvale News:

> Heidi Barker Linda Kay Brown Kevin McKeon Matthew Nelson

#### Public Hearing Notice Tuesday, September 3, 2024 6:00 PM City Council Meeting



The City Council will open a public hearing to seek and receive comments on the following:

An application submitted by Ariya Nozary, 9 Renaissance Way, Unit 1-3, Sanford, Maine, for a NEW Medical Marijuana Grower/Cultivator License.

The hearing will be conducted via remote video & teleconference at 6:00 P.M. on the date above-referenced. Members of the public wishing to join the meeting by phone should dial 1 (929) 205-6099 and use the meeting ID & Password provided in the link on the City of Sanford website calendar for the meeting date listed above: (www.sanfordmaine.org).

Public comments may be submitted via email to info@ sanfordmaine.org in favor or against the requested license.

TDD/TTY users may call local TTY number or 711. If you are physically unable to access any of the City's programs or services, please call Larisa Ricketts at (207) 324-9173 so that accommodations can be made.

#### Public Hearing Notice Tuesday, September 3, 2024 6:00 PM City Council Meeting



The City Council will open a public hearing to seek and receive comments on the following:

An application submitted by Ashley Carr, 9 Renaissance Way, Unit 1-2, Sanford, Maine, for a NEW Medical Marijuana Grower/Cultivator License.

The hearing will be conducted via remote video & teleconference at 6:00 P.M. on the date above-referenced. Members of the public wishing to join the meeting by phone should dial 1 (929) 205-6099 and use the meeting ID & Password provided in the link on the City of Sanford website calendar for the meeting date listed above: (www.sanfordmaine.org).

Public comments may be submitted via email to info@ sanfordmaine.org in favor or against the requested license.

### OUT IN THE WOODS

By Kevin McKeon, Maine Master Naturalist

Various kinds of ferns grow along our wonderful trails. Some reveal their reproductive parts on their leaves. With others, you have to look a little closer.

Let's start by describing the various parts of a fern. What we see are leaves, or fronds, which grow from an underground stem called a rhizome. Think of the rhizome as the twig or branch of the plant. The parts of the frond are as follows: The fern's stem, or petiole, is called the stipe;

the main vein of the leaf is the rachis; all the leafy parts (leaflets) attached to the rachis are collectively called the blade. Each individual leafy part (leaflet) attached to the rachis is a pinna; and the pinna on some lacy ferns are subdivided into even smaller, leaf lobe-like parts called pinnules. So instead of leaf, leaflet, and leaf lobe, in "fern talk" it's once, twice, and thrice divided pinnae.

The reproductive parts of ferns are called sori, and they nurture wind-blown spores for reproduction. Spores have various types of "wings" that aid in spreading their genes via the winds, meaning a new spore could and does catch the trade winds - even lofting up to the jet stream — landing on soil at the wind's pleasure, enabling procreation not only within a landscape but around the Earth, via the Earth's wind rivers. Wherever the spores land and find fertile ground in a suitable habitat, a fern will grow.

The spore is non-sexual, but will grow into a gametophyte, anchored to the soil or rock via rhizoids. This is the sexual phase of our fern, producing both male and female organs. Under moist

### Public Hearing Notice



The Sanford Planning Board will hold public hearings & receive written & oral comments at its September 4, 2024 meeting, starting at 6:30 pm, on

- File # K14-35 Jagger Lofts Preliminary Subdivision (Tax Map K14, Lot 35) – Major Site Plan and Preliminary Major Subdivision for the proposed redevelopment of the Jagger Mill in Springvale into residential apartments, and the associated parking and site improvements.
- Proposed changes and updates to the City Ordinance regulating Campgrounds.

The hearings will be held in Council Chambers at City Hall, 919 Main Street, Sanford, or via remote video and teleconference. Testimony may be provided in person, via mail or email, or via Zoom. Meeting information, including how to connect via Zoom, is provided at www.sanfordmaine.org. Questions or written comments should be directed to the Planning Office at 324-9150 or jlbabcock@sanfordmaine.org.



Photo 1: "Interruptions" along a fern's blades can hold the fern's spore-producing reproductive parts, or sori.

Photo 2: A colony of hay scented fern. The inset shows the fern's sori, holding its reproductive spores.

Photo Credit: K. McKeon

conditions like dew drops, rain, or tropical moisture, the male swims to the female and they combine in fertilization. Cell reproduction ensues, and our fern grows from the gametophyte, developing into our mature fern. This explains why a greater diversity of fern species is found in wetlands and in the tropics.

Circinate vernation describes how a fern's frond emerges from its crozier - better known to us as a fiddlehead. (The prized,

tasty fiddleheads are the croziers of the ostrich fern.). The frond is tightly curled, protected within the fiddlehead. As it emerges, it begins to photosynthesize, feeding itself and growing to full size.

Almost all ferns are perennial, some living to over 40 years in the tropics. According to Arthur Haines, research botanist for the Native Plant Trust, there are 61 species of ferns in Maine. Others estimate about 10,500 named species worldwide, plus another 3,000 to 5,000 species yet to be discovered. Fern size range from the 3/8" Azolla water fern — which forms large colonies on the water's surface to appear algae-like - to the over 65-foot Norfolk tree fern of Norfolk Island near New Zealand.

And they've been around for a long time: The oldest appeared 350 million years ago. But most came after the Cretaceous mass extinction 66 million years ago, caused by the famous meteor impact in Mexico, after which ferns rebounded and diversified quickly due to the color of their chloroplasts. These are what give plants their green color and allow plants to make food from the sun via photosynthesis. Chloroplasts in ferns were pigmented such that food could be photosynthesized under the dimmed sunlight after the meteor impact blew massive ash plumes into Earth's atmosphere, rendering extinct about 75% of other living things - dinosaurs among them — while ferns' evolutionary adaptations allowed them to flourish among the ashes for over 1,000 years post meteor impact.

Ferns can grow on disturbed, dry, and low-nutrient soils, spread quickly, and persist over large areas, providing food and shelter for insects — the landscape's food base. The accumulation of fern litter adds organic matter, nutrients, and water-holding capability - creating a fertile habitat for ecosystem growth and eventual forest succession.



### **Missing Real Estate Transactions This Week?**

There's much more to explore in our weekly **E-Newsletter.** Subscribe by scanning this QR code.



# Public Safety Update: Shooting, Fire/EMS Stats

#### **Sanford Police Department**

Shooting Incident: The SPD is investigating multiple reports of gunshots in the area of Bodwell Street late at night on Tuesday, Aug. 20. Officers immediately responded to the area. The initial investigation did not reveal any victims or injuries, but a pane of glass in the School Street bus shelter was shattered, and shell casings were found nearby. Detectives from the SPD's Criminal Investigation Division were still on scene Wednesday morning and are following up on multiple leads to identify the shooter(s). They are asking for residents of Bodwell, School, or Church streets to check security cameras for footage around 11 pm and to contact the CID at 324-3644. This incident appears to be isolated.

#### Sanford Fire & EMS

**Statistics:** Assistant Fire Chief Rick Smith has issued reports on the numbers for the month of June. The department responded to 396 incidents, which included 11 fires and 300 EMS/rescue calls. The largest percentage of EMS incidents were falls (62), followed by unspecified sick person (47), breathing problems (30) and abdominal pain/problems (17). The department also responded to 16 unconscious or fainting individuals, 14 traffic incidents, 12 reports of chest pain and 11 cases of overdose or poisoning during the month. Other incidents requiring EMS response included diabetic problems, stroke, allergic reactions, seizures, psychiatric problems, cardiac arrest, assault, choking, animal bites and a stab or gunshot wound.

**Command vehicles:** Smith gave a presentation to the City Council's Public Safety Subcommittee this month on the department's command vehicles, which serve multiple purposes. Each vehicle is equipped with radios for multiple channels/frequencies, a command board to track all crew members working at a scene, documentation and reference guides, personal protective equipment for both fire and EMS calls, hand tools, medical equipment including a defibrillator and oxygen; and supplies including medications and wound care items.

He said on high-risk and larger incidents, multiple command vehicles are needed to run the incident. One vehicle might be for the incident commander,



another for the operations commander, and the third to manage the water supply. He used the recent home fire on Channel Lane as an example where there were water and hazard issues that required multiple command vehicles to keep everything organized and everyone safe. "When we screw up, people die," he concluded.

### Sanford Regional Communications Center

**Staffing:** Director Bill Tower reported to the subcommittee that one of SRCC's trainees, Sophie Clarke, is clearing training at the end of the month and a brandnew hire, Annabelle McWilliams, started Aug. 12. That leaves one open dispatcher slot still to be filled, and he has some candidates in mind. However, he said he preferred to hold off on hiring while the department is dealing with several trainees

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An application submitted by David S. Carr, Jr., 9 Renaissance Way, Unit 1-1, Sanford, Maine, for a NEW Medical Marijuana Grower/Cultivator License.

The hearing will be conducted via remote video & teleconference at 6:00 P.M. on the date above-referenced. Members of the public wishing to join the meeting by phone should dial 1 (929) 205-6099 and use the meeting ID & Password provided in the link on the City of Sanford website calendar for the meeting date listed above: (www.sanfordmaine.org).

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The City Council will open a public hearing to seek and receive comments on the following:

An application submitted by Everglades Real Estate, LLC., 9 Renaissance Way, Sanford, Maine, for a NEW Marijuana Establishment Tier 1 License.

The hearing will be conducted via remote video & teleconference at 6:00 P.M. on the date above-referenced. Members of the public wishing to join the meeting by phone should dial 1 (929) 205-6099 and use the meeting ID & Password provided in the link on the City of Sanford website calendar for the meeting date listed above: (www.sanfordmaine.org).

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at once. He noted the very positive staffing situation at SRCC compared to other dispatch agencies in the state. Oxford County is currently below 50% staffing and is asking for volunteers from other agencies.

**Training:** Director of Operations Darcy Valido detailed some of the training that dispatchers have received recently. These included how to handle 911 calls from a person who has been abducted and is trapped in a vehicle; protocol for skydiving accidents; and instructions to give a caller who is unable to stop their vehicle due to a stuck accelerator.

**Call volume:** Valido reported the SRCC's statistics for total calls for June and July. The agency handles all business line calls as well as emergency calls.

- Police (6 agencies covering 13 towns): 16,857
- Fire / EMS (15 agencies): 2,223
- Animal cases (13 towns): 655
- 9-1-1 calls: 5,033

NENA Conference: Supervisor Megan Welch reported on the National Emergency Number Association Conference that she attended recently, where she spoke on the role of artificial intelligence within the 9-1-1 center. She also attended many informational and training sessions and is sharing what she learned there with her fellow dispatchers. ■

### Studio Two: An Early Beatles Tribute Comes to Sanford

By Lisa Blanchette, Strategies for a Stronger Sanford

Strategies for a Stronger Sanford is holding a fundraising event at the Sanford Performing Arts Center on Saturday, September 28 at 8 pm that Beatles fans will not want to miss. Tickets are available online www.sanfordpac.org. Pricing is \$37.50 for premium seats and \$30.50 for standard seats.

Studio Two is a Beatles cover band that pays tribute to the early Beatles years, choosing songs from the pre-Sgt. Pepper era. These four lads met in a "cellar full of noise" in a town west of Liverpool, in Milford, New Hampshire. By recreating the Fab Four's music, instruments, and onstage banter, Studio Two performs those favorite hits that will bring people to their feet.

This event is being generously sponsored by Seacoast Oldies 104.3, Marc Motors, Sanford Sound, Kennebunk Savings Bank and Reverend Susan Murphy.

Strategies for Stronger Sanford is a non-profit 501(c)(3) whose mission is to build a strong future for the city by engaging the community in effective strategies to support their children, youth and families. It partners with local programs to



Photo: Courtesy Studio Two

provide support and organizational structure. Currently it serves as the fiscal agent for several local organizations including: the Sanford Backpack Program; Police Cadets; Friends of Downtown; Sanford Community Youth Alliance; Stuff the Bus; Right Brain Club; Sanford Springvale News and the Southern Maine Clay Guild.

The work of these community organizations cannot be accomplished without many dedicated volunteers and financial supporters. The funds raised at this event will go to support Strategies for Stronger Sanford which in turn supports all of these wonderful programs. You can learn more about Strategies and the programs it partners with, including ways to donate directly, at www.strongersanford.org.

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The City Council will open a public hearing to seek and receive comments on the following:

An application submitted by Blossom, LLC. D/B/A Afterglow Edible Co., 9 Renaissance Way, Unit 2, Sanford, Maine, for a NEW Marijuana Manufacturing Tier 1 License.

The hearing will be conducted via remote video & teleconference at 6:00 P.M. on the date above-referenced. Members of the public wishing to join the meeting by phone should dial 1 (929) 205-6099 and use the meeting ID & Password provided in the link on the City of Sanford website calendar for the meeting date listed above: (www.sanfordmaine.org).

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#### Public Hearing Notice Tuesday, September 3, 2024 6:00 PM City Council Meeting



The City Council will open a public hearing to seek and receive comments on the following:

An application submitted by Blossom, LLC. D/B/A Stache, 9 Renaissance Way, Unit 4, Sanford, Maine, for a NEW Adult Use Marijuana Retail Store License.

The hearing will be conducted via remote video & teleconference at 6:00 P.M. on the date above-referenced. Members of the public wishing to join the meeting by phone should dial 1 (929) 205-6099 and use the meeting ID & Password provided in the link on the City of Sanford website calendar for the meeting date listed above: (www.sanfordmaine.org).

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### Local Journalism: A Vital Job that Needs to be Done

By Renée Morin

#### Dear Sanford Springvale News Readers,

We are currently seeking volunteers to help us cover Sanford City Council meetings.

I began covering council meetings during my senior year of high school, as part of a school project. When I graduated high school this June, I opted to stick with the paper. I've continued to cover the meetings for multiple reasons, including my amazing fellow volunteers and the valuable real world experience this opportunity has given me. The key reason though, is because just like everyone else at the paper, I believe local journalism is incredibly important.

In my view, the wellbeing of any community depends on an informed and invested citizenry. Local journalism plays an important part in that. The 21st century has seen the consolidation and closure of newspapers all over the country, including the Journal Tribune and the Sanford News. In the face of this drought of local news and reporting, it falls on the good people of Sanford-Springvale to take matters into our own hands.

Coverage of our City Council meetings is a key part of our work. It gives the people of Sanford-Springvale an insight into the governance of their community, and the actions and work of the people they've chosen to represent them.

At the end of August, I will be starting community college. As a result, I have decided to step aside from my role at the paper, at least until I've settled into my classes and assessed whether I have the time to cover the meetings on top of my classwork and job.

My fellow volunteers will be covering council meetings temporarily, but we need one or two new people to take on the job for the future.

I have written this message to readers to find volunteers to take over the coverage once I'm gone. The assignment involves viewing council meetings every other week (either in person, via Zoom, or by watching the recording), writing a short article about a noteworthy topic from the meeting for the week's issue, then summarizing the rest of the meeting in an article for the following week's issue. You would also need to participate in the newspaper staff meeting via Zoom every other week. You do not need to have prior experience in writing articles.

If anyone is interested in volunteering, email ssnews@sanfordspringvalenews. com. ■





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