Sanford Springvale NEWS

Nonprofit newsletter produced with volunteers

Free

July 5, 2024

Star-Spangled Squad



Patriotic pals Braedon, Mason, Aidyn, Cory, Devin, and Matthew proudly wave their flags at Sanford's Independence Day Block Party at Number One Pond on July 3^{rd} . PHOTO: Brett Williams

Toddler Suffers Self-Inflicted Gunshot Wound

Press Release

On Tuesday, July 2, the Sanford Police Department received a call for the sound of a gunshot at 13 Shaw Rd. SPD officers and Sanford EMS responded and found a three-year-old boy with a self-inflicted gunshot wound to his left hand. The child was accompanied by his father. The boy

was transported to Maine Medical Center where he is being treated for his injury.

A pistol was recovered inside the residence and SPD's Criminal Investigation Division is investigating the incident. This case is still in the early stages of the investigation and the public is not at any risk.

Community CALENDAR

Copyright © 2024 - Sanford Springvale News - All rights reserved

Compiled by Lisa Blanchette

Visit our Events Calendar at SanfordSpringvaleNews.com for details on these events and on events to come.

Saturday, July 6

- Sanford Farmers' Market, 8 am, Central Park, 920 Main St.
- 3 Rivers Land Trust Walk at Harvey Butler Rhododendron Sanctuary, 9 am, Oak St.
- Aerobatic Practice, 10 am, Sanford Seacoast Regional Airport, 9 Presidential Ln.

Sunday, July 7

- Chamber Talk with Rick Stanley, 7 am, Radio Station 104.3
- Sanford Mainers vs. Martha's Vineyard Art in the Park Night, 4:30 pm, Goodall Pk, 32 Roberts St.

Monday, July 8

- Sanford Food Pantry, 10 am, 1204 Main St.
- Baby Rhyme Time, 10 am, Springvale Public Library, 443 Main St.
- A Family for ME Live Q&A, noon & 6 pm, zoom
- Lego Builders Club, 3 pm, Springvale Public Library, 443 Main St.

Tuesday, July 9

- Municipal Operations & Property Subcommittee Meeting, 8:30 am, zoom
- Fairy Tale Story Time, 10:30 am, Goodall Library, 1364 Main St.
- Public Safety Subcommittee Meeting, 11 am, zoom
- Zoning Subcommittee Meeting, 1 pm, zoom
- York County Food Pantry, noon, YCSP,
 5 Swetts Bridge Road, Alfred
- Knit Lits, 3 pm, Springvale Library, 443 Main St.

Cont'd on Page 3



Sanford Springvale NEWS July 5, 2024

Mainers' Host Families Enjoy Rewarding Experiences

By Renée Morin

Baseball has long been called "America's Pastime." If this is true, then "Sanford's Pastime" is watching the Sanford Mainers play at Goodall Park. Since 2002, college baseball players from all over the country have come to Sanford to play for the Mainers. That begs the question, "Where do they stay?" While some players can drive home or stay with relatives, the rest are housed by Sanford-Springvale residents. The Sanford Springvale News interviewed Host Family Coordinator Josh Ouellette and longtime host family member Stephanie Simpson to learn more.

Stephanie Simpson and her husband, Richard Simpson, have lived in Sanford for 17 years, ever since she fell in love with Maine on a visit to meet her future in-laws. The pair have three children, stepdaughter Jolie (20), son Richie (17), and daughter Savannah (13). They have acted as a host family for the Mainers every season since 2013 except for the



The Mission of the Sanford Springvale News is to produce a free weekly publication that provides current and factual information about what is happening in Sanford and Springvale.

News and stories are published in print, electronically and posted on Facebook.

PO Box 958, Sanford, ME 04073 SanfordSpringvaleNews.com

Contact Us

STORIES: Submissions@SanfordSpringvaleNews.com ADS: Adperson@SanfordSpringvaleNews.com COMMENTS: SSNews@SanfordSpringvaleNews.com

Editors and Contributors

Lisa Blanchette, Sam Bonsey, Zendelle Bouchard, Gail Burnett, Lee Burnett, Carolyn Cadigan, Barbara Crider, Lawrence Furbish, Connie Garber, Kristi King, Jack McAdam, Kevin McKeon, Renée Morin, Rev. Susan Murphy, Dave Rude, Barbara Sutcliffe, Kendra Williams, Jordan Wilson

Design & Production - Brett Williams (interim)

Our fiscal agent, Strategies for a Stronger Sanford, is a registered 501c3 non-profit.



The Simpson family with Mainer's catcher Stevie Berman, who they hosted during the 2014 season.

PHOTO: Stephanie Simpson

canceled 2020 season.

The Simpson family decided to take up hosting after receiving reassurances from their friends that hosting was "not as hard as you would think," and determining that their kids were at a good age to handle another member of the household. The fact that their son Richie also played baseball played a part as well.

The family has since hosted players from across the country, including players from New Jersey, California, Kansas City, South Carolina, Massachusetts and New York. Simpson has kept in touch with most of these players via social media. She described receiving texts from former players on Mothers' Day and her birthday. She also explained how she liked to witness the players starting their lives outside of baseball and watching them grow as human beings, with the first player the family hosted in 2013 now married and they have a child.

As for the hosting itself, she has greatly enjoyed the experience, describing the players as friendly, appreciative, respectful of her home and rules and having good manners. She shared fond memories of her players including tubing with her kids, getting a picture of everyone riding on the log flume at Funtown-Splashtown each year and a humorous incident where a player flooded the kitchen with bubbles after having mistakenly used Dawn dish soap instead of dish detergent. She has also enjoyed meeting the players' families at the social events held by the Mainers.

One player, who Simpson says left a big impression on her son, was catcher Stevie Burman, who would play catch and soccer with the kids. Her son Richie cried when the player had to leave at the end of the 2014 season. Burman signed a bat for Richie, which he slept with for months afterwards.

When asked if she would recommend hosting to anyone else, Simpson replied, "absolutely." She said the Mainers were always looking for new host families, and if people have questions, they should reach out to the Mainers' staff. She described the players as good role models for kids and said that hosting them was a heartwarming experience and like having sons across the country. She affectionately referred to the play-

Cont'd on Page 4

CALENDAR Cont'd from page 1

- Sanford Water District Trustees Meeting,
 4 pm, 243 River St., Springvale
- Bingo, 4 pm (doors open) 6 pm (games start), Sanford Elks Lodge, 13 Elm St.
- Matthew Meal, 6 pm, St. Thomas School, 69 North Ave.
- Maine Attraction Adaptive Water Ski Clinic,
 6 pm, Number One Pond

Wednesday, July 10

- Adventure Craft Musical Tambourines,
 2 pm, Springvale Library, 443 Main St.
- Weekly Cruise In, 4 pm, Shain's of Maine, 1491 Main St.
- York County Commissioners' Mtg, 4:30 pm, Gov Bldg., 149 Jordan Springs Rd., Alfred
- Friends of Downtown Meeting, 4:30 pm, Central Park, 920 Main St,
- Poetry Group Meeting, 5 pm, Goodall Library, 1364 Main St.
- Wednesday Night Bite Free Meal, 6 pm, Curtis Lake Church, 38 Westview Dr.
- FRIENDS Trivia Night, 6 pm, Smitty's GameLAB, 1327 Main St.
- Mainers vs. Mountaineers Inclusion Night,
 6:30 pm, Goodall Park, 32 Roberts St.

Thursday, July 11

- Senior Food Mobile, 10 am, Crossroads United Methodist Church, 15 Grammar Rd.
- Free Food Distribution, 10 am, Willard School, 668 Main St. & SHS, 100 Alumni Blvd.

- Food Bank at St. Thérèse of Lisieux, noon-2 pm, Holy Family Church, 66 North Ave.
- Drumming Circle, 2 pm, Springvale Library, 443 Main St.
- Free Community Meal, 5 pm, New Beginnings Christian Church, 181 Grammar Rd.
- Scrabble Night at the Library, 5 pm, Goodall Library, 1364 Main St.
- Maine Attraction Water Ski Show, 6 pm, Number One Pond
- Live Magic Show, 6 pm, Smitty's GameLAB, 1327 Main St.
- Sanford Music Boosters Monthly Meeting, 6 pm, El Mexicano, 1364 Main St.

Friday, July 12

- Annual Yard Sale, 8 am, First Baptist Church of Springvale, 429 Main St.
- Salvation Army Staples Box Distribution, 9 am, 871 Main St.
- Friday Story Time, 10 am, Springvale Library, 443 Main St.
- Salvation Army of Sanford Produce Pantry, 10 am, 871 Main St.
- York County Food Pantry, noon, YCSP, 5 Swetts Bridge Road, Alfred
- Music on the Patio: John Rachkoskie & Skip, noon, Springvale Library, 443 Main St.
- Sanford Art Walk, 4, Central Park, 920 Main St.
- Mainers vs Keene Broadway Night,
 6:30 pm, Goodall Park, 32 Roberts St.
- "It Runs In The Family" Auditions, 6:30 pm, Nasson Little Theatre, 457 Main St.

Saturday, July 6

- Sanford Farmers' Market, 8 am, Central Park, 920 Main St.
- Annual Yard Sale, 8 am, First Baptist Church of Springvale, 429 Main St.
- Low-Cost Rabies Clinic, 9:30 am, Pet Supplies Plus, 1364 Main St.
- Free Reiki Circle, 10 am, Springvale Library, 443 Main St.
- BBQ & Cruise-In, 10 am, Sanford Sound, 1438 Main St.
- Sanford Elks 2nd Annual Ray Bourre's Day, 12:30 pm, Iron Tails, 559 Route 109, Acton
- "It Runs In The Family" Auditions, 3 pm, Nasson Little Theatre, 457 Main St.

Sunday, July 7

- Chamber Talk with Rick Stanley, 7 am, Radio Station 104.3
- 12/OC Live at the Runaway, 6 pm, Pilot's Cove, 199 Airport Rd.

Does your organization have an event coming up? We want to know about it!

Email events@sanfordspringvalenews.com subject - "Lisa's FB List"

Create your activity as a Facebook "event" not just a posting on your Facebook page. This allows us to accurately copy it to our community calendar AND gives us the ability to share your event on our Facebook page.





Our Baby Turns One!

The Sanford Springvale News has been published and delivered to locations throughout Sanford and Springvale each week, with local news, without bias and at no cost to you!

How We Do It

All reporters, writers, proofreaders, photographers, delivery people and board members are volunteers. We have a contracted layout designer.

How Costs Are Covered

To maintain our website, Facebook page, eNewsletter and do the print edition, we're accepting business advertisements, sponsorships and donations, and pursuing grant opportunities.

Why It's Important

We believe it's fundamental for all members of our community to know what is happening locally, what decisions are being made, and what events and services are available to them.

Your Support Is Needed:

For our first annual fundraising campaign, we are looking to you, our faithful readers, for support. When you decide to contribute, you're making a positive impact on your community and helping to ensure our long-term growth and success.

Please consider a tax-deductible contribution today to help the Sanford Springvale News sustain its mission to produce a weekly publication that provides current and factual information about what's happening in Sanford and Springvale, free of charge.

DONATE ONLINE

Scan the code to make a secure online donation:



DONATE BY CHECK

Make checks payable to Strategies for a Stronger Sanford, write "Sanford Springvale News" in the memo line. Mail to: P.O. Box 958, Sanford, ME 04073-2917.

HOST FAMILIES Cont'd from page 2

ers as her "summer sons." For Simpson, the pressures on her own time were not much of an issue, because the players are also very busy and just need a place to sleep. As an added bonus for the entire host family, they receive season passes to watch their players in action.

Some families might wonder whether there could be trouble with players following household rules. Simpson says she has not had any problems but if any do arise, families can contact the host family coordinator. She referred to the Mainers as a "very supportive organization" regarding any issues that come up.

When asked about the vetting process for players, Ouellette explained that to play college baseball, players must be in good standing with their school and players' coaches and Mainers' staff members talked prior to any decision. Players must also sign the player handbook.

Ouellette says that he wants to combat concerns associated with hosting which might discourage potential volunteers. Many people are under a mistaken belief that hosting is a major commitment that requires all sorts of free time. He explained that this is not true and many of the host families have full-time jobs and busy lives themselves.

The criteria to be a host family entails having a spare bedroom or other adequate sleeping quarters like a finished basement, access to a bathroom and kitchen and a safe, clean, and healthy living space. Transportation and food are taken care of by the Mainers, though having some food available in the fridge or pantry is encouraged. He emphasized that players will be busy elsewhere so there is no need to change your day-to-day routine.

"The experience is what you make of it. You don't have to change your life to do this," said Ouellette.

For more information on becoming a host family, visit the Sanford Mainer's website: www.SanfordMainers.com.

BUSINESS SPOTLIGHT

Jeff Hanselmann Attends Culinary Institute of America Pastry Course

By Lisa Blanchette

Four years ago, Jeff Hanselmann changed careers. People do that all the time, but Jeff made a very big change during a very difficult economic time. He went from a 20-year career in construction to opening Frannie's, a mini-donut shop on Main Street in Sanford. He didn't have a culinary background but had the support of family and friends who helped with business management expertise. He was also able to draw on his experience managing Captain Jack's, a donut shop at McDougals Orchard, before opening Frannie's. Jeff feels things have gone pretty well considering much of this four-year period has been tainted by the sting of COVID.

Without a professional baking background, there was a learning curve. Jeff said it was actually "kind of fun." One can learn from trial and error and from the internet, but when the opportunity to apply for a HUB Grant through the Small Business Administration presented itself, he accepted the help, applied for the grant and was approved. He used this funding to attend a pastry bootcamp at the Culinary Institute of America in Hyde Park, New York. The CIA, as it's known, is one of the top culinary schools in the country. This was a chance to attend a formal culinary course in an expansive kitchen with 16 other professional



Jeff Hanselmann Attends Culinary Institute of America Pastry Course PHOTO: Ayn Hanselmann

bakers. Their instructor was a veteran professional baker with 50 years of experience, who was trained at Johnson & Wales, another of the top culinary schools in the country.

This experience may not have happened if not for the grant, so Jeff is thankful for the opportunity that the funding provided. He thoroughly enjoyed the course, especially its focus on the methodology of baking, and would consider taking more courses there or at other culinary institutes in the future - possibly a course on artisan bread baking.

You will notice new additions to the menu at Frannie's very soon thanks to this experience at the CIA. Croissants and puff pastries will be first. Then sometime in the future we should be seeing crème brulee mini donuts and possibly some mini cakes. If Frannie's isn't a regular weekend stop on your way through downtown, you might want to consider making it one!



THANK YOU TO OUR SPONSORS!



To become a sponsor of the Sanford Springvale News, visit SanfordSpringvaleNews.com and click the 'donate' button.

NEWS NOTES

Compiled By Carolyn Cadigan



Volunteers give their time and talent at YCCAC Head Start & Early Head Start. PHOTO: YCCAC

A day of action at YCCAC: Volunteers from Hannaford Supermarkets, Partners Bank and the United Way of Southern Maine gathered together on June 21 to spruce up the York County Community Action Corp. (YCCAC) Head Start & Early Head Start property and home office. Despite the June heat wave that hit that week, much was accomplished by this team of energetic volunteers.

Time change for summer food distribution: The new hours for the Free Community Food Distribution, provided by Sanford Backpack Program, are 10 am to 11:30 am every Thursday through Aug. 22. Food is distributed at Sanford High School and the Willard School. FMI about the program or to volunteer, contact lori@strongersanford.org.

Red Cross needs your help: An American Red Cross blood drive is scheduled at the Alfred Parish Church, 8 Kennebunk Rd., on July 17 from 10 am to 3 pm. Log onto the Red Cross website here to schedule a time to donate. https://www.redcross-blood.org/give.html/find-drive

Many hands make light work: Teen volunteers are needed at Springvale Library this summer. This opportunity is a good way for teens to earn community service hours. Those interested in helping out should see Sheila Dube at the library.

Service-minded Sanford couple gets new home: Habitat for Humanity York County completed its 35th affordable home and handed over the keys to its new owners, Diego and Eileen Gonzalez. The Gonzalezes have served their county and community for decades. Eileen spent most of her career as a nurse and in-home hospice caregiver in Vermont. Diego, who enlisted in the Navy in 1969, served as a member of a flight control squadron for naval amphibious operations. The Gonzalezes, who have lived in Sanford for over 15 years, did more than their part, putting in over 600 volunteer hours with Habitat for Humanity — well surpassing the program requirement of 400 hours.

In the (strike) zone: Officer Brandon Wambolt of the Sanford Police Department was honored to toss out the first pitch at Goodall Park on June 26 for the Sanford Mainers game versus the North Adams SteepleCats. This game was designated the Mainers' annual First Responders Appreciation Night, when first responders and their families receive free admission.



Cooking Matters Families at the Sanford-Springvale YMCA teaches families to prepare nutritious meals.

PHOTO: Wikimedia Commons

Healthy and budget-friendly meal prep for the family: A free instructional cooking program, Cooking Matters Families, is being offered at the Sanford-Springvale YMCA to teach families how to prepare meals that are healthy, tasty, and low cost. Each of the six interactive classes engages participants in hands-on meal preparation, practical nutrition tips, and food budgeting skills. Classes will be held from 2 pm to 4 pm on Tuesdays — July 16, July 23, July 30, Aug. 6, Aug. 20 and Aug. 27. Participants will receive a free recipe book with healthy, low-cost recipes and nutrition tips as well as take-home recipe bags filled with ingredients for recipes made during class. Space is limited. To sign up, email Megan Letendre, the University of New England's nutrition education coordinator, at mletendre@une.edu.

Pipe and paving projects progress:

According to a Sanford Water District post on June 28, progress on its two main replacement projects on Grammar Road and Spencer Hill Road are a week or two from completion. At both locations, the older cast iron pipes, which have experienced many breaks and leaks over the years, are being replaced with new ductile iron water lines. The new installation should improve water quality and eliminate the ongoing expense of making repairs. On Spencer Hill Road, the water district is partnering with the city to pave the entire road once the water main replacements are complete.

YCCAC announces Orange Line schedule change: During July and August, York County Community Action Corp. Transportation will no longer stop at York County Community College in Wells on Friday, Saturday and Sunday. Their regularly scheduled seven-day service will resume after Labor Day. FMI on bus routes and schedules, go here. https://www.yccac.org/bus-routes-schedules

Food donations are needed weekly: St. Thérèse Food Closet is in constant need of replenishing a variety of food items such as cereal, crackers, canned tuna, canned chicken, baked beans, jams and jellies, canned fruit, and Pop Tarts. The Food Closet is open every Thursday from noon to 2 pm. Call Carlene Roy at 207-793-8912 with questions.

It takes a village: Through the work of many volunteers who donate food and many others who use the organization's Amazon wish list to provide items such as bug spray, sunscreen, snacks, drinks and more, It Takes a Village 207 continues to feed the unhoused. Founded in 2020, the organization joined forces with Maine Homeless Veterans Alliance, and works to help people who are struggling get back on their feet. To volunteer or donate, go here. https://www.mainehomelessveteransalliance.org/it-takes-a-village-207/

Looking for running buddies? The TAKE OFF Run Club meets at Pilots Cove Cafe, 199 Airport Rd. in Sanford, on Wednesdays at 6:30 pm. Participants choose their own speed, pace and distance. Beginners are welcome. Email Amanda Gray at amandagrayandboys@gmail.com with questions.

City Council Discusses Flying Gadsden Flag on Fourth of July

By Renée Morin

The agenda of the July 2 City Council meeting included whether to fly the Gadsden flag, also known as the "Don't Tread on Me" flag, outside of City Hall this Fourth of July. A request to fly the flag was made by Councilor Jonathan Martell. His request was in compliance with the resolution adopted by the council on July 5, 2022, regarding the display of flags other than the national, state, or P.O.W. flags on city property.

The legal restrictions on the flying of flags required the city's flag policy to be in compliance with US Supreme Court rulings addressing government speech, to be non-discriminatory, to not promote any religion or political affiliation and to comply with the US Flag Codes. A review done in June 2024 found the city's policy was in compliance with these restrictions.

The discussion began with the reading of two emails from Sanford Springvale News volunteers. Kevin McKeon wrote that the flag was flown by American ships during the American Revolution. "The snake was a symbol of trying to fire up the people to convince them to join the revolution."

Zendelle Bouchard conveyed her opposition to the request on the grounds that the original use of the Gadsden flag was to protest the undemocratic colonial rule of the British government. In Bouchard's view, many who fly the flag today are attempting to equate the British rule the colonists rebelled against to our democratically elected government. She doesn't believe this is an appropriate message for the City Council to convey about another elected assembly.

Bouchard also argued that requests to fly the Gadsden flag were motivated by a desire to discourage the display of the Pride flag by overwhelming the City Council with requests. She believes the display of the Pride flag is a moral issue rather than a political one and is not comparable to the Gadsden flag.

Councilor Robert Stackpole shared his view that the flag is from the American Revolution, regardless of its modern



The Gadsden flag PHOTO: Wikipedia

usage. He questioned the benefit to the community of flying the Gadsden flag. It's his opinion that displaying the Pride flag benefits the people of Sanford-Springvale, but flying the Gadsden flag would not.

Martell shared that he doesn't think any flags other than the national, state, or P.O.W. flags should be flown outside of City Hall. Martell continued, "so, my reasoning for requesting this was to bring to light the fact that you can request any flag, and personally I don't think that that should be even in our policies." He then made a request to revisit the policy in the future and informed the council he would not be moving forward with his original request.





OUT IN THE WOODS

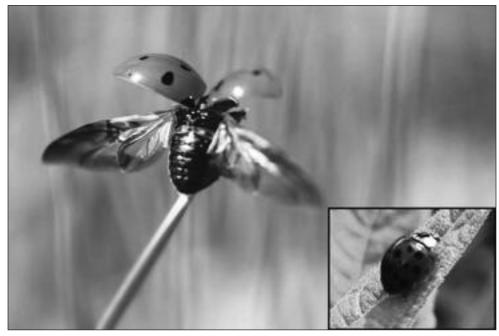
By Kevin McKeon, Maine Master Naturalist

Lady Beetles: Guardians of Gardens and Homes

The name "ladybug" was coined by European farmers who prayed to the Virgin Mary when pests began eating their crops. After ladybugs came and wiped out the invading insects, the farmers named them "Beetle of Our Lady". This eventually was shortened to "Lady beetle" and "Ladybug." Actually, they are beetles, members of the 285-million-year-old Coleoptera order of insects, the largest order of animals on Earth with about 400,000 species comprising about 40% of all insects and about 25% of all animal species! Bugs are similar to beetles, but they're a completely different type of insect; the main difference is that beetles have chewing mouthparts, where bugs have a piercing beak called a rostrum which acts like a hypodermic needle which they use to suck juices from plants or animals. Beetles are the only insects with hardened forewings that cover and protect their flying wings. Watch as they hatch, and fly. Notice that they're not "spotted" until their forewings harden after emerging from their cocoon.

The multi-color Asian ladybugs, a member of the 190-million-year-old beetle family of about 6,000 species, are the visitors we see seeking shelter in people's houses in September. Their color varies from pale yellow to a bright red orange, with varying degrees of spot brilliance and spot size. A fully spotted beetle will have 10 black spots.

Introduced as a biological control agent in various states beginning in 1916, they didn't seem to have become established. Then, in 1988, specimens were found in Louisiana, probably from Asian cargo shipping to New Orleans. Since the early 1990s, this exotic lady beetle has proliferated and moved rapidly across much of the United States east of the Mississippi River, along the West Coast, and into eastern Canada.



Lady beetles have hardened forewings that protect their flying wings during walking and open up for flight.

Inset: Lady beetle foraging for aphids, mites, small insect and other lady beetle larvae. PHOTO: flickr

Alpine hikers will at times find them by the thousands on sunny, rocky outcrops as they seek warm shelter. Homeowners find them a nuisance when they sometimes invade houses and buildings in large numbers in the fall, appearing again on warm, sunny days in February and March. But they do not breed, lay eggs, or feed inside the home, and are not structurally-damaging. If agitated or squashed, however, the beetles may exhibit a defensive reaction known as "reflex bleeding," in which a yellow fluid with an unpleasant odor is released from leg joints. This reaction helps protect beetles from predators, such a birds. But in the home, the fluid may stain walls and fabrics. Some of us simply let them be if autumn entry occurs. Others brush them into a shoebox, store it away, and release them in the spring, when they will mate.

Gardeners and agriculturalists consider lady beetles to be beneficial, preying on many different soft-bodied insect pests on a variety of crops. An adult beetle is capable of eating 90 to 270 aphids per day, and each larva can

consume 600 to 1,200 aphids during its development!

The life cycle of the ladybug is fascinating. 10-15, yellowish, tiny eggs, laid under leaves, generally hatch in three to five days. Looking like tiny alligators, the larvae are hungry, feeding for about two weeks on aphids, scale insects, and other soft-bodied invertebrates, gobbling up 600 to 1,200 aphids during this life stage. The chrysalis stage lasts about five to six days, looking like a tiny shrimp attached to a leaf. After emergence, adults can live as long as two to three years eating 90 to 270 aphids per day! Another common beetle is our firefly, another story for later. ■

Editor's note: Did you see something unusual last time you were out in the woods? Were you puzzled or surprised by something you saw? Ask our "Out in the Woods" columnist Kevin McKeon. He'll be happy to investigate and try to answer your questions. Email him directly at: kpm@metrocast.net

SCHOOL NOTES

Compiled By Carolyn Cadigan

SHS Principal Resigns: Dr. Amanda Doyle, principal at Sanford High School (SHS) during the 2023-2024 school year, has resigned. Doyle accepted a position as assistant superintendent of schools in RSU 57, which includes Alfred, Limerick, Lyman, Newfield, Shapleigh and Waterboro. Prior to holding the position of principal, Doyle served as SHS assistant principal, and was assistant head for faculty and academic affairs as well as director of instruction at Thornton Academy. The Sanford School Department is actively seeking a new principal for the high school.

SHS JMG specialist has a ball at the Sea Dogs: Cheryl Gifford, Jobs for Maine Graduates (JMG) specialist at Sanford High School, was honored at the June 18 Portland Sea Dogs game for her outstanding work on the Maine Career Exploration Badge, a program designed to help students navigate potential career paths. Gifford, who joined other JMG specialists from

across the state at this recognition ceremony, had the honor of throwing out the first pitch and received a personalized Sea Dogs jersey.



Cheryl Gifford throws the first pitch at Hadlock Field.
PHOTO: Portland Sea Dogs

Scholarships offered for YMCA summer camp: The Sanford-Springvale YMCA is offering a special scholarship to its five-day summer camp program, Focused Fun @ Camp Muskatawa, for children in Grades 5 through 8. Held at

Kennebunk Pond in Lyman, the camp has two scheduled sessions from which to choose: July 15 - 19 and July 22 - 26. Each camper will select an area of interest that they will focus on for the entire week. Choices include engaging with a variety of art mediums; creating amazing gadgets and vehicles using critical thinking skills; and exploring the great outdoors. Each camper will receive a Muskatawa Survival Kit, which includes a free t-shirt, stickers and a water bottle. FMI, call 207-324-4942.

Get your head in the clouds at flying camp: Great Aviation Maine ACE
Camp will be held at the Sanford
Municipal Airport from Aug. 14 to 17
for campers aged 12 to 16. Students
will fly with Pine Tree Helicopters and
Southern Maine Aviation LLC. The
cost is \$500. All paperwork and tuition
must be submitted by Aug. 7. FMI,
contact Darcy LeSiege at maineacecampinc@gmail.com or visit
www.maineacecamp.org. ■



CITY OF SANFORD PUBLIC HEARING NOTICE SanfordMaine.org

Tuesday, July 16, 2024 6:00 PM City Council Chambers City Hall Annex, 917 Main St., Sanford, ME

Notice is hereby given that the Sanford City Council will hold a public hearing at 6:00 PM on Tuesday, July 16, 2024 in person at City Hall Council Chambers, 919 Main Street, Third Floor, Sanford, Maine and via remote video and teleconference pursuant to 1 MRSA §403-B (2) (D) and section 6 of the Sanford City Council Rules of Procedure. The purpose of this public hearing is to receive public comments on a proposed City of Sanford Ordinance Chapter 107, City Property Article I, Use of City Property § 107-1 Restricted Access.

Further information on the proposed changes may be obtained through the City Manager's Office prior to the public hearing. Written comments and questions should be directed to the Office of the City Manager, Sanford City Hall, 919 Main Street, Sanford. The proposed ordinance can be viewed by visiting the City of Sanford website at www. sanfordmaine.org and clicking on Public Notices.

Instructions for joining the meeting by in-person and remote methods are posted on the City's website on the Meetings calendar. The meeting will be broadcast on cable channel 26 and archived at https://townhallstreams.com/towns/sanfordme.

As I Heard It: DaPonte String Quartet Concert Review

By Dr. Morton Gold

Two extraordinary events occurred at the Sanford Springvale Historical Museum last night. The first was the first appearance in Sanford by the DaPonte String Quartet (plus two superb guests) and the second was the performance of both sextets by Brahms at the same concert. There may have been a time, perhaps as recently as ten years ago, when this superb ensemble may have been regarded as a local group when compared to the internationally known Portland String Ouartet. That was then. Since that time all four members of the PSQ have changed (one death, three retirements.) Meanwhile, only the first violinist was changed in the DaPonte quartet (arthritis) and the quality and vitality of this group has only soared. Taking nothing away from the Portlanders, on the basis of what I heard (and experienced) tonight, the DaPonte need not be regarded as poor relations musically speaking, but rather as equals. They are strong in each member and their replacement for Mr. Liva, Philipp Elssner is one fine violinist. Period. The other members of the ensemble are Lydia Forbes, violin, Kirsten Monke, viola and Myles Jordan, cello. Each may be regarded as an all-star.

The guest artists for this concert included Marcus Thompson, viola and Scott Kluksdahl, cello. They were up to the standards of their colleagues. The quartet rehearses five days a week



DaPonte String Quartet with guest artists in performance on July 2.

PHOTO: Lawrence Furbish

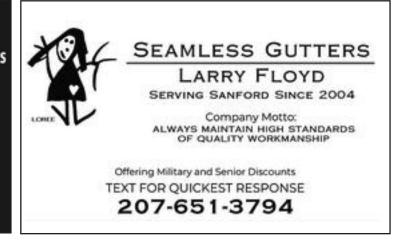
and practices individually every day. This would help to explain why their ensemble is razor sharp, their intonation perfect, and their interpretation as good as it gets.

The last time I heard them play was many years ago. They were very good then; they are superb now in my opinion. The second event was the performance of both of the sextets composed by Brahms (addition of a second viola and cello.) Performance of either work is rare simply because of the demands placed on the performers by the composer as well as the addition of two more musicians who have to have the technical know-how as well as similar timbres of their colleagues. Personally, I liked the exuberant first sextet to the more introspective second. Both are masterpieces.

Highlights of this concert would have to include the lush and resonant

sound of the group, the precise pizzicato (plucked strings), the superb intonation, the increase and decrease in volume (where called for) and the sheer musicality of the group. Wherever there was a principle motive played in the cello, viola or first violin, no matter how engaged the others were, that idea was never obscured. Both works were beautifully performed as a result of careful and abundant practice. For the second sextet, the musicians who played the first parts exchanged places with their colleagues with no difference either in cohesion, tone or anything else. My only regret is that more folks who would have enjoyed this quality performance were not there to enjoy it. The DaPonte String Quartet will appear at the Museum again on August 4. I hope their appearance will be better advertised and a larger crowd will appear.





Water Ski Team Makes a Summer Splash

By Brian Boisvert

The Maine Attraction Water Ski Show Team, a beloved local tradition for over 30 years, is gearing up for another exciting summer season. The team promises a thrilling show filled with crowd-pleasing stunts and a touch of friendly competition.

Founded by Mark and Lori Hegarty in the early 90s, the Maine Attraction has grown from a small local club to a beloved community staple, drawing crowds to Number One Pond every summer. The idea was born out of the Hegarty's passion for show skiing, which they brought to Maine after their successful careers at Sea World in Orlando. Over the years, the team has seen hundreds of members, each contributing to its vibrant history.

And the family tradition continues into the next generation. Son Peter Hegarty, a longtime member of the team, is back in Maine after seven years as a professional water skier in Florida.



Members of the Maine Attraction are planning an impressive summer show PHOTO: Maine Attraction Water Ski Show Team

Alongside his sister, Katelyn Gray, Peter is co-directing this year's show. "Our show is shaping up well, and I'm very excited to be home with family for a few months," Peter shared.

This year's show involves nearly 65 members, including over 40 skiers, four boat drivers, two announcers, a sound technician, and numerous behind-the-scenes helpers. "It certainly takes a village to put the entire performance together," Peter noted.

The show's theme this year is "The

Yacht Club." Audiences will be treated to a lighthearted story where two contrasting groups of skiers, the elegant Yacht Clubbers and the daredevil Hooligans, learn to overcome their differences and share their love of the water.

Water ski enthusiasts can expect to see a variety of acts throughout the show, including barefooting and freestyle jumping, along with graceful maneuvers like swivel skiing and ballet skiing. They also have a goal of making a "conversion pyramid," a complex maneuver where two separate pyramids transform into a towering four-tier structure, which is sure to be a highlight of the season.

Adding to the excitement is the team's new twin-rig boat, with two 150hp Mercury outboard motors. This powerful addition will allow the Maine Attraction to showcase even bigger and more impressive stunts.

Beyond dazzling performances, the

Cont'd on Page 15



CITY OF SANFORD PUBLIC HEARING NOTICE

Regarding the Designation of a Municipal Tax Increment Financing District to be known as the "Mousam River Solar Municipal Development and Tax Increment Financing District"

Notice is hereby given that the City of Sanford (the "City") will hold a public hearing on July 16, 2024 at 6:00 p.m. remotely via Zoom or in person at Sanford City Hall - 919 Main Street Sanford, ME 04073.

The purpose of the public hearing is to receive public comments on the development program for the municipal tax increment financing district known as the Mousam River Solar Municipal Development and Tax Increment Financing District (the "District"), pursuant to the provisions of Chapter 206 of Title 30-A of the Maine Revised Statues, as amended.

The District will consist of approximately 140.25 acres of property. This District authorizes the City Manager to enter into a credit enhancement agreement as contemplated in the proposed development program for the District.

A copy of the relevant materials relating to the proposed District to the will be on file with the City and a copy can be requested from the Sanford Regional Economic Growth Council ("SREGC") by calling Mary Hastings at (207) 324-9155 prior to the public hearing. All interested persons are invited to attend the public hearing and will be given an opportunity to be heard at that time.

Members of the public may join the meeting by Zoom or by phone. Agenda and joining instructions can be found on the meeting calendar at sanfordmaine.org/meetings. Members of the public may also submit comments via email to info@ sanfordmaine.org. Comments may also be submitted in writing to: SREGC, Keith McBride, 917 Main Street, Ste. D, Sanford ME 04073 at any time prior to the Public Hearing. TDD/TTY users may call 711. If you are physically unable to access any of the City's programs or services, please contact Lorisa Ricketts at (207) 324-9173 so that accommodations can be made.

Council Votes to Move Toward Polling Place Consolidation

By Zendelle Bouchard

At its regular meeting on July 2, the Sanford City Council voted 6-1 to move toward consolidating the City's three polling places to one location beginning with the presidential election in November. If they ultimately approve the consolidation, the single polling place for Sanford and Springvale will be at Sanford High School/SRTC. The process for approving the change will include a public hearing. The Council must vote on the issue by Aug. 6 for the change to take effect in time for the Nov. 5 election.

Over the past several months City officials have worked closely with School Department officials on the proposal. Superintendent of Schools Matt Nelson said SHS/SRTC would be closed on Election Day, but that all other schools would remain open.

York County Community Action Corp. Transportation Director Tom Reinauer said his agency could add a stop



Under the proposed concolodation plan, Sanford High School would be the city's single polling place.

PHOTO: Zendelle Bouchard

at SHS for the day and is also planning to have additional drivers available for its on-demand service, which requires people to reserve a ride by noon the day before. Emily Sheffield, Executive Director of Nasson Community Center, which is currently the Ward 1 polling place, emailed her support for the change.

Cont'd on Page 13



Sanford Planning Board PUBLIC HEARING NOTICE SanfordMaine.org

Wednesday, July 17, 2024 6:30 PM City Council Chambers City Hall Annex, 917 Main St., Sanford, ME

The Sanford Planning Board will hold public hearings and receive written & oral comments on the following:

- File # R6-41 Railroad Avenue & Ridley Road, Preliminary Major Subdivision, Major Site Plan and Private Way
 Application to develop a seven-lot, single family, residential subdivision on property owned by Thibeault Properties &
 Investments, LLC at Railroad Avenue and Ridley Road (Tax Map R6, Lots 41 and 41M).
- File # R19-304 60 Community Drive York County Community College, Application for Amendment to Major Site Plan
 to add a 10,400sf addition to the existing building on property owned by Maine Community College System
 at 60 Community Drive (Tax Map R19, Lot 304).
- File # I38-2 Clarke Avenue & Camp Street RED, LLC, Application for Amendment to Major Subdivision, Major Site Plan,
 Private Way and Shoreland Zoning to change 22 lots of Ingleside Annex Subdivision into five larger lots for single family
 homes on property located at Clarke Avenue and Camp Street and owned by RED, LLC (Tax Map I38, Lot 2).

The hearing will be held in Council Chambers at City Hall, 919 Main Street, Sanford, or via remote video and teleconference. Testimony may be provided in person, via mail or email, or via Zoom. Meeting information, including how to connect via Zoom, is provided at www.sanfordmaine.org/planning. Questions or written comments should be directed to the Planning Office at 324-9150 or jlbabcock@sanfordmaine.org.

CONSOLIDATION Cont'd from page 12

She said the Early Learning Center located at Nasson would have to close for the day due to safety concerns, if the presidential election were held there.

Ed Cormier, a Sanford resident who has served as the Ward 1 poll warden for several years, described the many hours of work that goes into setting up and holding an election. He said the poll workers, most of whom are elderly, work twelve hours straight. "By consolidating to one location, we can give them shifts instead of making them work the whole day," he said.

Councilor Jonathan Martell called the consolidation plan an attempt at "voter suppression before a critical election." He said voters wouldn't know about the change and would go to the wrong location. City Clerk Sue Cote responded that she would be mailing a letter to every registered voter in the city, as well as publicizing the change on social media, in the Sanford Springvale News and on the city's website.

The Council voted 6-1 to continue the process leading to consolidation, with Martell the lone vote in opposition.

Cote first raised the issue of consolidation last fall, as a way to make it easier to find enough poll workers and so residents would always know where to vote. There would be cost savings to the city with the school budget referendum, which always has a low turnout. She said at busy presidential elections, staff would be able to handle the volume with more lines for check-in and more voting machines. She noted that Westbrook, Waterville and Bangor each have a single voting location. At that time, she proposed Veterans Memorial Gym as the single polling place for the city. But at a public hearing, several people spoke against consolidation in general and the gym location in particular, noting difficulties with parking and access. The discussion then pivoted to using SHS, which has plenty of parking and is fully handicapped accessible.

PASSAGES -

Compiled by Rev. Susan Murphy

Richard Laitres, 74 of Columbus Ohio, formerly of Sanford, passed away on October 24, 2023. A graveside service will be held on August 19 at 11 am at Oakdale Cemetery, Sanford.

Donna Russell-Beals, 87, formerly of Sanford, died on June 16. A memorial service will be held at 2 pm Sunday, July 28, at the Seventh Day Adventist Church, Topsham. Read her full obituary at http:// www.brackettfh.com

Arthur Downing, 90, of Berwick and formerly of Sanford, died on June 17. A graveside service will be held at the Southern Maine Veterans Memorial Cemetery on Wednesday July 24, at 1 pm. Read his full obituary at https://blackfuneralhomes. com/obituaries/arthur-downing.

For more in-depth obituaries sign up for our e-newsletter to be delivered to your email inbox at every Saturday morning at https://sanfordspringvalenews.com/sign-up/ or scan the QR code. ■



Thank You to our financial supporters

for making this possible!

We extend our heartfelt gratitude to the following recent donors to Sanford Springvale News:

> Alfred & Barbara Carlson **Deborah Downs** Lynn Durost Carol Forbess David Green Linda Hanscom Patricia Herrick **David Ouellette** Paul Randall

PAID PUBLIC LEGAL NOTICE

This notice is to inform you Lena Staples, identified as Defendant, that the previously discussed storage charges for a 2008 Cadillac DTS,

VIN#1G6KD57Y88U116530, parked at my address since 10 November, 2023 stands at \$6,325.00 as of this writing, and continues to accrue at the rate of \$25.00 per day and each day thereafter.

Said vehicle is incorporated herein by reference or by attachment hereto:

THIS WRITING IS INTENDED TO NOTIFY YOU, LENA STAPLES, THAT THE ABOVE VEHICLE STORED IN MY DRIVEWAY IN MALDEN, MA. 02148, ADDRESS AND COURT DISPOSITION LISTED IN YORK COUNTY COURTHOUSE, 515 ELM ST., BIDDEFORD, ME 04005, CASE # BIDDC-SC-24-35, WHICH WAS GOVERNED/PREVIOUSLY GOVERNED BY PRIOR COURT ACTION DATED 23 APRIL 2024, AND TO FURTHER NOTIFY YOU, LENA STAPLES, THAT PLAINTIFF, RANDALL STAPLES, WILL TREAT SUCH PROPERTY AS ABANDONED BY CLAIMING TITLE TO ABOVE VEHICLE AND USING IT AS HIS OWN PROPERTY IF DEFENDANT DOES NOT APPEAR WITH STORAGE FEES TOTALING AT LEAST **\$4,743.75**, WHICH IS 75% OF THE \$6,325.00 TOTAL, BY 19 JULY 2024.

Planning Update - June 2024

By Kendra Williams

Stenton Trust Building: The original developer has backed out of a deal, approved by the Planning Board in June of 2023, to develop the mill at 13 River Street into apartments. The Sanford Sewer District has requested an extension with the hope of finding another developer. At its June 5 meeting, the Planning Board approved the extension to redevelop the vacant mill building into 90 mixed income residential units with associated parking, landscaping and stormwater management.

Central Park Residences: At its June 25 meeting, the Planning Board approved the application and a parking waiver for a minor amendment to a major subdivision, originally approved in October 2021, to change 4 of the apartments from 1-bedroom to 2-bedroom units. The property at 10-14 School Street and 6 Bodwell Street is owned by ReinCorp.

Levesque's Excavation: An application to construct a 9,840 square foot struc-

ture with approximately 9,300 square feet of parking on property owned by LM&J Properties LLC at 402 Lebanon Street/Route 202 was approved by the Planning Board after the City Council approved an ordinance change.

Townhouse Solar: At the Planning Board's June 5 meeting, an application to revise a proposed solar power generation facility to a reduced solar array footprint, on property owned by Townhouse Properties at Hanson Ridge Road and Angola Street, was tabled for a second time. The Planning Board wanted a better planting plan for the required 50-foot buffer and there was concern about the storm runoff onto Angola and East Streets. At its June 25 meeting, it was approved after the Planning Board determined their conditions and concerns were satisfied.

Whispering Pines: The Planning Board held a public hearing at its June 5 meeting for an application by Scarborough Woods, LLC to construct a 2-story multifamily building with 16 dwelling units. Some concerns remained about the right of way at the lower portion of the development.

Londonderry Lane: At its June 24 meeting, the Site Plan Review Committee (SPRC) reviewed an application for a 6-lot subdivision with a private way on property located on Railroad Avenue and Ridley Road and owned by Thibeault Properties and Investments, LLC. They voted to send it to the Planning Board.

York County Community College:

The SPRC also considered a request for an amendment to a major site plan by York County Community College. The request is to expand their Sanford Industrial Trades Learning Center by adding a 10,400 square foot addition on property at 60 Community Drive owned by the Maine Community College System. The addition would consist of welding labs, classrooms, offices, parking and loading areas.



CITY OF SANFORD PUBLIC HEARING NOTICE SanfordMaine.org

Tuesday, July 2, 2024 6:00 PM City Council Chambers City Hall Annex, 917 Main St., Sanford, ME

The City Council will open a public hearing to seek and receive comments on the following:

An application submitted by Kind Farms LLC, 81 Industrial Ave, Unit C, Sanford, Maine for a NEW Medical Marijuana Grower/Cultivator License

The hearing will be conducted in person in the Sanford City Council Chambers and via remote video & teleconference at 6:00 P.M. on the date above-referenced. Members of the public wishing to join the meeting by phone should dial 1 (929) 205-6099 and use the meeting ID & Password provided in the link on the City of Sanford website calendar for the meeting date listed above: (www.sanfordmaine.org).

Public comments may be submitted via email to info@sanfordmaine.org in favor or against the requested license. TDD/TTY users may call local TTY number or 711.

If you are physically unable to access any of the City's programs or services, please call Lorisa Ricketts at (207) 324-9173 so that accommodations can be made.

Date Posted: June 20, 2024 Susan H. Cote, City Clerk

SPORTS NOTES

By Sam Bonsey

Sanford Schools Communications Coordinator

Mainers rally to beat Keene SwampBats

Christopher Willis drove in Matt Miceli for the go-ahead run in the bottom of the seventh to help the Sanford Mainers beat the Keene SwampBats 3-2 in a NECBL game at Goodall Park on Monday, July 1. The Mainers trailed 2-1 heading into the inning but tied the game when Miceli singled home Corbin Lanowitz.

Sanford native TJ Curley pitched three scoreless innings to close the game, earning the win for the Mainers. Curley allowed only one walk and struck out four. Ryan Minckler started the game, throwing six innings while allowing two runs on three hits while striking out eight.

Sanford native's Olympics quest

Sanford native Rachel Schneider Smith made her hometown proud once again when she competed in the 2024 USA Track and Field Olympic Trials held last week. She finished ninth in the 5000-meter finals. She dropped out of the women's 10,000-me-



Sanford pitcher TJ Curley congratulates his teammates following the Mainers 3-2 win over Keene. PHOTO: Madison Giltner

ters with seven laps to go on Saturday. She was cheered on by her entire family who made the trip to see her compete once again in what has been a very successful running career.

Kitty Korner By Lisa Blanchette



Courtesy Photo

Available for Adoption at Another Chance Rescue: Introducing sweet little Bodie (also known as Push-up). Bodie is about 4 months old and full of energy. He is quirky, sweet and loves kids. He gets along well with other animals. He's also a cuddler! He is sure to make a great addition to any home.

Apply for adoption online by scanning this QR code:

WATER SKI TEAM Cont'd from page 11

team is dedicated to making water skiing accessible to all. Their adaptive water ski clinics, now in their second year, provide an opportunity for individuals with physical or intellectual disabilities to experience the joy of water skiing.

"Show skiing is an incredible family sport," says Peter Hegarty. "We encourage everyone to come out and enjoy our free shows every Thursday night in July. You'll see not only amazing skill and athleticism, but also a true sense of community spirit."

The season began with a special Independence Day celebration on July 3rd and continues each Thursday at 6:30 PM during the month of July. So grab a blanket or chair, head down to Number One Pond in Sanford, and get ready to be wowed by the Maine Attraction Water Ski Show Team!



So much news... so little space!

We couldn't fit all the news into this print edition, but there's so much more to read in our free E-Newsletter.

Get the Sanford Springvale News delivered to your inbox every Saturday. Subscribe today by scanning this QR code:





Southern Maine Health Care and Maine Medical Center are coming together as MaineHealth Maine Medical Center.

We are updating our logo and hospital names, as well as medical practice and outpatient location names, across Cumberland and York County.

While our name is changing we will continue to deliver the same excellent care, from the same care teams you trust, at the same locations you know. Now with a new look that lets you know, wherever you go at MaineHealth, you'll receive exceptional, trusted care.

Learn more at mainehealth.org/together

