Sanford Springvale NEWS

Nonprofit newsletter produced with volunteers

April 19, 2024

Copyright © 2024 - Sanford Springvale News - All rights reserved

Council Wants Moratorium on Campgrounds

By Zendelle Bouchard

At its meeting on April 16, 2024, the Sanford City Council voted unanimously to direct City Manager Steve Buck to bring forward a moratorium on development of campgrounds so the city can review the current ordinances as they relate to campground development. The issue was raised in response to the proposed development of a new campground on the shores of Sand Pond off Country Club Road 2.

The property, owned by Michael and Bonnie Patterson, was originally proposed to have 22 cottages and 22 RV sites. Planning and Codes Director Jamie Cole told the City Council's Zoning Subcommittee last week that the Site Plan Review Committee tabled the proposal due to a number of deficiencies, one of which was that a cottage is considered a dwelling unit, which means each of them would require 200' of shore frontage. The Pattersons are now



CabinPro Park Model Camper. Source: backyardoutdoorstructures.com

proposing 15 park model campers (see photo) instead of cottages, which are not considered dwelling units as long as they remain on their wheels. Cole said these park models are commonplace in local campgrounds.

Neighbors have formed an association to oppose the project, and have raised concerns about the impacts to wildlife, traffic and quality of life for year-round residents. (See our previous

Cont'd page 9

Community CALENDAR Compiled by Lisa Blanchette

Add an event? Events@SanfordSpringvaleNews.com. School Sports: https://tinyurl.com/bd89duyj

See complete details at SanfordSpringvaleNews.com

Saturday, April 20

- Spring Work Day, 9 am, Sanford Soccer, 137 Shaw Rd.
- VIP Pet Clinic, 9:30 am, Pet Supplies Plus, 1364 Main St.
- Corner Cupboard, 10 am, Unitarian Church, 5 Lebanon St.
- YMCA Healthy Kids Day, 10 am, 1 Emile Levasseur Dr.
- Earth Day Trail Maintenance/Community Cleanup, 1 pm, 463 Main St., Springvale
- Beginner Knitting, 1 pm, Goodall Library, 1364 Main St.
- Seacoast Warhawks vs. NE Bulldawgz, 6 pm, SHS Alumni Stadium, 100 Alumni Blvd.
- Big John & Skip Acoustic Duo, 6:30 pm, River Junction Brewing, 1491 Main St.
- Southern Rail Bluegrass, 7:30 pm, Historical Society, 505 Main St.

Monday, April 22

- Great Bay Services 2nd Annual Earth Day Cleanup, 8 am, 61 Washington St. Ste 4
- Springvale Library 4th Annual Online Auction, (4/22-4/28)
- Baby Rhyme Time, 10 am, Springvale Library, 443 Main St.
- Sanford Food Pantry, 10 am, 1204 Main St.
- Red Cross Blood Drive, noon, North Parish Church, 803 Main St.,
- Lego Builders Club, 3:30 pm, Springvale Library, 443 Main St.
- School Committee Workshop, 4 pm, City Hall, 919 Main St.

Tuesday, April 23

Baby/Toddler Rhyme Time, 10:30 am, Goodall Library, 1364 Main St.

Cont'd page 3

Storm Cleanup Coinciding with Earth Day

By Lee Burnett, Submissions Editor

Earth Day activities got started early this year with storm damage cleanup last weekend. Additional outings are planned for Saturday and

The Rotary Club and Bridget Salantri are leading a litter cleanup at the Route 4/Route 109 roundabout beginning at 7 a.m. Saturday at Lil' General Store. Fast & Happy Bicycles is leading a cleanup party beginning at the shop at 463 Main St., Springvale, at 11 a.m. Saturday. And Great Bay Services is leading a litter cleanup party beginning behind Sanford Mill at 61 Washington St. at 8:30 a.m. on Monday, the actual Earth Day.

Trails Committee chair Lawrence Furbish said he's gratified by the number of people who have volunteered to help clear blowdowns from the April 4 snowstorm.

"I think the damage to the trails from the storm was far and away the worst I have ever seen. But the volunteer response has been fantastic," he said. At least 16 volunteers participated last weekend. "I have seen many examples of trail sections that have been cleared by unknown volunteers. Truly an extraordinary outpouring of support." Cont'd page 3



Sanford Springvale NEWS April 19, 2024

NEWS NOTES

Compiled By Carolyn Cadigan & Zendelle Bouchard



Above and Beyond Catering preps for their upcoming building expansion.

It's been a long time coming: Above and Beyond Catering has broken ground for their planned expansion, constructing an addition to its existing building at the corner of Shaw's Ridge and Ridley roads, as well as adding a new gravel parking lot. The addition will include function and buffet space, a small bar, restrooms and a food prep area.

Get your library bumpah stickah: Although National Library Week ended last week, "I Love My Library" bumper stickers are still for sale for \$5 each at Goodall Library. Cash and checks are accepted. All funds go to the library to help expand their collections and programs.

Late-night traffic stop yields 53.2 grams of fentanyl: At about 10:30 pm on April 7, York County Sheriff's Deputy Alex Markellos pulled over a suspicious vehicle near the Sanford/Alfred line for driving without headlights or taillights. The driver, identified as Jason Mowry, 46, and the passenger, identified as Kellie Littlefield, 57, were both involved in a recent narcotics investigation which resulted in Littlefield's arrest for unlawful possession of a Schedule W drug, a felony. Deputy Markellos was assisted at the scene by Deputy Frazier and K9 Rebel. Their search found 4.3 grams of fentanyl where Mowry was seated as well as 48.9 grams of fentanyl on Littlefield, yielding a total of 53.2 grams of fentanyl. (Note: 2 mg of fentanyl is considered a potentially lethal dose.) Littlefield was charged with aggravated trafficking of unlawful scheduled drugs (a Class A felony) and two counts of violation of conditions of release (Class E). No bail was settled for Littlefield, and she was

scheduled for arraignment on April 9. Mowry was charged with unlawful trafficking in scheduled drugs (Class B Felony) and violation of conditions of release (Class E). He is not eligible for bail and no court date has been scheduled.

Help Lily get the care she needs: A prominent story in the news last month was a March 21

fire in Sanford that left multiple people and pets without a home or their belongings. One of the pets, Lily, is a Chinese crested powderpuff dog who needs help. When Lily found her family, she was severely underweight and had rarely spent time outside. She has gained weight and is a happier, healthier dog, but once again she faced tragedy in the loss of her family home. Another Chance Animal Rescue (ACAR) has a new home lined up for Lily, but first she needs surgery, which is scheduled for April 19 at Broadview Animal Hospital and is expected to cost between \$1,200 and \$1,600. To help Lily and her family, ACAR is raising money. Those interested in helping can drop off or mail donations to Another Chance Animal Rescue, 251 Country Club Rd., Sanford, ME 04073. For online donations, go to PayPal - https://www.paypal.com/paypalme/anotherchanceanimal

Gee, I wish I could borrow one of those:

Goodall Library is looking for suggestions on items to add to their "Library of Things," which are items in their collection that can be checked out with a library card beyond the traditional book, movie, magazine and puzzle loans. They already have a ukulele, a dulcimer, and sleds. What other items would you like to be able to check out for free from your library? Examples are gardening tools, camping supplies, home improvement tools, cookware, board games, etc. To offer suggestions, go to Louis B. Goodall Memorial Library on Facebook.

Wondering what to do with your eclipse glasses? Kids across the globe are gearing up for their own eclipse experience. Your glasses could make all the difference for them. Donate your used but undamaged glasses to Eclipse Glasses USA and spread some joy. FMI, go to https://bit.ly/49tkojF

Spring into action at the St. Thomas fair: The 40th Annual St. Thomas School Spring Fever Fair will be held April 28, 9 am to 3 pm, at Memorial Gym. The fair will offer gift baskets, a penny raffle, special prizes, a giant yard sale, a Visa gift card raffle, plants, kids' activities, Kona ice, food for purchase and more. Major raffle tickets are available for pre-sale and cost \$1 each or 6 for \$5. The prizes are Visa gift cards — \$500 for first prize, \$250 for second prize and \$100 for third prize. Cash only at the fair, please. Purchase tickets from any St. Thomas student or call the school at 207-324-5832.

Lobstah for a cause: Corbin's Legacy, a Sanford nonprofit that provides support and assistance to families who have lost a baby before birth, is holding a fundraising raffle, and the prize is everything you need to hold your own Maine lobster bake. The winner will receive six live lobsters, three pounds of steamers, corn on the cob and a bag of potatoes. Tickets are \$5 each, 3 for \$10 or 8 for \$20, and can be purchased in person at Springvale Social Club or ONTarget Gunsmithing, or through Venmo by emailing corbinslegacy@outlook.com. The winner will be drawn on May 11.

Band concert highlight: If you missed the U.S. Army Field Band at Soldiers' Chorus last weekend at Sanford Performing Arts Center, enjoy this video of them performing the Armed Forces Salute for the packed house: https://www.facebook.com/watch/?v=940864654174646.

Calling all makers: The congregation at St. George's Episcopal Church is gearing up for its annual Vendor & Craft Sale on Saturday, May 18, and have 10x10 spaces available for \$30 each, plus \$5 if you need a table. The event will be held rain or shine. Email stgeorgesanford@gmail.com by May 11 to reserve your space.

Look what I made you Mommy: The Sanford-Springvale YMCA is hosting a "surprise" Mother's Day gift-making activity on Friday, May 10, from 3:30 to 5:30 pm. This is a free community event for children ages 3 - 12. Registration is required. Call the Y at 324-4942 to register today.

Car Accident?

We listen. We care. You win.



THOMAS G. VAN HOUTEN
ATTORNEY AT LAW

207.324.4057

Info@vanhoutenlaw.com

481 Main St, Suite C-8 PO Box 667 Springvale, ME 04083-1870

Cleanup- Cont'd from page 1

Furbish invited all volunteers to report their hours to Trails Committee member Sam Parady at sparady2002@gmail.com because there is a possibility that the Federal Emergency Management Agency will reimburse the city.

Though much work to date has been accomplished with chainsaws, plenty of other work remains.

The Fast & Happy team is offering free hotdogs and beverages to anyone who shows up and is encouraging folks to bring work gloves, rakes, leaf blowers and garbage bags.

"The trail system is a gem of our community. We are happy to coordinate an opportunity for trail users to chip in and help restore them," said Jim McDonald, owner of Fast & Happy Bicycles. "We have hosted similar events in the past and we always have a great time."

Volunteers will break into small teams to target various trails, including sections of the Rail Trail, Hazen Carpenter Trail, YMCA trails and the trails adjacent to Holdsworth Park. Tasks will include raking and clearing of debris along the trail and trail shoulder, stacking and/or removing cut limbs and brush as a result of recent chainsaw work, and garbage pickup as necessary.

This is a fair-weather event and will be rescheduled in the event of rain. Check the Fast & Happy Facebook page "Fast & Happy Bicycles" or call/text the event coordinator Kristen Cyr for



Lawrence Furbish of the Sanford Trails Committee works on the Mousam Way South trail. Photo: Dave Parent

details 207-318-4682.

The Great Bay team is offering coffee and donuts to anyone who shows up at the side patio on Monday. The plan is to fan out from the Mill Yard from 9 a.m. to 1 p.m. to pick up litter and debris on Pioneer Avenue, Washington Street, Emery Street, and Gateway Park. Depending on the number of volunteers. efforts could expand to other parks and streets.

"Come early to mingle over coffee and donuts before we head out or come back after your hard work to enjoy a complimentary lunch," according to their press release.

To volunteer email Cory Long at CLong@ GreatBayServices.org. To donate or support this event, email Chrissy Swenson at CSwenson@ GreatBayServices.org. ■

Calendar Cont'd from page 1

- Pre-K Story Time, 11 am, Goodall Library, 1364 Main St.
- York County Food Pantry, noon-3 pm, YC Shelters, 5 Swetts Bridge Road, Alfred
- Knit Lits, 3 pm, Springvale Library, 443 Main St.
- Bingo, 4 pm (doors open) 6 pm (games start), Sanford Elks Lodge, 13 Elm St.
- Police Citizen Advisory Group, 6 pm, Sanford PD, 935 Main St.

Wednesday, April 24

- Annie Jr. Performance (Grades 5&6), 8:30 am, SHS, 100 Alumni Blvd.
- Community Café, 11:30 am, Mayflower Place, 27 Mayflower Dr.
- Lego Builders Club, 2:30 pm, Goodall Library, 1364 Main St.
- Poetry Group, 5 pm, Goodall Library.
- Fiber Arts Group, 5:30 pm, Goodall Library
- Toddler Time, 5:30 pm, Memorial Gym Cafeteria, 678 Main St.
- Wed. Night Bite Free Community Meal, 6 pm, Curtis Lake Church, 38 Westview Dr.
- Jokers & Jester Comedy Tour, 8 pm, Pilot's Cove, 199 Airport Rd.

Thursday, April 25

- Annie Jr. Performance (Grades 7&8), 8:30 am, SHS, 100 Alumni Blvd.
- Food Bank at St. Thérèse of Lisieux, Noon, Holy Family Church, 66 North Ave.
- Free community meal, 5 pm, New Beginnings Christian Church, 181 Grammar Rd.
- Community Training-Substance Use Disorders, 6 pm, Sanford PD, 935 Main St.

Friday, April 26

- Vaccine Clinic for Sixth Graders, SMS, 52 Spartan Dr.
- Vaccine Clinic for Eleventh Graders, SHS, 100 Alumni Blvd.
- Toddler Time, 9 am, Sanford Community Adult Education, 668 Main St.
- Salvation Army Staples Box Distribution, 9 am, Salvation Army of Sanford, 871 Main St.
- Story Time at the Springvale Library, 10 am, 443 Main St.
- Salvation Army Produce Pantry, 10 am, Salvation Army of Sanford, 871 Main St.
- York County Food Pantry, noon-3 pm, YC Shelters, 5 Swetts Bridge Road, Alfred

Cont'd page 4

National Honor Society Hosts Annual Variety Show

Sanford High School's National Honor Society showcased the talents of its students during the annual Variety Show held on Wednesday, April 10, in the Performing Arts Center.

Each year, the Variety Show provides a platform for SHS students to shine and share their artistic abilities with the school community. This year, 15 acts took the stage, featuring a diverse range of performances including singing, guitar solos, drumming, and piano compositions.

Among the standout performances were Ariana Spiller's rendition of an original piece on guitar, Julian Garcia-Mostko's performance of "I Remember You" by Frank Ifield, and Kris Bataran drumming to Pink Floyd's iconic "Another Brick in the Wall."

Adding to the excitement of the evening were raffles offering prizes donated by local businesses.

The talented students who graced the stage included: Wyatt Flinkstrom, Jillian Garcia-Mosko, Anthony Cosme, Allyssa Mallock, Connor Kingsbury, Beckett Barlow, Emma Adawadkar, Katrina Randall, Valerie Randall, Liv Caudill, Dan Williams, Sam Sprague, Braden Landry, Arriana Speranza, and Lillian Poto.

Funds raised from the event contribute to the National Honor Society's ongoing service projects, benefiting both the school community and beyond.





Calendar Cont'd from page 3

- Adult Paint Night, 6 pm, YMCA, 1 Emile Levasseur Dr.
- "The Addams Family" Auditions, 6 pm, Nasson Community Center Theatre
- Chamber of Commerce Trivia Night, 6:15 pm, American Legion, 656 Main St.

Saturday, April 27

- Rolling Thunder 13th Annual Bowl-A-Thon for Vets, 9 am, Bowl-A-Rama, 1217 Main St.
- Baby Blessings, 10 am, St. George's Episcopal Church, 3 Emerson St.
- Aerobatic Practice, 10 am, Sanford Seacoast Regional Airport, 9 Presidential Ln.
- Poetry Sharing, 11 am, Goodall Library, 1364
 Main St
- "The Addams Family" Auditions, 2-5 & 6-8 pm, Nasson Community Center Theatre
- Sanford Christian Academy Auction Night, 4 pm, 25 Riverside Ave.
- Rome Streetz w/Skyzoo & Termanology, 9 pm, Pilot's Cove Cafe, 199 Airport Rd.

Sunday, April 28

- St. Thomas School 40th Annual Spring Fever Fair, 9 am, Memorial Gym
- Sanford Pride Elementary School-Planting and Popsicles, 1 pm, 708 Main St. ■



Scan this for more in-depth stories



Or go to SanfordSpringvaleNews.com and go to the SIGN UP tab to sign up for our weekly E-Newsletter.

City Council April 15 Meeting Summary

By Renée Morin

The City Council met on April 16, 2024, with all members in attendance.

Mayor's Report

Trails around Sanford are being cleared of trees and debris from the recent storm so they will be suitable for public use. For anyone wishing to help, Fast & Happy Bicycles will be sponsoring a cleanup this Saturday from 11 am to 1 pm. Additionally, Mayor Becky Brink requested that bicycles not be used on the trails, as they are currently too soft for them.

Brink let the public know about various eateries and farms located in the Sanford-Springvale area, including the Farmer's Market held Saturdays in Central Park from May to October, 8 am to noon. Her goal was to inform residents about all that Sanford has to offer. She indicated that she hopes to make these "Did You Know?" notices a regular feature of council meetings.

City Manager's Report

City Manager Steve Buck started his report by updating the council on state legislation of interest to the city that is currently on the legislative docket.

An ordinance regarding a change in fees in Section 120 of the City Code, in accordance with the fiscal year 2024-25 budget, will have its first reading as well as a public hearing during the council meeting on May 7.

Also included in next year's budget is the creation of an assistant city manager position. The ordinance establishing both the job description and the classification will have two readings at upcoming council meetings, as well as a public hearing.

The price of "Pay as You Throw" trash bags will increase to \$16 per sleeve starting July 1.

Finally, Buck's report updated the council on the city's response to the recent

storm. During the storm many of the city's departments worked together to deal with a large number of incoming service calls and had to determine how best to tackle them. "The interdepartmental coordination and cooperation was truly amazing to witness," Buck said. "Our city has such dedicated staffing within our public safety departments, and it is demonstrated during such storm response."

Public Participation

Resident Scott MacDonald, Jr., brought up his concerns regarding litter near the boat landing on Number One Pond. According to MacDonald, a homeless encampment that had recently been cleared from the area left behind trash, which he fears will be carried away by rising water, polluting the pond.

Public Hearings/Consent Agenda

A hearing was held to accept public comment on the approval of a Medical Marijuana Grower/Cultivation license for Frosteez LLC D/B/A Enzy Farms. The issue was added to the consent agenda and was passed.

An off-premises license application for Cruisin Infusions for the day of May 1 was also approved.

New Business

Real estate and personal property taxes for 2024 will be due on the following schedule: The first installment will be due by Sept. 16 and the second installment by March 17, 2025, with a delinquent interest rate of 8.50%. Interest will begin to accrue on the first installment on Sept. 17 and on the second installment on March 18, 2025.

The council approved road closures for the Memorial Day Parade, along with street closures on July 3 and July 4 for Independence Day celebrations.

Cont'd page 7



Apparel Printing
Embroidery
Custom Gifts
Trophys and Awards
Promotional Products

207-459-1200 1458 Main Street, Sanford

Water District Priming for Flush of Money



The Sanford Water District is exploring installation of an ion exchange water filtration technology, a more compact version of this treatment plant in Hudson Mass.

Photo: Massachusetts Municipal Association

Lee Burnett, Submissions Editor

Sanford Water District had anticipated last week's announcement of tougher federal drinking water standards and is already deeply involved in developing costly new filtration systems.

"Ninety nine percent of it was expected. It wasn't a surprise," said Superintendent David Parent.

The standards announced by the Environmental Protection Agency ratchet sharply downward the allowable limits for PFAS, a huge class of menacing chemicals that have been leaching into the environment for decades. Sanford Water District has nine wells scattered across the city. The district shut down one well last September, immediately upon learning the well had flunked testing under the laxer standards. Three more wells are now in the cross hairs due to tougher standards and will be included in the treatment plan, according to Parent.

"We were told if you're detecting PFAS, you should be treating. That's what we plan to do," he said. "We're not going to play games."

The district's quick action last fall is drawing respectful comment from one environmental watchdog group.

"It's great to see Sanford being so responsive in containing the problem last fall," said Dana Colihan, co-executive director of Slingshot, the Maine-based environmental advocacy group that staged the EPA press conference

when standards were announced. "We hope to see them act swiftly in implementing these [treatment measures]."

The district has already been awarded \$262 million from Maine's Drinking Water program, which Parent said will be sufficient to design two new filtration systems. A combined filtration system will be installed to serve so-called Cobb 1 and Cobb 2 off River Street and a separate combined filtration system will be installed to serve Eagle 1 and

Eagle 2 in the industrial park, he said. Both will probably use ion exchange technology, which acts like a magnet for contaminants, according to Parent. Ion exchange, also called resin beds, is an emerging and more expensive option than granulated activated carbon (GAC).

The district has also been awarded \$4 million from the Drinking Water State Revolving Fund toward the construction of one filter bed, though the combined cost of both beds could be in the \$12-\$15 million range, Parent said. Other funds could be forthcoming from a class action suit and from the additional awards from the Drinking Water State Revolving Fund. He's expecting a \$3 million hit to ratepayers, which he said is "a pretty good deal" considering the overall cost.

"I'm happy we're jumping in early," he said. Other states that are just realizing the gravity of the situation will face bigger local rate impacts, he said. "I think the [federal] money will run out. If we had waited five years, we'd be out of luck."

The cost of operating and maintaining new treatment process could be \$300K a year, he said

Colihan said the experience of Merrimack, N.H., shows that the rate impact may be less than some fear. "Their rates weren't egregiously affected." she said.

PFAS, also called "forever chemicals," are a group of chemicals that are continually being reformulated and now number 10,000 or more. They are considered deadly, even in trace

amounts, and have been implicated in testicular cancer, liver disease, birth abnormalities and hormone disruption, Colihan said.

Ground zero in PFAS contamination is Parkersburg, WV, site of a Dupont chemical plant. Sites in Fairfield, Maine are contaminated at rates a thousand times worse than other detectable sites in Maine. Municipal sludge spreading on farmland is implicated.

Sanford's water supply is still ample, said Parent. The district pumps a combined daily total averaging about 1.5 million gallons, almost half the average pumping volume a half century ago when the community had bigger industrial customers.



The Mission of the Sanford Springvale News is to produce a free weekly publication that provides current and factual information about what is happening in Sanford and Springvale.

News and stories are published in print, electronically and posted on Facebook.

PO Box 958, Sanford, ME 04073 SanfordSpringvaleNews.com

Contact Us

STORIES: Submissions@SanfordSpringvaleNews.com ADS: Adperson@SanfordSpringvaleNews.com COMMENTS: SSNews@SanfordSpringvaleNews.com

Editors and Contributors

Lisa Blanchette, Sam Bonsey, Zendelle Bouchard, Gail Burnett, Lee Burnett, Carolyn Cadigan, Lawrence Furbish, Connie Garber, Kristi King, Jack McAdam, Kevin McKeon, Renée Morin, Rev. Susan Murphy, Dave Rude, Barbara Sutcliffe, Kendra Williams, Jordan Wilson

Design & Production - Michelle McCarthy

KATIE MANENDE HALL Your Democratic Candidate For Maine House

I've built my life and my family here, protecting and managing Maine forests, volunteering in Sanford, and enjoying all Sanford has to offer with my family. I'm excited to take your ideas to Augusta as your representative.

But I need your help to make it happen!

I'm a Clean Elections Candidate -- I can only accept money from voters who live in our part of Sanford. To qualify, I need \$5 contributions from 60 people by April 22nd.

Visit www.maine.gov/cleanelections to help me beat the deadline!





- CAR AUDIO
- REMOTE CAR STARTERS
- MARINE AUDIO
- OUTDOOR AUDIO
- WINDOW TINTING
- BLUETOOTH
- LED LIGHTING

To advertise with us, email adperson@sanfordspringvalenews.com

By Kevin McKeon, Mousam Way Land Trust Director

Earliest Butterfly is Also the Longest Living

Editor's note: Did you see something unusual last time you were out in the woods? Were you puzzled or surprised by something you saw? Ask our "Out in the Woods" columnist Kevin McKeon. He'll be happy to investigate and try to answer your questions. Email him directly at: kpm@metrocast.n

The first butterfly you'll often see along Sanford's trails in very early spring, with snow on the ground and ice on some ponds, is the mourning cloak. It has awakened from its winter's hibernation under loose tree bark or other small, sheltered cavity. With insects, this hibernation is called torpor. Mourning cloaks often rest on dark tree bark where they are camouflaged from predators and can bask in direct sunlight, opening their dark-colored wings toward the sun to absorb heat and increasing their body temperature to enable flight. This is important to butterflies living in cold, mountainous areas, especially those that are active in early spring like the mourning cloak. This remarkable butterfly was designated Montana's official state butterfly in 2001.

The coloration of the mourning cloak's wings not only offers heat gathering abilities, but also equips the mourning cloak with a rare survival technique; if a hungry predator happens to bother this enterprising guy, it'll fall to the ground, blending quite well among the dried leaves, and play dead! Watch it here. https://tinyurl.com/47ef8zr6.

Adults feed on tree sap, rotting fruit, dung, mud, and only occasionally on flower nectar. They can often be found at the holes in trees made by the yellow-bellied sapsucker. These parallel rows of small holes ooze sap and will also attract flies, bees, and other butterflies. Mourning cloaks are often found at the edges of spring-melt puddles, obtaining minerals from the mud.

Mourning cloaks live all over the world and are quite common in North America; they are, however, protected in Switzerland and Austria.

Find them near poplar, elm, and willow, their host trees. In mating season, females seek these leaves upon which to lay eggs. The leaves will serve as sustenance for the caterpillars. The eggs hatch in 10 to 14 days and the very hungry caterpillars will not only chomp away on the leaves, but on each other. So, it's the fortunate ones who hatch early that survive. Those that do so will gather and forage as a group, finding safety in numbers and finding a bit of protection from their spiny skins. When fully grown, they leave in search of a place to make their chrysalises. The caterpillar stage lasts for 14 to 18 days, the chrysalis stage for eight to 15 days. As

they grow, each instar (as the caterpillars are called) will shed its skin five times. The fifth instar will then cocoon into a gray/tan chrysalis on a grass stem. Two weeks later, the metamorphosis completes, and the adult butterfly emerges.

The mourning cloak butterfly faces many predators throughout its development. Their eggs are eaten by beetles, ants, wasps, mites, and other insects. Adults are eaten by praying mantises, assassin bugs, dragonflies, and vertebrate predators such as birds, reptiles, amphibians, and mammals. Because they are common and eaten by many other creatures, mourning cloaks are an important addition to the lower trophic food chain of an ecosystem, as are all insects.

The mourning cloak gets its name from its color resemblance to an archaic, traditional cloak worn when someone was in mourning. They are fairly large at about four inches, and



A mourning cloak butterfly feeds on pine pitch
Photo: Susan Pieter

with a lifespan of a year, are the longest living of all North American butterflies. During adverse environmental conditions such as high heat or very dry weather, mourning cloaks will sometimes "aestivate," a summertime dormancy state, similar to hibernation. And during times of low food availability, they also enter a "diapause" dormancy state during which development is stopped. These adaptations have evolved over time to help ensure the species' survival. Emerging from dormancy in early autumn, when food and temperature are more favorable, they'll continue their development towards maturity and the now healthy mourning cloak will then find a cozy overwintering home.

So, come take a stroll among Sanford's many beautiful trails, and the deeper woods trails of Mousam Way Land Trust's offerings and look for the mourning cloak butterfly around the sunny tree lines and forest openings.

SPORTS NOTES

By Sam Bonsey, Sanford Schools Communications Coordinator

Sanford High School Baseball Team heading for a promising season: The Press Herald named Sanford High School's baseball team one of the ten teams to watch in Southern Maine. The Spartans went 10-6 last spring to finish seventh in Class A South before losing to Kennebunk in the preliminary rounds. Sanford's entire pitching staff returns from last year, including senior Ben Gill, who also hit .370 and was an SMAA first team pick.



Registration for Sanford Springvale Soccer Association's fall season is now open: To register, head to the Sanford Springvale Soccer Association's website. You can register for their Saturday program or travel team. If you have questions or issues with registration, email regis-

The Sanford High School baseball team finished 10-6 last spring to finish seventh in Class A South
Photo: SHS Athletics

trar@sanfordsoccer.org

CITY COUNCIL - Cont'd from page 4

Additionally, the council approved the closure of The Rec Area at Holdsworth Park to the public from 7:30 am to 5:30 pm on days when summer camp is held there. The intention is to help counselors keep track of the kids.

The council issued a proclamation commemorating the National Celebration of General Aviation in Washington, D.C. on May 11. This celebration will include an airshow over the U.S. Capitol building, showcasing different models of planes. The proclamation states that the celebration "presents a tremendous opportunity to seize the public imagination, reflect our ability to safely achieve innovative technological advancements, and be a defining moment in remembering the past, present, and future significance of general aviation in the United States and at our airport here in Sanford, Maine."

Closing

Councilor Jonathan Martell expressed gratitude to the various city personnel who had helped the city during and after the recent storm. Councilor Maura Herlihy said the city should soon look at ordinances regarding fairgrounds.

Shine Salon and Wellness: More Than Just Hair and Nails



Staff (I-r): hairstylists Ashleigh Otis, Amanda Faunce, Annastascia Simpson, Rachel Leck, Hannah Crosby, and nail tech Monique Ros.

Photo: Denise Bernier

By Jenna Smith, Grade 7 - St. Thomas School

As a child, Rachel Leck knew that she wanted to do something creative with her life. Whether she was babysitting or just at home, she always found herself doing people's hair or painting their nails. She knew that traditional schooling wasn't for her, and her need to do something hands-on led her to explore the beauty industry. She enrolled in classes in Massachusetts with the dream of opening her own salon.

Opening a business was not a foreign concept for Leck. She had come from a family of entrepreneurs, and her father owned his own contracting business. Growing up, Leck knew that it took hard work to start a business and maintain it. She knew that it was not easy, but she was determined to follow in her father's footsteps. Today, Leck is the proud owner of Shine Salon and Wellness, located at 649 Main St. in Springvale, a building she purchased three years ago.

March 28 marked the eight-year anniversary of Shine Salon and Wellness. When the busi-

ness first opened its doors in 2016, it was called Shine Hair & Nails, reflecting the main focus of its services. Over time, however, the business has grown and evolved to focus on the health and wellbeing of its clients, something that makes Leck extremely proud.

Shine now employs six hairstylists, a nail technician, and a reiki specialist. The business provides cutting, chemical, and color services, as well as treatments and specialty styling. They also provide a variety of additional services, including nail soak-off and repairs, facial waxing, and reiki, a method of energy healing. There are plans to include more wellness offerings in the near future. Meditation, yoga, and additional energy healing services are at the top of Leck's list.

Leck loves every aspect of her work, including supporting the community through various donations and fundraisers. She explains that her favorite part of the job, though, is talking to her clients and listening to them while styling their hair, knowing that she has positively impacted their day. The salon is a safe space, and the comfortable and meaningful relationships she forms with her clients make her work extremely rewarding.

Leck invites the community to experience all that Shine has to offer. She and her staff can be reached by calling 207-850-1083 or by visiting the business's Facebook page: SHINE Hair & Nails



Notice is hereby given that the Sanford City Council will hold a public hearing at 6:00 PM on Tuesday, April 30, 2024 in person at City Hall Council Chambers, 919 Main Street, Third Floor, Sanford, Maine and via remote video and teleconference pursuant to 1 MRSA §403-B (2) (D) and section 6 of the Sanford City Council Rules of Procedure. The City of Sanford is initiating the formal process for the pending Breezeline Franchise Agreement Renewal and as part of this process, this public hearing is being held to invite residents to share their experiences and perspectives regarding Breezeline services.

PUBLIC HEARING NOTICE REGARDING BREEZELINE FRANCHISE AGREEMENT RENEWAL

Instructions for joining the meeting in-person and by remote methods are posted on the City's website, sanfordmaine.org, on the Meetings calendar. The meeting will be broadcast on cable channel 26, and will be recorded and archived at https://townhallstreams.com/towns/sanfordme.

Comments can also be submitted through the "General Information" page on the Sanford ME Connects website at: www.sanfordmeconnects.com/general-information or in writing to:

April 30, 2024 6:00 pm City Manager's Office Sanford City Hall 919 Main Street Sanford, Maine 04073

Subcommittee Reports

By Zendelle Bouchard

Four of the City Council's subcommittees met via Zoom April 9, 2024. The following is a brief summary of items discussed at three of them.

SOLID WASTE

Disposal of Vape Pens: Public Works Director Matt Hill discussed disposal of vape pens. The Maine Department of Environmental Protection has designated vape pens as hazardous waste, which means they cannot be disposed of in regular household trash or recycling, and the city's transfer station is not licensed to accept, handle or transport them. The devices can be dangerous because they contain lithium batteries, which can catch fire, and nicotine, which is classified as a poison. Hill proposed that the city create a local ordinance holding the vendors of vape pens responsible for their disposal.

Sanford Sewerage District Superintendent André Brousseau reported that his staff has seen an increase in vape pens flushed into the system, which can be problematic when they get stuck in the pumps. He recommended the city set up a hazardous waste collection day once or twice a year to allow residents to safely dispose of hazardous household substances including vape pens, and subcommittee members agreed with this approach. Hill and City Manager Steve Buck will come up with a plan and present it to the subcommittee at the May meeting.

MUNICIPAL OPERATIONS & PROPERTY Airport Marking: Sanford Seacoast Region-

al Airport Director Allison Navia presented a proposal to do pavement marking at the Auburn-Lewiston Airport. A new paint machine was purchased for the Sanford Airport a few years ago with the idea that it would pay for itself through contracts like this one. The subcommittee approved the proposal, which will come before the full City Council once all the details are worked out.

Use of Goodall Park: Following comments at the last regular council meeting about Babe Ruth being able to use Goodall Park, Parks and Rec Director Brady Lloyd said he has talked with the organization's new President, Kevin Do, regarding scheduling and best practices for use of the field. Lloyd told the subcommittee he misspoke previously and that Babe Ruth tryouts as well as games can take place at Goodall. He said Parks and Rec tries to keep the day before Mainers games open because there is a lot of prep work involved in getting the park and the field ready for them, but otherwise he tries to keep the park in use as much as possible.

ZONING

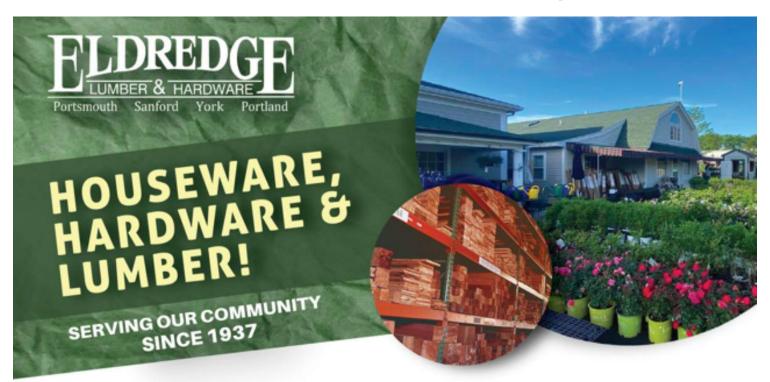
Floodplain: Planning and Codes Director Jamie Cole told the subcommittee that Sanford's Floodplain Management Ordinance needs to be updated to correspond with new Federal Emergency Management Agency (FEMA) maps. The maps for Sanford were modernized by state and federal authorities to make them a little more accurate but no substantive changes were made.

The city has to update its ordinance within two months "or nobody in Sanford will be able to get flood insurance," he said. The udpate will come forward to the full council for approval.

Excavation Businesses: The subcommittee heard a proposal to amend the zoning ordinance to allow excavation businesses as a principal use, rather than accessory use, in the Rural Residential and Rural Mixed Use zones. The owners of Levesque Excavation on Route 202 want to build a garage to house their vehicles and equipment but can't legally do so as a nonconforming use. Subcommittee members indicated they were in favor of the amendment for businesses that are on arterial roads only, to limit the impact on residential areas. Cole will write the amendment for approval by the subcommittee before it goes forward to the full council for adoption.

Mineral Extraction: The Mineral Extraction Ordinance that has been under development for the past few years is still undergoing revision, with input from industry representatives. Cole said progress has been made and he expects to bring it back to the committee soon.

Urban Zone: An amendment is being proposed to the zoning ordinance regarding the Urban Zone. Cole said when the ordinance was amended earlier this year, a few minor details were missed, including the setback for dumpsters, and this update will correct that. The amendment will go forward to the full council for adoption. ■



YORK, ME

627 US RT 1 YORK, ME 03909 207- 363- 2004

PORTLAND, ME

145 PRESUMPSCOT ST PORTLAND, ME 04103 207-770-3004

SANFORD, ME

1787 MAIN ST SANFORD, ME 04073 207- 490- 6304

PORTSMOUTH, NH

275 CONSTITUTION AVE PORTSMOUTH, NH 03801 603-436-9663

PUBLIC SAFETY

By Jordan Wilson, Communications Coordinator, City of Sanford





March Storm Response

During a recent series of severe storms characterized by high winds and icy conditions, city services faced significant challenges. The Sanford Fire and Police departments were inundated with hazards and emergencies, while the Public Works Highway Division worked tirelessly to barricade roads, clear hazards, and ensure safe roadways.

The Department of Public Works (DPW) played a pivotal role, handling 191 service calls

and deploying more than 80 safety devices. Additionally, they reported more than 25 parking violations and addressed 22 road closures.

Dispatch services were also under immense pressure, receiving a total of 536 calls for services during a 24-hour period of the ice storm. The Fire Department responded to 61 incidents within a few hours, showcasing their commitment to public safety amidst challenging circumstances. The Police Department also played a crucial role in ensuring the safety of residents.

Recognizing the overwhelming demand on dispatch services, an Emergency Operations Center was activated at 9 pm on March 23. This served as a crucial hub to coordinate emergency response efforts and alleviate the strain on dispatch operations.

Given the regional nature of dispatch services, which experience a surge in volume during storms, the Sanford Regional Communications Center (SRCC) adopted a strategic approach. Low-priority calls were redirected via Incident and Resource systems, while high-priority calls continued to be dispatched as normal, ensuring efficient allocation of resources and prioritization of emergency responses.

For more public safety updates, scan to subscribe to our E-Newsletter.

Morarorium Cont'd from page 1

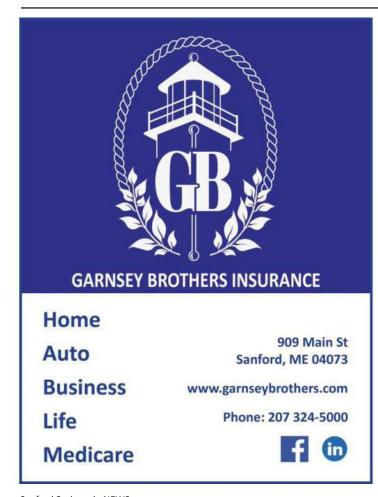
story. https://sanfordspringvalenews.com/neighbors-not-happy-about-rv-campground-planned-for-sand-pond/.) Some of these neighbors as well as the Pattersons spoke at the Council meeting to express their opinions.

The City Council's major concern is that Sanford's ordinance regulating campgrounds is outdated and inadequate, most importantly that the ordinance does not define campgrounds as seasonal. The Pattersons have indicated that they would like to rent the campers out year-round. A secondary concern is the size of setbacks that are required between the campers and abutting residential properties. After lengthy discussion, Councilors agreed that both of these issues meet the criteria for preventing serious public harm. This means that changes to the ordinance could be made retroactive and would then apply to any applications that have already been submitted, including the Patterson's project.

Other issues, including density and water quality, were discussed but ultimately did not meet the criteria for retroactive changes, or were regulated by the state instead of local authorities

Any proposed changes to the ordinance will be reviewed by the Planning Board as well as the Council, with public hearings at each. The process could take up to six months. In addition to setbacks and seasonality, the Council expects to look at other aspects of the ordinance, but those changes could not be made retroactive.

There was some discussion about a campground/fairground on Sunset Road in Springvale being proposed by the organizers of the Maine Renaissance Faire that is currently held annually at the Acton Fairground. Cole said that application has not been submitted yet, and Deputy Mayor Maura Herlihy indicated that traffic concerns might derail the project entirely.







SCHOOL NOTES

Compiled By Carolyn Cadigan & Zendelle Bouchard

Hands-on learning is a big hit with St. Thomas students: Mrs. Harmon and her Grade 5 students at St. Thomas School are tending to their recently hatched chicks as they wait for their quail eggs to hatch. The students, who have learned to identify the chicks by their feathers, happily shared them with the Grade 2 class. They also presented their flip books, explaining everything from embryo development within the egg to the hatching process.

SHS Math Team earns top-third ranking at State Meet: Earlier this month, the SHS Math Team, led by coaches Kailee Colbeth and Adam Soule, participated at the Maine State Math Meet, held at the Augusta Civic Center. Representing Sanford were 11 of the school's best math students, including Zach Parison (captain), Lamar Amoakohene (captain), Aidan Gendron (captain), Corinna Vitale, Rowan Winchell, Quang Lam, Elsie Gendron, Jennifer Danis, Samone Gallagher, Rishi Patel and Ethan Davie (alternate). With 89 teams competing from schools throughout Maine, the meet challenged participants during rounds at the individual, relay and team level. Overall, Sanford fared well with three mathletes scoring over 40 points in the individual rounds and placed in the top third of the competition, ranking 29th overall.

SMS student advocates to end sale of flavored tobacco: Kyla Robinson, a Grade 8 student at Sanford Middle School, recently attended the Maine Youth Action Network's Leadership Summit where she met people working with Flavors Hook Kids Maine (FHKM). The organization aims to give young adults and youth a fair shot at a productive and

healthy future free from tobacco addiction. Kyla joined FHKM at the Maine State House on February 15 to advocate for a bill to end the sale of flavored tobacco products. While at the State House, Kyla spoke with Maine state representatives and senators. Kyla has also met with Sanford's City Council. Kyla noted, "With this work, I hope to help create a healthier environment and end the cycle of childhood tobacco use."

HS students attend regional conference:
Members of the Sanford High School (SHS)
Key Club attended the annual District Key Club

Education Conference (DECON) on April 6-7 in Springfield, MA. DECON is a conference for all the New England and Bermuda Key Clubs. Participants came together to take part in workshops and learn more about how to get involved with Key Club and their surrounding communities. The formal event includes several activities, such as dinners, awards, speeches and dances. "We were able to hear from speakers about leadership strengthening and how to continue to positively impact our school and Key Club," said Sophia Tounge, president of the SHS Key Club. Congratulations to Braeden Landry, who was awarded second place in the Oratorical Contest with his essay on the significance of Key Club.

Playground upgrades continue at CJL: Thanks to a generous donation from the Gerard and Gertrude Genest Charitable Trust, the Sanford Schools Legacy Foundation has approved a \$50,000 donation to purchase new playground equipment for the Carl J. Lamb Elementary School (CJL). "This is Phase 2 of the recent upgrades at the CJL playground. Their donation will help fill in the gaps between our current equipment there and making it more equitable between other playgrounds in town," said CJL PTA President Lydia Lehoux.

SRTC Student of the Year: Traip Academy senior Mercedes Swanson has been named Sanford Regional Technical School's Student of the Year for 2024. Mercedes, who lives in Kittery, is enrolled in the SRTC Law Enforcement program. She has set her sights on a career in public service and aspires to work as a full-time dispatcher while pursuing her college degree. Her ultimate goal is to become a victim's advocate. She will be honored in Lewiston next week, along with 26 other Career and Technical Education students from across the state.

Defibrillator donation: Sanford Middle School received a boost to its safety measures on April 11, as Cintas, a leader in workplace safety solutions, generously donated an Automated External Defibrillator (AED) to the school. AEDs are crucial devices designed to aid individuals experiencing cardiac arrest, a condition that can strike without warning. These portable devices analyze the heart's rhythm and, if necessary, deliver an electric shock to restore normal heart function. The AED will be mounted outside the gym doors, and coaches will also be equipped with the AED during practices and games to reduce the response time in case of a cardiac emergency. ■

TOWN SQUARE REALTY GROUP 883 Main Street Sanford, Maine 04073 207-324-2860 www.townsquarerealtygroup.com We're bringing homes and families together! Call us for a FREE Opinion of Value on your home.

INVITATION TO BID FACADE WORK SANFORD, MAINE



Sealed bids for the installation all new exterior trim, new entry door and window units, all new soffits on new eyebrow/roof, vinyl siding on two sides of building, and all materials needed, at 15 Roberts Street one-story masonry commercial location will be received at the Sanford Growth Council Office located at 917 Main Street, Sanford, Maine 04073 until 2:00 P.M., local time Thursday, April 25, 2024, and then at said office publicly opened and read aloud. This project also includes commercial signage that may be bid on separately or together with the above work.

The work will be funded, in part, through a Community Development Block Grant from the United States Department of Housing and Urban Development, as administered by the State of Maine, Department of Economic and Community Development.

The Bid Package/Contract Documents may be obtained by contacting the Sanford Regional Economic Growth Council office located at 917 Main Street, Sanford, Maine 04073, or calling 207-608-4176. An Equal Opportunity Employer.

Sanford School Department Helps CMP Workers During Storm Restoration

By Sam Bonsey, Sanford Schools Communications Coordinator

The Sanford School Department and the York County Emergency Management Agency joined forces to help CMP workers during last week's storm.

Central Maine Power (CMP) immediately took action in Sanford to help with restoration efforts, but with several hundred auxiliary crews arriving, they faced the challenge of finding suitable accommodations for the line workers.

That's when York County Emergency Management Agency (YCEMA) and the School Department collaborated to provide a solution.

On Friday, April 5, Superintendent of Schools Matt Nelson worked with YCE-MA to determine how the widespread outages would impact school operations. Learning of CMP's need for lodging, Nelson contacted the district facilities and maintenance team, led by Jason Dudley and Steve Brown. They determined that housing crews temporarily in a school gymnasium would benefit the community by expediting power restoration.



Initial plans were made to host 150 workers at Sanford Pride Elementary School's gym starting on Saturday.

However, once power was restored at Sanford Middle School later that day, the middle school became the preferred site due to its shower facilities for the crews. District staff quickly transitioned the logistics to Sanford Middle School.

CMP provided cots, towels, and linens, which volunteers from Curtis Lake Church assisted in setting up. At around 9 pm

Saturday, the first crews arrived for their mandated rest period before continuing work on Sunday.

The crews stayed at the school again Sunday night. Early Monday morning, head custodians and the maintenance team arrived before dawn to clean and prepare the building for students' return.

This was a true community partnership between the utility company, emergency management, the school district, and volunteers.



PUBLIC HEARING NOTICE

May 1, 2024 6:30 pm The Sanford Planning Board will hold public hearings and receive written and oral comments at its May 1, 2024 meeting, starting at 6:30 pm, on the following development applications and Zoning Ordinance Amendments:

- 19 Bodwell St Amendment to a Minor Site Plan and Minor Subdivision to construct 1 multifamily building and 1 single family building totaling 9 dwelling units on property currently owned by the City of Sanford at 19 Bodwell Street (Map J30, Lot 30). The Amendment will reduce the size of the approved multifamily building from approx. 2,680sf to 1,950sf.
- 16 West Elm St Application for Planning Board approval of a Density Bonus per ordinance requirements in 280-11-5-F-2.b to allow a third dwelling unit to the rear of the principal structure on property currently owned by Coldfire Properties LLC at 16 West Elm St (Map K31, Lot 9).
- An Amendment to the Zoning Ordinance allowing Excavation Businesses as a Principal Use in the Rural Residential (RR) and Rural Mixed Use (RMU) Zones.
 Currently this use is Permitted with Review as an Accessory Use to Single Family Residential in the RR and RMU Zones.
- An Amendment to the Zoning Ordinance allowing Manufactured Housing in all zones that allow single family dwellings per State Law H.P. 211 – L.D. 337 signed by the Governor March 19, 2024.

The hearings will be held in Council Chambers at City Hall, 919 Main Street, Sanford, or via remote video and teleconference pursuant to City Council Rules of Procedure. Testimony may be provided in person, via mail or email, or via Zoom. Meeting information, including how to connect via Zoom, is provided at www.sanfordmaine. org. Questions or written comments should be directed to the Planning Office at 324-9150 or jlbabcock@sanfordmaine.org.



WE ARE HIRING... Please Share

Misty Harbor & Sea Mist Resorts in Wells ME have been offering affordable family friendly accommodations since the mid-1980's. We understand most families have limited leisure time & resources to reconnect...so we strive to provide value for dollar with clean, safe, and low-key lodging to help create memorable vacations.

The only way to accomplish this is with conscientious dependable people who care about providing the type of experience they would value for their own family.

We are looking to hire people who may be looking to supplement their own budgets. *Aside from a decent wage (\$18.50 to start) we have perks* that may also help save money for the family entertainment budget, such as pool passes, off-season date night accommodations & a week of Timeshare...who would not like to save big on lodging for their next vacation?

The work is not glamourous, but it is worthwhile.

We are flexible! Let us know what day(s) of the week & hours you would be available. How many hours per week, What position you would prefer. How long you would be available...i.e., Immediately, Off-season only, Summer-only, indefinitely...Full-time employment is also available.

If interested; Please contact todd@MistyHarborResort.com 207-646-8373 ask for Todd

We are hiring

- Housekeepers
- Registration Office
- Maintenance

